



How To Get The Most Out Of Lectures

Lectures provide an orientation to a topic and help highlight what is important to learn.

- **Arrive** on time.
- **Sit in the front** of the room.
- **Focus on a list of questions** concerning what you want to learn. These questions, when answered, should provide essential information necessary to understanding concepts or terms.
- **Maintain attention.** Learning must be active and purposeful.
- **Identify the most important ideas** and those likely to be on the exam.
- **Take efficient notes.**
- **Listen for what the instructor emphasizes and repeats** during the lecture. Especially note where examples or anecdotes have been given.