

# TALKS AND TRAININGS ON TOBACCO TREATMENT



## HOW DO YOU GET STARTED?

- Contact Dr. Babalola Faseru or Kimber Richter at [tobaccoed@kumc.edu](mailto:tobaccoed@kumc.edu)
- We'll set up a conference call to learn about your needs/preferences
- We'll work with you to determine date/logistics of training
- We will provide 4-6 trainings per year on a first-come, first-serve basis

## Not sure how to help smokers or vapers quit?

Drs. Faseru and Richter from the University of Kansas School of Medicine have the training for you! As part of a Kansas Health Foundation Behavioral Health and Tobacco Project, they are funded to provide 4-6 trainings per year to organizations across Kansas.

## YOU CHOOSE THE TOPIC

- Free resources for quitting
- Prevention/treatment of adolescent smoking/vaping
- Integrating tobacco treatment into health homes
- Motivational Interviewing to encourage quitting
- Ways that peers can support tobacco cessation
- Free/low cost quit medications & how to use them
- What to say to our clients about e-cigarettes
- Optimizing use of quit-smoking medications
- Text messaging for smoking/vaping cessation
- Or... you decide the topic

## YOU CHOOSE THE TIME AND PLACE

- 30 minutes – 3 hours; minimum of 8 learners
- Host training at your program or via online webinar
- We pay for our own travel/time
- We would like to record for others to use
- We will provide certificate for participants to apply for CEUs



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