

# RESPECTFUL MATERNAL CARE

## Stop, Look, Listen, & Think

A campaign by the Kansas Birth Equity Network



### STOP

Stop focusing on the routine of care. If a birthing person says they do not feel well or believes that something is wrong, believe them.



### LOOK

Conduct an examination or evaluation to identify & treat the problem.  
Continuously communicate with the birthing person and their advocate.



### LISTEN

Listen to the birthing person & their advocate. Do not simply consider complaints as a usual part of pregnancy & birth.



### THINK

What you would want your provider to do if you were receiving care? What can you do to prevent the problem from getting worse?