

Highlights of the Step Prep Program

Step Prep is designed to engage students in active learning during their preparation for Step 1 of the USMLE. As the Medical School curriculum changed, we changed the Step Prep Curricula to mesh with the new SOM curriculum. We met with Dr. Fishback and Dr. Pazdernik and looked at what they were including in the IC Module. In the end, our 5 week Step Prep program became a 3 week program which seamlessly dovetails with the 7 week Integration and Consolidation Module. Students get a 10 week board prep experience at the end of their second year leading up to Step 1. It is not “one size fits all”, but one which is individualized for KU students in the KU curriculum.

Evaluating the results of the KU graduation survey and the changes in emphasis of topics on Step 1, we are incorporating more pathology into the program this year. Each day will contain a Pathology Booster Session which will consolidate the Hi Yield Pathology.

Components of the Step Prep Program you will be interested in:

Questions: Using the 400 question practice exam published by USMLE World, we will begin each day with questions, authentically practicing the pacing and timing of the Step 1 exam. Discussion and analysis of errors help to guide best practices and position you for success on the boards. Graduating 4th year medical students will guide your question practice and help you know how to think about important content topics.

Live Lectures:

- Week One: General Principles: Electrophysiology, Genetics of Cancer, Cell injury, Inflammation, Immunology
- Week Two: Respiratory Physiology, Respiratory Pathology, Cardiophysiology, Cardiopathology, GI Pathophysiology, Hi Yield Heme
- Week Three: Renal Physiology, Renal Pathology, High Yield Anatomy: Brachial Plexis and Extremitites, Liver/Biliary Physiology, Liver pathology

Small Group Learning:

Small Groups are led by 4th year graduates who took our Step Prep Course when they were preparing for Step 1. We already have our initial cadre in place. Please feel free to contact any to answer questions:

George Thomas, Kym Carter, Adam Merando, Carolyn Enders, Kristin Grdinovac, Rachel Tindall, Brooke Jones, Samantha Machen, Brian Seacat, Voytek Slowik, Ginger Fewell, and Chase Hall