



Multiple Choice Tests: Success Begins With the Way You Study

It is NOT enough to read material over and over to familiarize yourself with it. You need to UNDERSTAND main concepts. You must be able to RECALL information, not just reorganize it.

FORCE YOURSELF TO RECALL INFORMATION: Recalling information is crucial in establishing long-term memory.

- Before you study: jot down anything you already know related to what you are about to study. Then focus on what is new.
- When you finish a study session: stop and jot down what you can remember.
- Join review groups; explain what you know, ask about what you don't.
- Get a study partner; test each other.
- Do test questions (from old exams or review books) after you have studied.

USE PRACTICE TEST QUESTIONS: Practice test questions offer you many benefits. By using them you:

- Raise your awareness of important topics.
- Assess what you know and what you need to work on.
- Familiarize yourself with the exam format.
- Identify your test-taking error patterns.

HOW TO USE TEST QUESTIONS:

- Simulate exam conditions when you test yourself.
- Set a time limit that reflects test conditions.
- Don't check answers until you finish the set you intend to do.
- Analyze the reasons for your errors.