

MyALLIANCE
FOR BRAIN HEALTH

*Change the future.
Start today.*

At the KU Alzheimer's Disease Research Center, we're doing more than imagining the future. We're doing the work to make it real.

BE PART OF THE PROGRESS.

START HERE. START NOW.

The KU ADRC has recently launched MyAlliance for Brain Health, a FREE program that provides weekly tips, webinars, and resources for everyone interested in brain health and Alzheimer's prevention, as well as for caregivers or anyone with memory concerns.

Learn how you can better support yourself and your loved ones.



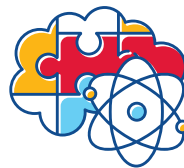
WEEKLY WEBINAR



TODAY'S TIP



MINDFUL MINUTES



BRAIN BOOSTER



RELEVANT RESEARCH

**GET CONNECTED WITH MYALLIANCE.
SIGN UP TODAY.**

Scan the code to join or visit
WWW.KUMC.EDU/KUADRC
and click on Join MyAlliance

