

ACTIVE VS. PASSIVE

Which one are you?

Previewed, summarized and now I'm going to construct a concept map on my whiteboard

A Passive Learner.....

- **Misses class** frequently or is **unfocused** during lecture. Often feels like they didn't learn anything after lecture.
- **Highlights notes and texts** extensively on first reading .
- **Rewrites notes** from lecture or text without paraphrasing.
- **Plans study time** without objectives
- **Uses a single approach** to learning. For example, reading over and over.
- **Waits for the feeling** that they know the material.
- **Primarily uses rote memorization**
- **Crams** for exams

I've been reading for 12 hours....



An Active Learner.....

- **Remains engaged** during lecture by identifying answers to questions generated during preview .
- **Approaches new reading material with questions** to be answered. Minimal rereads.
- **Summarizes material** in "own words".
- **Creates a realistic schedule** including studying, recreation, and exercise.
- **Uses many approaches** to ensure long term memory (reading, verbalizing, visualizing, summarizing.)
- **Reorganizes information** to highlight similarities and differences.
- **Creates charts, flow diagrams, concept maps** or other summaries to facilitate long-term learning and integration of material.
- **Relates old information** to new information.
- **Uses self-testing** to ensure mastery of material.
- **Uses brief, frequent review** to ensure long term memory.



- ★ Preview: No more than 20 minutes per lecture.
- ★ Lecture: Answer questions during lecture. Take notes in a meaningful, useable way to you. Use them again!
- ★ Review: Use an active method that fits your learning style such as illustrating a white board, recording lecture summaries, creating flash cards, drawing connections between two concepts with a concept map, practicing questions- and more!