

Student Wellness Program
2006-2007 Schedule

August

- Discovering Balance: Best Kept Secrets of KUMC, an Informal Guide. Presented by: Moffett Ferguson, School of Allied Health
- Discovering Balance: Student Health Insurance Options Presented by: Sara Honeck and Dr. Dorothy Knoll, Student Services

September

- Informational Table: Things to do in Kansas City
- Constitution Day, Bulletin Board and Informational Website Sponsored by: Student Services
- Discovering Balance: Collaborative Law Presented by: Sharon Lowenstein, Family Law Collaborative Attorney and Mediator
- Discovering Balance: Meditation Presented by: Donna Forgey, RN, PhD

October

- Discovering Balance: Cooking for One or Two People Presented by: Lindy Robinson, Assistant Dean, JCCC Culinary Institute
- Student Financial Aid: Money and Marriage for Sstudents Presented by: Kimberly Vandegest, PhD, Psychologist
- Discovering Balance: Test Taking Skills Presented by: Alice Carrott, MA, Director of Educational Support Services
- Informational Table: Voting
- Discovering Balance: Disability Income Insurance Presented by: Richard G. Eskin, President, Dye & Eskin, Inc.
- Student Financial Aid: Budgeting for a College Student Presented by: April Qualls, Health Education Solutions
- Discovering Balance: Signs of Child Abuse Presented by: Kay Rauth-Farley, MD, Medical Program Director of Sunflower House
- Student Financial Aid: Financial Investing 101 Presented by: Ryan George, Northwestern Mutual Financial Network

November

- Student Financial Aid: How Far Will My Financial Aid Check Go? Presented by: Cayela Moody, Student Financial Aid
- Discovering Balance: Spirituality in Wyandotte County Presented by: Rosedale Ministerial Alliance
- Informational Table: Winter Coat Drive
- Student Financial Aid: Renting vs. Buying Presented by: Laurie Arnold, RE/MAX First Realtors
- Discovering Balance: Face Reading, Building Emotional Intelligence in Health Care Presented by: James Dugan, PhD, SCESS

December

- Discovering Balance: Living with HIV Presented by: Panel of Patients organized by Dr. Sharon Lee, Jaydoc Clinic
- Informational Table: Stress Relief
- Finals Study Break: Dodge Ball and Ice Cream Social
- Student Financial Aid: Knowing your credit score/ Building credit. Presented by: Tasha Casey, Wachovia

January

- Discovering Balance: Who Stole My Research? Presented by: Crystal Cameron-Vedros, Co-Sponsored by the Student Research Forum
- Student Financial Aid: Financial Aid 101 Presented by: Tasha Casey, Wachovia

February

- Student Financial Aid: Mutual Funds and IRAs Presented by: Ryan George, Northwest Mutual
- Discovering Balance: Dating Didactics Presented by: A panel of KUMC Students Co-Sponsored by AMWA
- Informational Table: First Fridays in the Crossroads
- Student Financial Aid: Money Madness Presented by: Laura Schultz, Wells Fargo
- Serving Patients with Impairments Series: Visual Impairment A Discussion with Chris Szostak, Intern in Psychiatry
- Student Financial Aid: Embracing New Academic Challenges Presented by: Scott Campbell, Sallie Mae

March

- Informational Table: Opportunities to go Abroad Co-Sponsored by International Programs
- Discovering Balance: Using Exercise for Relaxation and Stress Relief Presented by: Jeff Sygman, Kirmayer Fitness Center
- Discovering Balance: Spirituality, Stress & Student Life Presented by: Jane Heidi, Minister, Rosedale Ministerial Alliance
- Student Financial Aid: Identity Theft Presented by: Health Education Solutions
- Serving Patients with Impairments Series: Mobility Impairment A Discussion with Cecilia Abbey, Interpretive Services
- Student Financial Aid: Good and Bad of Credit Cards Presented by: US Bank

April

- Discovering Balance: Student Health Insurance Options Presented by: Sara Honeck, Student Services
- Student Financial Aid: Buying a Home Presented by: Laurie Arnold, RE/MAX Realtors
- Student Financial Aid: How to Control Your Spending Presented by: US Bank
- Informational Table: Vegetarian Diet Basics
- Student Financial Aid: Buying a car Presented by: Mark Vickery, Jay Wolfe Automotive
- Serving Patients with Impairments Series: Hearing Impairment

May

- Student Financial Aid: Developing a Realistic Financial Plan Presented by: Scott Campbell, Sallie Mae
- Informational Table: Summer Fun in Kansas City
- Family Fun Study Break