BUPROPION THERAPY

Bupropion may be used alone or in combination with nicotine replacement

Cessation Medication Dosing Information

Bupropion

- May be used in combination with nicotine replacement therapies (patch, gum, lozenge, inhaler, nasal spray)
- Easy to use
- Pill form

Dosing Recommendations

- Start medication one week PRIOR to quit date
- 150 mg once daily for 3 days, then 150 mg twice daily (BID) for 4 days then STOP SMOKING
- Continue 150 mg BID for up to 12 weeks. May be take up to a year to prevent relapse.
- May stop abruptly, no need to taper
- Take doses at least 8 hours apart