

PLAY YOUR WAY THROUGH THE DAY



KANSAS
MATERNAL &
CHILD HEALTH



HAVE FUN TOGETHER WHILE YOUR CHILDREN LEARN AND GROW

Here are some fun activities you can do with your child *at home* with what you have *at home*.

LIVING ROOM

All children grow and develop in a unique way. We encourage you to meet your children where they are!
The boxes below feature activity ideas you can do with your children at home.

**DID YOU KNOW THAT PLAY CAN HELP YOUR CHILD'S SOCIAL,
EMOTIONAL, AND PHYSICAL DEVELOPMENT?**

Create an obstacle course with pillows and blankets!

Play pretend by acting out different emotions (all are okay) and how to work through them!

Have a concert! Play music (or make your own), sing, dance or pretend to play an instrument.

Make clean up fun! Try having your child pick up toys by color, size or type (cars, animals, dolls).



1-800-CHILDREN
Supporting Parents

HELPLINE AND RESOURCE DIRECTORY