FLASH CARDS

What You Need to Know

- Be selective—only high-yield information should make it onto your cards.
- Be discerning—spend your time making cards for concepts you truly need to review.
- Choose a format that suits your learning style and study schedule—physical cards are great for kinesthetic learners, online cards are great if you always have your device with you!
- Make it meaningful—use your own words/illustrations to explain your concepts. It matters that it makes sense to you, not others!
- Add images! Either upload images from your lecture presentations or draw out your own. Either way, visuals are effective memory triggers.
- Number or color code your cards as you create them to correspond with specific topics or lectures. Some digital flash cards will let you add “key words” to keep them organized.

Brief, frequent review is necessary for long term memorization. Use these cards any chance you get: while waiting for lecture, during a coffee break, or a couple before bed. Flash cards can be used in small moments as well as a part of designated study time effectively.