HAPPY FATHERS DAY! To anyone that is filling the role of father or father figure, we celebrate you!

Did you know?

Did you know there’s an Alumni Association for the University of Kansas Medical Center? The KU Medical Center Alumni Association supports KU Medical Center alumni connections and important initiatives. Learn more about being a member and its benefits at www.kumc.edu/alumni.

This month only: Get a Jayhawk camping mug

Show off your KUMC and Jayhawk pride with an exclusive camping mug — a gift to you when you join the KU Medical Center Alumni Association this month. Membership in the Association supports KUMC alumni connections and important initiatives for learners at the School of Medicine. This special offer is only valid online, through June 30 or while supplies last. Join today!

Highlights in This Newsletter

- Recognizing Juneteenth
- June 2023 Wellness Newsletter
- Kirmayer Fitness Survey for Intramural Activities
KUGME Resident News

(bi-weekly)
5/22/2023

• Conferences, Events and Community Support
  • Outreach Field Trip 6/29
  • KUMC Blood Drive
  • Students of African Decent Association (SADA)
  • Culturally Infused/Sensitive Suicide Prevention Training - June 28
  • Academic Excellence & Development Program (AEDP)
  • Hospital and Community Violence Intervention Presentation 6/27 at noon
  • July Introduction to Biostatistics for Clinical & Translational Researchers Workshop
  • July Machine Learning and AI Workshop for Biomedical Researchers

• CESS Mental Health and Wellbeing Events
• Office of DEI Programming
• Office of International Programs Events
• Mental Health Training Events

To Do this weekend in KC

Live Shows, Festivals and Other Events this Weekend in Kansas City | Visit KC

Downtown KCK Third Friday Art Walks
Preschool Story Time
KC Jurassic Farm
JuneteenthKC Heritage Festival
Father’s Day BBQ Brunch at Pinstripes
Jesus Christ Superstar
Taco Tuesday at Guy Fieri’s Dive & Taco Joint (located in the Power & Light District)

Recognition of Juneteenth

We honor and recognize that today is Juneteenth, holiday celebrated on June 19 to commemorate the emancipation of enslaved people in the US. The holiday was first
celebrated in Texas, where on that date in 1865, in the aftermath of the Civil War, enslaved people were declared free under the terms of the 1862 Emancipation Proclamation.

*Emancipation Day celebration, June 19, 1900 held in "East Woods" on East 24th Street in Austin. Credit: Austin History Center.*

To learn more about this holiday and its origins visit [https://nmaahc.si.edu/explore/stories/historical-legacy-juneteenth](https://nmaahc.si.edu/explore/stories/historical-legacy-juneteenth)
This month’s newsletter focuses on establishing personal wellness in order to increase satisfaction and prevent burnout. June is also Pride Month, so please check out the events planned at KUMC.

1. **Resources available:**

   - [Greater Good in Action](#)
   - [Emotional Wellness Toolkit](#)
   - [Kirmayer Fitness Center](#)
   - [KUMC Counseling & Educational Support Services](#)
     
     Psychological services are offered within a confidential atmosphere of safety and respect to assist individuals in addressing emotional and interpersonal issues that may be affecting their well-being.

2. **Readings:**

   - [3 Big Factors That Drive Resident Physician Burnout](#)
   - [Burnout, In Retrospect: A Physician’s Experience](#)
   - [Medical Residency Burnout: How to Avoid It](#)
   - [Preventing Medical Resident Burnout](#)
   - [10 Tips for Life After Residency](#)
   - [Physician Health (AMA webpage with multiple articles)](#)

3. **Pride Month**

   - [KUMC Events and Activities](#)

4. **Video of the Month:**

   - [End Professional Burnout: Become More Energized and Less Stressed](#)
     
     “All too often, ambitious professionals reach their goals only to find themselves overworked, exhausted, burned out, and resentful. Working hard and pushing our limits is necessary for growth, but not when it’s at the expense of our health and happiness. In this talk, Dr. Liz Aguirre shares the key steps she took to become more energized, and more productive and achieve greater success while ending the burnout trap once and for all.”
Kirmayer Fitness Survey for Intramural Activities

Kirmayer is always seeking ways to improve and modify our programs, so we’re able to better serve the community. Please take a couple of movements to fill out our survey over the INTRAMURAL program. The link below will provide access. 3 people will be chosen at random to win various PRIZES, for filling out the survey. Thank you in advance!
https://redcap.kumc.edu/surveys/?s=DW9WXMEC9PP3R3JM

EVENTS, COMMUNITY ENGAGEMENT AND CONFERENCES

GME Healthcare Disparities Outreach Field Trip

On 6/29 GME will be offering a special Healthcare Disparities Education opportunity for residents, fellows, faculty and coordinators.

If you would like to participate in these field trips please email amcmillin@kumc.edu by 6/23

This is an excellent way for you to learn about Healthcare Disparities KUMC patients may be experiencing.

This is also an opportunity to participate in content that meets the ACGME Survey area “Educational Content: Taught about health care disparities”

6/29 AM Schedule

- 10-10:30am – arrival and loading bus to Crosslines https://www.cross-lines.org/ (depart from HEB)
- 10:30-11:30am – Facility tour (return to HEB)
- 11:30-12pm – Return to campus
- 12-1pm – Community Engagement/Healthcare Disparities lunch and learn (Participants report out on their respective sites)
Our next Blood Drive of the year is Monday, June 26 from 12:00 - 6:00pm & Tuesday, June 27 from 7:00am - 1:00pm in Beller Conference Center, Hemenway Building 1st Floor. All presenting donors will receive a FREE pair of Royals tickets!

The Community Blood Center is the primary supplier of blood to area hospitals, including KU Med. In order to meet the needs of the KC area, where someone needs a blood transfusion every 4 minutes, the Community Blood Center needs to collect 580 pints of blood every day and over 140,000 pints annually.

Here is the opportunity to do your part to help as a healthcare professional.

Monday, June 26 from 12:00 - 6:00pm | Register Here
Tuesday, June 27 from 7:00am - 1:00pm | Register Here
Where: Beller Conference Center, Hemenway Building 1st Floor
To make an appointment, go online to savealifenow.org/group and enter Group Code: EY.
To ensure proper social distancing and safety protocols, appointments are strongly preferred.

If you are eligible to donate, please make time to do your part as a future healthcare provider.
Culturally Infused/Sensitive Suicide Prevention Training - June 28
Zoom on Wednesday, June 28, 2023 from 12 PM - 1 PM.

Like other suicide prevention trainings, we will help students and residents identify signs of suicide and learn ways to respond and connect with individuals experiencing suicidal distress. In addition, we will help students and residents explore cultural factors that impact displays of suicidal signs and magnify risk factors, as well as introduce some aspects of culturally sensitive responses to suicidal distress. These factors are often not included or highlighted in a lot of conversations and presentations regarding suicide.

As future and current healthcare providers, it is important to receive training that helps with recognizing cultural differences in the presentation of suicidal signs, whether in themselves, patients, colleagues, friends, and family, to ensure effective responses and connections to resources. We believe that collaborating with various units across KUMC will significantly enhance the impact and reach of this presentation. As GME is focused on supporting the wellbeing of these individuals, we are requesting your support with promoting this training to students and residents through your co-sponsorship and promotion efforts.

Please let us know if you would be interested and please do not hesitate to reach out if you have any questions or need any additional information for us.

Email Candice (they/them) Moran cmoran@kumc.edu to sign up for the event

Academic Excellence & Development Program (AEDP)

As you may know, our Faculty Development team offers professional development opportunities for SoM faculty. One of our longstanding programs is the Academic Excellence and Development Program (AEDP). AEDP is a certificate program for faculty who want to grow as medical educators. The program framework is grounded in four pillars - Design, Teach, Lead, IDEAS (Inclusion, Diversity, Equity, Antii-Racism, Social Justice).

We've recently had discussions about inviting fellows (in their final year) to participate in the program as most will be moving on to academic roles or positions. We've not explored this in
the past, but we will have two fellows from Emergency Medicine participate in the upcoming year!

The program can be completed in one year and the time commitment is about 15 hours. Even if the fellow did not 'complete' the program, we expect they would find benefit from the sessions they attended.

We'd like to pilot this with your approval/participation. The fellows would be integrated into our process with their department's approval. There wouldn't be additional work for GME.

What are your thoughts? We're happy to answer any questions you may have. I've included the AEDP webpage below.


Students of African Decent Association (SADA)

I would like to invite you to join the newly formed Students of African Decent Association (SADA). A small group of students founded SADA as a way to unite students of all African and Caribbean descents, and to promote cultural exchange and diversity. We also encourage students from various backgrounds to participate. Our primary goal is to provide our members with the feeling that they are in a "home away from home." To commemorate African history and culture, we intend to learn about and celebrate several African nationalities each year.
The University of Kansas Medical Center’s Student of African Decent Association is open to all students and faculty, regardless of background. The goal is to provide a community for all of us to meet, learn and appreciate diverse global cultural backgrounds.

To learn more about the group, please join our page on the beat (https://kumc.campuslabs.com/engage/organization/sada). We would also like you to join our GroupMe page using the link provided (https://groupme.com/join_group/92670413/n0igaljc).

Jane Ibude - jibude@kumc.edu
SADA President

Hospital and Community Violence Intervention Presentation 6/27 at noon

Everyone is invited to the Eaton Hall Lecture on June 27, 2023

"Hospital and Community Violence Intervention"
Presented by Bohan Visiting Professor Charles E. Moore, MD
Tuesday, June 27th 12-1 pm via zoom

The Eaton Hall Lecture Series was created by Carrie L. Francis MD, Alex Chiu MD and the University of Kansas Otolaryngology - Head & Neck Surgery Department with support from the University of Kansas School of Medicine and Bohan Visiting Professor Program to spark conversations about health equity and inclusion in healthcare and the communities we serve. In 1938, the Eaton building was built on the University of Kansas Medical Center campus as a segregated ward for Black patients and medical student training. In 1952, Eaton Hall became the first de-segregated patient ward on campus. Today, the Eaton name recalls our past and reminds us inclusivity requires purposeful action.

Contact for more information: Dana Reinert, dreinert2@kumc.edu, 913-588-6683
KU Otolaryngology - Head & Neck Surgery presents an Eaton Hall Lecture sponsored by the School of Medicine Bohan Visiting Professor Program

Hospital and Community Violence Intervention

June 27, 2023 12:00-1:00p via zoom
www.bit.ly/EatonHallLectureJune27

Presentation by Bohan Visiting Professor

Charles E. Moore, MD
Chief of Otolaryngology Service, Grady Health System
Professor & Co-Director, Cranial Base Surgery Center, Emory University

Followed by a fireside chat with:

Stephen D. Berry, MD, FACS
Trauma Medical Director, Surgery
University of Kansas Medical Center

Robert D. Winfield, MD, FACS
Division Chief, Acute Care Surgery
University of Kansas Medical Center

EATON HALL LECTURE SERIES

The Eaton Hall Lecture Series was created by Carrie L. Francis MD, Alex Chiu MD and the University of Kansas Otolaryngology - Head & Neck Surgery Department with support from the University of Kansas School of Medicine and Bohan Visiting Professor Program to spark conversations about health equity and inclusion in healthcare and the communities we serve.

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We wanted to share with GME of these upcoming summer events by the Department of Biostatistics & Data Science. Please share with anyone that might be interested.

- **Introduction to Biostatistics for Clinical & Translational Researchers Workshop** presented by Dr. Jo Wick:
  - Free to public. Registration required (at website). Course materials and Zoom link will be sent to registered participants by email.
  - Dates: July 7th, 14th, 21st, & 28th, 2023
    Time: 8:00AM - 10:00PM
    Location: Lied Auditorium and Zoom
  - Themes:
    Scientific Rigor and Reproducibility
    Study Design & the Hierarchy of Scientific Evidence
    Hypothesis Testing & Application of Concepts to Address Common Clinical & Translational Research Questions
  - To Sign-Up: [Introduction to Biostatistics for Clinical & Translational Researchers (kumc.edu)]

- **Machine Learning and AI Workshop for Biomedical Researchers** presented by Dr. Devin Koestler and Dr. Jeffrey Thompson
  - Free to public. Registration required (at website).
  - Dates/Times/Locations:
    - July 20th, 2023 from 8:00am-5:00pm in SON 1050
    - July 21st, 2023 from 8:00am-5:30pm in HEB G205
  - Learn the following:
    - How machine learning and AI can benefit your work
    - The types of machine learning
    - The basics of building a predictive model
    - Evaluating a predictive model’s performance
- Integrating different types of data
- How neural networks work
- Modeling patient-reported outcomes
- Preparing medical imaging data for deep learning
- Using deep learning to predict outcomes from medical imaging data
- How to understand data scientists

To Sign-Up: Machine Learning and AI Workshop for Biomedical Researchers (kumc.edu)

If you have any questions, please let me know. Thank you!

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KUMC Counseling & Educational Support Services

WORKSHOP & GROUP THERAPY SCHEDULE

Summer 2023

WORKSHOPS

Building a More Positive Relationship with My Body

Mondays 5:00 – 6:00 pm | June 5 – June 26

In this 4-session workshop we will take a deeper look into your relationship with your body, exploring how you view and treat your body, and building strategies to make the relationship one that is more positive, accepting and aligned. Leaning into these spaces will be done in a supportive, judge free space. It is strongly encouraged to attend all 4 sessions, but you are welcome to attend all that your schedule will allow. These workshops are limited to 12 students/residents and will meet through Zoom. Registration is required by visiting https://medconsult.kumc.edu. Questions? Contact: Dr. Sherri Theoharidis at stheoharidis@kumc.edu.

Koru Mindfulness – for Stress and Anxiety Management

Tuesdays 3:30 – 4:15 pm | June 13 – July 11 (skip July 4)
Learn how mindfulness can help you reduce stress, sleep better, and have less self-judgement. Increasing mindfulness helps people enjoy their lives in the present, reduces rumination about the past and worry about the future. Mindfulness can also help raise awareness of our interconnectedness and increase compassion for self and others. This 4-session workshop with data about its effectiveness is limited to 12 students/residents. Repeaters welcome if space. Registration is required by visiting https://medconsult.kumc.edu. Questions? Contact: Dr. Allison Roodman at aroodman@kumc.edu.

BRIDGE - Building Relationship Intimacy and Dialogue Effectiveness

Tuesdays 12:00 – 1:00 pm | July 11 – July 25

This 3-session workshop focuses on identifying ways to foster healthy relationships via self-monitoring, effective communication, and conflict resolution skills. Sessions include modules dedicated to help you: (1) better understand your values and boundaries in relationships, (2) learn the role of culture in communication, different styles of communication, and strategies for effective communication, and (3) identify common causes of conflict and effective conflict management techniques. Workshop meets by Zoom. Registration is required by visiting https://medconsult.kumc.edu. Questions? Contact: Dr. Candice Moran (they/them) at cmoran@kumc.edu.

Surviving and Thriving with ADHD and other Executive Function Concerns

Wednesdays 3:00 – 3:50 pm | June 14 – July 12 (skip July 5)

Identify the ways your brain works and how to thrive with a neurodivergent brain. Skills covered are intended to help you identify where you are now, where you want to be, and develop a plan for how to get there. Rather than trying to do it the way you think others do, identify strategies that work with your needs and plan for your barriers. Workshop meets by Zoom. Registration is required by visiting https://medconsult.kumc.edu. Questions? Contact: Dr. Candice Moran (they/them) at cmoran@kumc.edu.

Individual Substance Use Consult

Wednesdays 12:00 – 12:50 pm | June 14 – August 16

For almost two decades, Dr. Kohlhart has been a counselor supporting and guiding people with substance use concerns using both abstinence and use-reduction models. Meet with Dr. Kohlhart individually for safe and confidential psychoeducation and/or support to answer your questions about substance use signs and symptoms, the neurobiology of the brain with
women of color group

mondays 5:00 – 6:30 | june 26 – aug 7
this confidential group provides students who identify as women of color the opportunity to connect with and empower one another as we explore various life concerns and impactful themes, including identity, family, interpersonal relationships, race-related stress and trauma, academic distress, and more. this group will meet by zoom. registration and pre-group meeting required by contacting dr. lynette sparkman-barnes at lsparkmanbarnes@kumc.edu.

LGBTQIA+ support group

thursdays 4:00 – 5:00 pm | june 15 – july 27
open to all KUMC students who identify as sexual and/or gender minorities, or those questioning their identities. this confidential group will explore the ways intersecting identities inform wider life experiences and will seek to increase members' sense of community support. experience a safe, affirming, and therapeutic space to connect, gain support, and increase self-awareness. this support group will meet by zoom. registration and pregroup meeting are required by contacting Dr. Candice Moran (they/them) at cmoran@kumc.edu.

interpersonal growth group

mondays 5:00 – 6:30 pm | june 12 – july 31 (skip july 3)

Do you struggle to communicate authentically with others? Would you like to feel more comfortable with yourself? Doing so can reduce anxiety, improve mood, as well as enhance your relationships so they are more genuine. Participants will connect with others who seek interpersonal growth and learn how to provide and receive constructive feedback in a safe and supportive environment. Registration and pregroup meeting are required by contacting Dr. Allison Roodman at aroodman@kumc.edu.

Anxiety toolbox and support group

tuesdays 5:00 – 6:30 pm | june 13 – july 18 (skip july 4)
This group is designed to provide psychoeducation while giving individuals with anxiety a space to gather, share experiences, and empower each other to relate to their anxiety differently and find comfort within the discomfort. Weekly themes may include anxiety’s effects on the body, societal messages regarding anxiety, anxiety management techniques, recognizing and altering unhelpful thinking patterns, and building emotional awareness. This group meets via Zoom. **Registration is required** by visiting [https://medconsult.kumc.edu](https://medconsult.kumc.edu). **Questions? Contact:** Dr. Hannah Wells at hwells3@kumc.edu.

**Writing Accountability Group**

**Thursdays 10 am – noon | June 1 – July 27**

Struggling with writing? Make progress with the KUMC Writing Center during this hybrid workshop, with options for in-person or remote attendance via Zoom. This group will help push your writing projects forward, set manageable goals, and build a supportive, interdisciplinary community of writers. Each meeting will be a time to learn and experiment with new writing strategies during a dedicated time to write alongside an interdisciplinary group of fellow graduate students and the writing specialist, Lisa Brune, PhD (she/her). Registration is required by visiting [https://medconsult.kumc.edu](https://medconsult.kumc.edu). **Questions? Contact:** Dr. Lisa Brune at lbrune@kumc.edu.

**ON-GOING DROP-IN OPPORTUNITIES FOR THE KUMC COMMUNITY**

**Bringing our Campus Community Together: A spiritual gathering**

**Mondays 8:30 – 9:00 am | Every Other Week – check KUMC Calendar for schedule**

We recognize the importance of supporting the spiritual needs of the entire KUMC community while helping them learn resiliency and feel connected. In a collaborative effort, the Vice Chancellor of Diversity, Equity and Inclusion and KUMC Counseling & Educational Support Services will be holding a weekly virtual gathering to bring us together to foster a sense of community. Dr. Lynette Sparkman-Barnes and others will offer inspirational words, followed by a few minutes of silent meditation and mindfulness meditation. **Questions? Contact:** Dr. Lynette Sparkman-Barnes at lsparkmanbarnes@kumc.edu.
Mental Health Training Program: 2022

1. *Current State of Mental Health Treatment and Mental Health in Current Culture* - Tanner Funk - 1 contact hour
2. *Anxiety and Depression: Assessment and Treatment* - Christina Ferran and Ken Loos - 1 contact hour
3. *The Controversy of Mental Health* - Tanner Funk - 1 contact hour
4. *Mental Health: The Stigma* - Stacie Stoltz - .75 contact hour
5. *The Complexities of Mental Health Diagnoses: What They Mean and How They are Diagnosed* - Albert Buddy Poje - 1 contact hour
6. *The Power of Hope* - Tanner Funk - 1 contact hour
7. *Schizophrenia, Hallucinations and Delusions: Signs and Symptoms* - Gregory Nawalanic - 1 contact hour
8. *Psychotropics 101* - Steven Burghart - 1 contact hour
9. *Voluntary/Involuntary Commitment Process* - Demetri Trautwein - .75 contact hour
10. *Trauma Informed Care* - Stacie Stoltz - 1.5 contact hour
11. *Treating Trauma in The Inpatient Psychiatric Setting* - Whitney Gudgel - 1.5 contact hour
12. *Personality Disorders* - Gregory Nawalanic - 1 contact hour
13. *Suicide Prevention* – Stacie Stoltz - 1.5 contact hour
14. *The Critical Areas of Guardianship, DPOA, and Capacity* - Gale Carpenter - 1 contact hour
15. *Understanding Domestic Violence and Trauma* – Anna Smith – 1.25 contact hour
16. *Mental Health and Spirituality* - Jesse Meyers - .75 contact hour
17. *Professional Boundaries* - Stacie Stoltz – 1.25 contact hour
18. *Mandatory Reporters and Making a Hotline* - Sara Carl - 0.5 contact hour
19. *Addictions* - Chris Brotherton and Whitney Gudgel - 1.5 contact hour
20. *The Critical Areas of Other Departments: EVS and Dietary* - Tanner Funk - 0.5 contact hour
21. *When to Ask for Help?* - Lisa Guthrie - 0.5 contact hour
22. *Expressive Therapies* - Amber Davis, Alison Bailey, Dianna Moser, Kaitlin Sutton - 1.25 contact hour
23. *Self Care* - Stacie Stoltz - 1.5 contact hour
ESL-SPECIFIC RESUME WORKSHOP

This interactive workshop teaches you how to create an outstanding resume. You'll also learn common errors on job applications and how to avoid them. Content is tailored for English language learners and focuses on the U.S. job market.

July 12, 12-1pm via Zoom
Taught by Val Cervarich of Writing Help KC

To register, visit bit.ly/42RuFnz
The Zoom link will be emailed prior to the workshop.

This workshop is offered for FREE thanks to the KUMC Office of International Programs.

To register, visit bit.ly/42RuFnz
Please use your KUMC email.
Questions? Email kumcesl@gmail.com
ENGLISH SPEAKING & PRONUNCIATION COURSES

Join a 6-week session of a Speaking & Pronunciation course with a professional ESL instructor!

What You Will Learn:

- Tips to improve your English pronunciation
- Workplace and conversation etiquette
- Common English phrases

June 19 - July 28

Intermediate course
Thursdays 5-6pm, via Zoom
OR
Advanced course
Wednesdays 5-6pm, via Zoom

Placement interviews will be scheduled via email 1-2 weeks prior to the course session. Please use your KUMC email address on the registration form.

Course enrollment is managed on a first come, first served basis. Previous course participants may sign up again, but space will be prioritized for first-timers.

Courses are FREE thanks to the KUMC Office of International Programs.
Enrollment will be confirmed once a $150 refundable deposit is paid to the OIP. Refunds are based on attendance policies. See the registration form for details.

To register, visit bit.ly/3xekxXS
Questions? Email kumcesl@gmail.com
ESL TUTORING SERVICES

Sign up for 30-minute tutoring sessions with a professional ESL instructor. The following topics are available:

- Phrasal verbs and idioms
- Academic English
- Everyday English
- Grammar
- Professional writing
- Paper proofreading
- Presentation practice
- Interviewing skills

Tutoring sessions are FREE thanks to the KUMC Office of International Programs.

To sign up, visit bit.ly/3ZuabyW
Please use your KUMC email address.
Questions? Email kumcesl@gmail.com
Upcoming Events from the Office of International Programs

OIP event registration here. Event recordings on our YouTube Channel.

FREE SUMMER PROGRAMMING AND TUTORING FOR ENGLISH LANGUAGE LEARNERS

ENGLISH SPEAKING & PRONUNCIATION COURSES
Weekly 1-hour English Speaking & Pronunciation Courses will be offered for English language learners. A 6-week session starts the week of June 19 and ends by July 28. There will be one intermediate course and one advanced course offered. Topics covered in both courses include tips to improve your English speaking and pronunciation in the workplace. To sign up, please complete the registration form. NOTE: Please use your KUMC email for registration. Spots for each course are limited and will be filled on a first come, first served basis. Placement interviews will be coordinated via your KUMC email after registration.

Previous participants are welcome to enroll. Enrollment will remain open throughout the 6 weeks as pronunciation allow for entry at any point during the course.

Classes are FREE thanks to the KUMC Office of International Programs. Enrollment will be confirmed after a $150 refundable deposit is paid to the OIP by June 19. Payments can be delivered to Alexa Smith in Dykes Library 1018. Refunds are based on attendance policies. See the registration form for details.

ESL-SPECIFIC RESUME WORKSHOP
This 1-hour resume workshop focuses on developing an outstanding resume for the U.S. job market. It’s specific to English language learners and will cover numerous tips and tricks. See the attached flyer for more details. July 12, 12-1pm via Zoom To sign up, please complete the registration form.

ESL TUTORING
You can schedule 30-minute tutoring sessions on topics where you need additional English-language assistance. Here are some topics our tutors can assist with: presentation prep, paper proofreading, business writing, etc. To sign up, please complete this registration form.

Questions can be emailed to kumcesl@gmail.com.
Thank you! Debbie Garza, Janine O’Shea, Estelle Manning, Val Cervarich

Additional Campus Events

Pride Month
• June is Pride Month
• Visit the Pride Month Website for event information.

FREE Juneteenth Jazz Festival in Celebration of the Center for African American Health at KUMC
• Friday, June 16 | 4:00-8:00 p.m.
• Health Education Building (HEB) Courtyard
• KUMC Kansas City Campus
• Details and Registration here

Additional Events

US State Department

Passport Application Delays
• If you are renewing or applying for a passport, know there is a wait time of several months.
• The State Department is receiving “500,000 applications a week for passports”
• More information here

Our events are open to the entire KUMC/TUKHS and greater community, please feel free to share this email and the sign up for our distribution list http://listserv.kumc.edu/mailman/listinfo/oipevents.
Frontiers Informatics

Presents

Hour of Code

One-hour programming tutorial offered by Frontiers Informatics team.

Informatics is the science of how to use data, information and knowledge to improve human health and the delivery of health care services

AMIA ® (American Medical Informatics Association ®)

Free tutorials on Informatics programming.

Hands-on training - Students will be able to show programming skills to others.

Professional Development Opportunity - students can document the hour of code for resumes.

Networking Session - students can meet others in the Informatics workforce, to gain knowledge about future career decisions.

When/Where: June 19th, 2023, Our Pilot Program begin, Virtually on Zoom – Once registration has been completed and confirmed a link with the date, time and zoom information will be sent to your email. Click here to apply

“Informatics is the science of how to use data, information and knowledge to improve human health and the delivery of health care services”

Frontiers Clinical & Translational Science Institute
About Us (frontiersctsi.org)

Twitter- @DataconciergeKU
Research Informatics (KUMC and TUKHS)
Data Science and Informatics at Children's Mercy Research Institute
Biomedical & Health Informatics | UMKC School of Medicine
KU Office of Research | Office of Research
Research (k-state.edu)
Research (kansascity.edu)
Submitting Successful NIH Fellowship Applications

Tuesday, June 6th, 2023, 10AM - 1:00 PM
Health Education Building, B102

Schedule of Events
10:00 a.m. - 11:30 a.m.  Guest Speaker, Ryan Thummel, Ph.D.
11:30 a.m. - 1:00 p.m.  Lunch (first 50 in attendance), Dr. Thummel to lead panel and attendees in an open discussion of grant submissions

Fellowship Panel:

Trainees:
Brittany Hufft-Martinez
NSF GRFP, F31 NRSA
Rebecca Foright, PhD
F31, F32 NRSA
Zachary Green
F30 NRSA

Sponsors:
Irfan Saadi, Ph.D
F31 NRSA
John Thyfault, Ph.D.
F32 NRSA, AHA Predoc & Postdoc, NIH K01, VA CDA1
Russell Swerdlow, M.D.
F30 NRSA, ITHS TL1, NIH K99/R00

PreAward Specialist:
Becky McFarland
Kate Livgren

“F30/F31/F32 awards: Review Criteria and Grant Sections”

Ryan Thummel, Ph.D.
Associate Professor and Graduate Director
Department of Ophthalmology
Visual and Anatomical Sciences
Wayne State University School of Medicine
Detroit, Michigan
Zoom Link: https://kinbre.zoom.us/j/85316658779

This seminar is generously supported by the Bohan Lectureship Fund, in conjunction with the BRTP
From: Tracy Quaethem
To: Andrea McMillin
Subject: June Office of Academic and Faculty Affairs Newsletter
Date: Thursday, June 1, 2023 8:29:51 AM

Office of Academic and Faculty Affairs

June 2023 Newsletter

KU SON Accreditation Extended Through 2033

We are pleased to announce that the Commission on Collegiate Nursing Education has extended accreditation for our baccalaureate, master's, post-graduate APRN, and Doctor of Nursing Practice programs at the KU School of Nursing through 2033.

Accreditation by CCNE is an indication of confidence in the ability of the parent institution to offer a program of quality, deserving of public approbation.

We thank everyone for their hard work during the accreditation process, and for your continued dedication to making the KU School of Nursing an institution of quality nursing education.
KU School of Nursing 2023 Recognition and Hooding Ceremony

Fred Nies, MS, RN, FACHE, FAEN (above), President, KU Nurses Alumni Association, provides a speaker’s-eye view at the annual Recognition and Hooding Ceremony held on May 13, 2023 at Memorial Hall in Kansas City KS. Nies presented the KU Nurses Alumni Awards. SON administrators, faculty, and staff were delighted to celebrate the occasion with graduates from across all academic programs and their family and friends!

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University of Kansas Commencement

May 14, 2023

Angela Hommertzheim, MSN, RN, CEN, Krysta Ramirez Henry, DNP, APRN, CNM, PMH-C, FACNM, and Cara Busenhart, PhD, APRN, CNM, FACNM, attended Commencement in Lawrence on May 14.

Angela attended as a 2022 MS graduate from the KU SON and students were ecstatic to have a faculty member amongst their ranks for the processional down the hill. Krysta attended for the first time as faculty after walking the hill for her KU SON BSN graduation 25 years ago!

Top Left: Cheering the grads with sparkling juice. Top Right: On the field with two nurse-midwifery graduates, Dr. Stephanie Blakesley and Dr. Chrissy Farr.

New KU SON Simulation Director

We are delighted to announce that Dr. Laura Klenke-Borgmann will be the new Director of Simulation Education for KU School of Nursing.

We want to thank Dr. Cara Busenhart and Professor Alyson Luckenbach for serving as interim lab directors during the spring semester. We also want to thank Dr. Kesa Herlihy for her efforts in getting The Lab up and running in the remodeled space in the School of Nursing.

Dr. Klenke-Borgmann earned her BSN from Purdue University, Master’s from University of Pennsylvania specializing in Nursing: Health Leadership, and PhD from Villanova University with an emphasis in simulation education. She received a Post-Master’s certificate in teaching, and she is a Certified Healthcare Simulation Educator (CHSE). She joined the KU School of Nursing in August, 2013 as Clinical Assistant Professor. Since joining KUSON, she has served as the Undergraduate Program Clinical Coordinator, taught courses in the Traditional BSN, MS, and DNP programs, and she mentors students in the BSN Honors Program. She is the first Nurse Scientist at The University of Kansas Health System, partnering with the Health System to conduct clinical simulation research and evidence-based practice.

New Traditional BSN Program Director for KU SON

Effective June 1, 2023, Jessica Brunsman, DNP, RN, CPN, will be the new
Dr. Jessica Brunsman

Traditional BSN Program Director for KU School of Nursing. Dr. Brunsman will be learning the new role alongside the current program director, Professor Alyson Luckenbach. We want to thank Professor Luckenbach for serving as the first Traditional BSN Program Director in the School of Nursing, a position she held for two 3-year terms.

Dr. Brunsman joined KU School of Nursing in 2022. She earned her BSN from St. Luke’s College of Nursing, MSN with an Educator Focus from Webster University, and DNP in Educational Leadership from American Sentinel University. Jessica has taught pre-licensure students in the Kansas City area since 2013. Jessica’s specialty in nursing is pediatrics, and she remains current in practice at Children’s Mercy Hospital, where she has worked since 2003, first as a tech and then as a nurse. She earned her Pediatric Nurse certification (CPN) in 2009 and is Pediatric Advanced Life Support (PALS) certified. She is a member of the Society of Pediatric Nurses both nationally and locally. Her research has included utilizing simulation to refresh knowledge after prolonged breaks and to increase confidence in performing clinical activities.

“I am thrilled to accept the position of Traditional BSN Program Director and work towards making some exciting updates, welcoming inevitable change, and embracing a team approach to educating future nurses. This is a very exciting time for KU School of Nursing, and we are going to do great things together!”

Duke Advanced Practice Provider Leadership Institute Program

Three people from KU SON faculty were recently honored as fellows of the Duke Advance Practice Provider Leadership Institute.

Dr. Christy Evers, Dr. Krysta Ramirez Henry, and Nellie Modaress, Assistant Director of Online Learning, presented their Transformational Health Project titled Development of a Nurse-Midwifery Leadership Professionalism Seminar Utilizing Teaching Technologies and Instructional Design during the graduation celebration held on May 21.

KU SON Alumni Appointed Dean at Texas A&M

Dr. Trisha Leann Horsley has been named dean of the School of Nursing at Texas A&M University.

Dr. Horsley graduated from KUSON in 2012.

KU SON Receives Certificate of Excellence

The KU SON was awarded a 2022 Certificate of Excellence from the Kansas State Board of Nursing for our pass rate that was above the national average for first time NCLEX-RN takers.
The American Association of Colleges of Nursing Offers Funding for Faculty and Students

Various Organizations have partnered with AACN to provide grants and scholarships. Learn more about each opportunity by clicking on the names below.

- **QGenda-AACN Scholarship**: Application Deadlines: July 1
- **NurseThink-AACN Scholarship**: Application Deadline: July 15
- **Faculty Scholars Grant Program**: Application Deadline: August 5, 2023
- **Scrubin Uniforms-AACN Scholarship**: Application Deadline: September 1
- **Hurst/AACN Nursing Scholarship**: Application Deadline: September 1

National Council of State Boards of Nursing Quarterly Reports

NCSBN Quarterly Reports
Read Spring 2023

Get Involved

Please Consider Serving MNRS & Your Peers!

The Midwest Nursing Research Society relies on the generosity of its members serving as volunteers. MNRS would like to thank the many volunteers who made MNRS what it is today. It is greatly appreciated.

We have many areas to serve! If you are interested in

Research Study Opportunity: Self-Care and the Female Nurse Educator: A Feminist Study

This study is being conducted by Michelle Lamp, a full-time instructor at Wichita State University and a doctoral candidate at the University of Alabama. It will take about one hour to complete, and is designed to find out the experiences nurse educators have with self-care.
becoming a member of one of our committees, please click here for more information.

Introduction to Biostatistics for Clinical and Translational Researchers

July 7, 14, 21, and 28. Lied Auditorium or via Zoom.
For more information, email stats_education@kumc.edu.

The AACN has announced new Workshops on Competency Based Education

Various conference dates are available September-November 2023. For more information, visit the AACN website.

TUKHS Mental Health Programs Spring Schedule

The Mental Health Education Programs offered through the University of Kansas Health System have now been operational for over 4 years and have been accessed by over 3000 health system employees and hundreds of other facilities and nursing schools throughout the country and even overseas. These programs have been specifically designed to offer a foundational knowledge level on some of the most important mental health topics facing health care professionals today. All these courses are offered virtually via TEAMS and are worth CEUs.

Pictured: Program Coordinator, Dr. Tanner Funk

Mental Health Fellowship Program- These presentations will offer education and insight on the most relevant mental health topics affecting patient care providers. Conducted in a live scheduled format via TEAMS.

Trauma Informed Care- This presentation will review the causes and types of trauma, the causes and pathology of PTSD and secondary PTSD, and how trauma informed care can be utilized to prevent re-traumatization for patients and families. Conducted in a live scheduled format via TEAMS.

QPR Suicide Prevention- This presentation will review the myths and facts of suicide, behavioral and situational clues and warning signs, and finally how to best implement the question, persuade, and refer process. Conducted in a live scheduled format via TEAMS.

De-escalation Wednesdays- This presentation will review the fundamental components of assessing for signs of escalation, the critical importance of providing proactive interventions, and how we can best utilize verbal de-escalation techniques. Conducted in a live scheduled format via TEAMS.

Stress First Aid- This presentation will review the common causes of stress and anxiety for healthcare providers, how to best utilize specific interventions to relieve stress and anxiety and finally review the numerous resources our health system has to provide direct support. Conducted in a live scheduled format via TEAMS.

Mental Health Movie Club- This presentation will review and discuss movies that have directly impacted how our society and culture views the mental health profession and mental health patient care delivery. Conducted in a live scheduled format via TEAMS.

Mental Health Training Program- Contains 23 courses that provides general mental health education on a variety of fundamental mental health topics. All 23 classes from the Mental Health Training Program are now available in Helix. Live virtual classes will no longer be scheduled.

How-to guide on how to access our health system’s helix department.

In the Community

Five Star Nursing Conference

Rock, (Literal) Chalk, Jayhawk!
On May 10, students presented "Best Supportive Care: A Palliative and Hospice Approach" at the Five Star Nursing Conference as a team under the leadership of Dr. Jason Gray. The students are in our pilot with TUKHS Cardiology and Hem/Onc departments, a community-based Palliative group, and two rural health sites. Students will present again this summer at our Sigma conference.

This May, the Salina, KS, faculty and staff decorated the sidewalks around the campus with messages of encouragement for our students taking finals and the NCLEX.

View a video of the well wishes by clicking here.

Krysta Ramirez Henry, DNP, APRN, CNM, PMH-C, FACNM, Featured on Postpartum Support International--Missouri
American College of Nurse-Midwives Annual Meeting

Christy Evers, DNP, APRN, CNM, CNEn, RNC-OB, C- EFM, Krysta Ramirez Henry, DNP, APRN, CNM, PMH- C, FACNM, and Cara Busenhart, PhD, APRN, CNM, FACNM, attended the 68th ACNM meeting in Orlando, FL, May 6-9, 2023. They presented a podium presentation, “Reimagining and Rebuilding Midwifery Curriculum: Development of a Nurse-Midwifery Leadership Professionalism Seminar for the Future of Healthcare”.

Additionally, Busenhart presented a podium presentation on “Reimagining Study Hall: Study Techniques for the Busy Midwifery Learner” with Dr. Missi Stec, DNP, CNM, from Vandebilt Medical Center.

At the meeting, Bridget Robinson, MS ('04), CNM, and
Faculty Research

April 2023

Publications


Presentations


Upcoming Conferences

June 5-6, 2023 - 22nd Annual Nurse Educator Convention, Missouri League for Nursing | Branson, MO
June 5-11, 2023 - Perusal Exchange Conference | AI and Deep Learning Technologies in Education
June 16, 2023 - Challenging the Way We Work Summer Conference for Educators | KU Edwards Campus/Virtual
July 12-14, 2023 - Vanderbilt Informatics Summer Teaching Academy | Nashville, TN
July 19-21, 2023 - Clinical Teaching Institute and Kansas Nurse Educator Conference | Newman University, Wichita
July 24 and 26, 2023 - KUMC Area Health Education Center Summer Teacher Externship Program | Professional Development and hands-on learning for health science teachers at the KUMC campus.
August 2-4, 2023 - Summer Institute for Distance Learning and Instructional Technology (SIDLIT): Getting Together, Staying Together, Building the Future Together | KState Olathe, JoCo Community College, Virtual Option
September 13, 2023 - Biosocial Methods to Advance Health Equity | Virtual Conference sponsored by the Council for the Advancement of Nursing Science
September 22, 2023 - Kansas City Healthcare JCCC Simulation Conference | JCCC
September 28-30, 2023 - National League for Nursing Education Summit 2023 | National Harbor, MD
October 12, 2023 - Advanced Practice Assessment and Skills Workshop | Columbia, MO

Meet Our Staff

Dr. Cindy Teel
Kayla Williams
Manager
Facility Relations
Carmen Carter
Clinical Coordinator
Graduate Students
Kate Garity
Curriculum Coordinator
Mary Icenogle
Project Manager
Laura Crystal
Senior Coordinator
Educational Support
Ashley Mason
Graduate Programs Coordinator
Tracy Quaethem
Education Programs Coordinator