

Education Quarterly

The University of Kansas Department of Obstetrics and Gynecology

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Report*



The University of Kansas Department of OB/GYN Residency Class of 2026

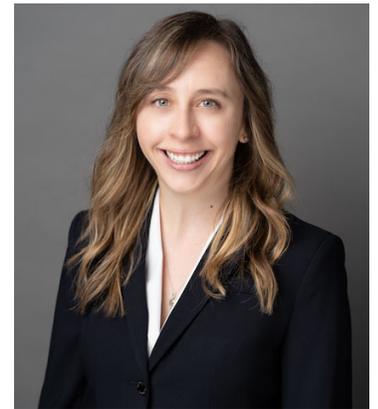
Our request for a temporary complement increase was approved by the ACGME and we are thrilled to welcome these five new interns to our program beginning July 1.



Dominic Cancino
The University of Kansas
School of Medicine



Lindsey Eck
The University of Kansas
School of Medicine



Megan Howell
AT Still University College
of Osteopathic Medicine



Stephanie Pham
Wake Forest School of Medicine
Winston-Salem, NC



Ariana Rangel
The University of Kansas School of Medicine
Mount Sinai Hospital Surgery Residency

Introducing the University of Kansas Medical Center’s Birth Equity Scholar Training (BEST) Program

Mission:

To create solutions that improve Black maternal and infant health in Kansas through training, research, healthcare, and community centered approach.

Vision:

Every birthing person receives quality and intentional prenatal, neonatal, and postpartum care in the state of Kansas

The Birth Equity Research Scholars Program is a two-year leadership development program designed to prepare medical residents for research and practice careers that advance birth equity in disenfranchised communities.

Scholars will benefit from birth equity training and research opportunities that will allow them to increase their understanding of respectful research and maternal and child health scholarship, network with local maternal health stakeholders, particularly Black-women led community-based organizations, and strengthen their communication skills and local and national maternal and child health policy insight.

Birth Equity Research Scholars are expected to:

- Complete the online birth equity implicit bias training (5 module online course)
- Attend Didactics-Birth Equity lectures
- Work with a mentor team, clinical, research, and community member to conduct your project
- Participate in virtual writing accountability groups to support progress in manuscripts
- Participate in the monthly virtual maternal and child health journal club
- Publish one research article and blog
- Gain a deeper understanding of one maternal and child health community-based organization through meeting attendance and/or research
- Participate in Quarterly birth equity conversations- virtual coffee/tea
- Support KBEN research and evaluation activities
- Disseminate research results at the annual Resident Research Day
- Learn about policy making in Kansas, advocate for a policy in Kansas and write a one-page policy brief to be disseminated to the Kansas legislature.

KU KUDOS

OB/GYN Awards at the annual School of Medicine Grand Affair

Erin Hecker, MD: Class of 2023 Mighty Punch: Honoring a professor whose impact outweighed their limited time behind the lecture podium

Erin Hecker, MD, and Erika Gazzetta, MD: Class of 2022 Outstanding Attending and Resident

Adam Bradley: Outstanding Clerkship Administrator

Jaclyn Piszczek, MD, and Erika Gazzetta, MD: Excellence in Residency Award Finalists

Duyhoang Dinh, MD, Excellence in Residency Award Winner

Rachel DiTeresi, MD: Rainbow Award Finalist, honoring individuals who exemplify professionalism in medicine.



Faculty Spotlight

Lindsay Nordwald, MD

What is your position at KU OB/GYN?

Assistant Professor, Specialist Division
Assistant Clerkship Director
I joined the faculty in October 2019

What made you decide to join the faculty at KU?

I worked in private practice for 5 years after residency, but I missed the culture of academia. I had been working on developing a lifestyle medicine and coaching practice and integrating those things into my ob/gyn practice on my own, and I realized that I wanted to continue to learn and develop my career beyond clinical medicine. KU allows you to take care of patients and practice evidence-based medicine while also allowing you to realize other true callings, including teaching, coaching, and finding your niche. You can diversify yourself in multiple ways and realize your individuality to determine your career path. When I left KU to be near family, I was also hoping private practice would be a way to control my own schedule and my own practice, but I now realize that it is just as possible to do that within academia if you have supportive colleagues, which we fortunately do here! It just looks a little different. There are great aspects to both types of practice, and I feel fortunate to have had both experiences!

What's the best part of working here?

Definitely the people! We all say it during interviews, and it may sound cliché, but I

mean it every single time! Coming to work is such a privilege when you are working with great colleagues and learners and staff! We also are so fortunate to work with a wonderful and diverse patient population that allows us to teach and train excellent physicians!

What's the most challenging part of working here?

Part of being in an academic institution is taking care of a high-risk population. The services are frequently full, and patients are often acute. This can be challenging! However, this is also rewarding for multiple reasons. It is rewarding to constantly challenge my brain. It is rewarding to review concepts and learning topics while discussing patient care with the residents and students to determine appropriate management plans. It is also very rewarding to work with our subspecialty and multispecialty colleagues as a team! We have frequent emergencies and challenging scenarios, and because of that, we foster those collegial relationships that make this such a great place to work.

What's the most inspirational/impactful thing I've experienced at KU?

Watching the residents develop the skills and the confidence needed to care for patients. It is one of our most fundamental missions as a teaching hospital, and it is so impactful to witness. Observing these physicians subtly scoop up pearls of

wisdom, surgical skills, counseling techniques, leadership, teamwork, efficiency, and confidence and develop into proficient OB/GYN graduates is really inspiring. The residents are also up to date on current guidelines and techniques and are generous teachers. I am continually learning from them!

Would you like to share some personal info?

I am married and have an 8-year-old son, Bennett, and a nearly 6-year-old daughter, Millie. We also have a 12-year-old beagle, Emma. I love to read and be active, especially outside and with the kiddos!



Dr. Nordwald's Wall Of Words

Please visit the Wall of Words which is a mini library located in my office! It is free and open to all! Many different genres of books have been donated thus far, and donations are still being accepted. There is a check out system like a real library (just for fun) but NO due dates other than your graduation date (for residents). Quiana or Diane can let you in if I'm not in my office!



Looking Ahead

OB/GYN Grand Rounds

A monthly event showcasing new techniques and therapies, recent research findings, and exploration of clinical and scientific issues. OB/GYN Grand Rounds is held monthly on the second Friday and fourth Tuesday. Both physician and nursing continuing education credits are available. For more information about upcoming sessions, contact tquaethem@kumc.edu. Grand Rounds can be viewed in person or via zoom at kumc-ois.zoom.us/j/362979736.



Friday, May 13
1 pm CST
HIV in Pregnancy
Martina Badell, MD
Emory University School of
Medicine



Tuesday, May 24
7 am CDT
*Oral Contraception:
Pharmacological History and
Evidence-Based Approach to
Individualized Prescribing*
Stephanie Amaya, MD
PGY4 Resident
The University of Kansas

Are you an Alumni of the KU OB/GYN Residency?

We'd love for you to join us either virtually via zoom or in person on Friday, June 24, at 2:00 pm CDT as part of an alumni question and answer session for our residents. For more information or to volunteer, please contact tquaethem@kumc.edu

Don't forget to vote in the US News and World Report Expert Opinion Survey!

Register online at Doximity.com through the end of March and cast your vote.

Mark Your Calendar

Virtual Lunch and Learn

For educational leaders in the academic medical setting. Noon CST via zoom at kumc-ois.zoom.us/j/95307189233.

April 4

Best Practices for Teaching in
Documentation/EMR

May 2

Cultural Competence

Upcoming Events

APRIL 29

OB/GYN Research Day

JUNE 24

Alumni Didactic Panel

JUNE 25

Fellowship and Residency Graduation