

# Leading at All Levels: *Creating a Culture of Well-being*

**2023 KU Medical Center Well-being Conference**  
**March 7 | 7 a.m. – 2:00 p.m. | HEB B104**

**Purpose:** Generate excitement around the Well-being initiative; share knowledge of current issues, national plans and local work; and inspire participants to be part of solutions and commit to meaningful action.

## **Objectives:**

- Learn about key issues in Well-being including national plans, local work/experts
- Progress to date on KU Medical Center Well-being Taskforce (State of Well-being)
- Engage in leadership in action, benefits to organization when everyone leads
- Identify their leadership role in Creating a Culture of Well-being (call to action)
- Network with colleagues from across campus

## **Audience:**

- KUMC faculty, staff, students/learners – open invitation/registration
- UKHS Collaborative Committee; KU-L Business School colleagues – special invitation

| Schedule   |
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| <b>Registration &amp; Continental Breakfast</b><br>7:00-7:45   |
| <b>Welcome</b><br>7:45-8:00 <ul style="list-style-type: none"><li>• Richard Korentager, MD, Well-being Taskforce</li><li>• Rob Simari, MD, Executive Vice Chancellor</li></ul>   |
| <b>Organizational Level</b><br>8:00-9:00 <ul style="list-style-type: none"><li>• National Academy of Medicine Framework and Well-being Taskforce Progress Report<br/>Richard Korentager, MD<br/>Jennifer Keeton, EdD</li><li>• Change is Possible: Board of Healing Arts language change<br/>Kim Templeton, MD</li></ul> |

**Keynote Address****9:00-10:00**

- When Everyone Leads: How Tough Challenges Get Seen and Solved  
Ed O'Malley, Kansas Health Foundation and Kansas Leadership Center

**Break****10:00-10:15****Individual Level****10:15-11:00**

- **Real Life Wellness: *Benefits of incorporating fitness into you daily schedule***  
Corie Cutshall, Director of Kirmayer
- **Burnout and Resilience: *Why Owls Don't Fly in the Rain***  
Scarlett Morris, PT, DPT

**11:00-12:00**

- **Psychological Well-being**  
Lynette Sparkman Barnes, resources and data  
Heidi Boehm, SPARHC Collaboration  
Julie Galliard, EdD, Art Therapy program

**Networking Lunch with Special Guest Speaker****12:15-1:45**

Scott "Scooter" Ward, KU Director of Peak Performance

**Closing Remarks****1:45-2:00**

- Richard Korentager, MD