



**All sessions >> 1<sup>st</sup> Fridays @ Noon – 1:00 pm G013 School of Nursing Auditorium**

**JAN 23 Monday >>>This first session is in conjunction with the HR-PDFA Wellness Series. Please register @ <https://www2.kumc.edu/HRLD/>**

**New Year's Resolution: Less Stress in 2012**

**Larry Long, Jr. PhD**, Senior Director of Student Counseling, Counseling and Educational Support Services, KUMC

Most New Year resolutions have a shelf-life of one month. If learning how to live with less stress is your goal for 2012, please plan to attend the "Less Stress in 2012" program on January 23 from Noon to 1:00 p.m. in G013 School of Nursing. Dr. Larry Long (Psychologist and Senior Director of Counseling & Educational Support Services) will discuss practical strategies to lower your stress, remain optimistic during challenging times, and maintain a positive outlook.

2012 Presentations below are open to anyone employed on the KUMC Campus and are free. Lunch is provided **FIRST COME FIRST SERVED** to the first 125 attendees.

**To save time when you arrive, PRE-REGISTER at: <https://www2.kumc.edu/pdfatraining/Default.aspx>**

EEDS registration "swipe cards" will be used for easy on-site registration. Continuing Education Credit is available.

**FEB 3 Friday**

**KUMC Leadership Panel - Their personal stories**

- Chris Lyon**, Associate Vice Chancellor for Administration, Human Resources
- C.J. Janovy**, Director of Communications
- Richard Korentager, MD**, Assistant Professor and Chair, Plastic Surgery
- Moderator: **Jim Dugan, PhD**, Psychologist, Counseling and Educational Support Services

Back by popular demand is our panel of KUMC leaders. In this session you will hear each panel member tell their story, along with any obstacles to success they had to overcome. Q&A will be at the end of the session.

**MAR 2 Friday**

**Feeding America, One Bun at a Time**

**GUEST: Ed Honesty**, President/Chief Operating Officer, Best Harvest Bakeries

Mr. Honesty was a 20 year employee of the McDonald's Corporation and achieved the position of managing counsel, Great Lakes division, McDonald's Corporation, before stepping into the position of co-owner of Best Harvest Bakeries in Wyandotte County. He has served as the chair of the Board of the Local Investment Council, and currently serves as a committee chair for the Greater Kansas City Chamber of Commerce. Ed's business supplies the buns to over 700 McDonald's in the Heartland Region of the US. <http://www.bizjournals.com/kansascity/stories/2005/01/10/smallb1.html?page=all>

**APRIL 6 Friday**

**Making Connections and Achieving Your Dream**

**GUEST: Paul Kirshner**, CEO, Wireless Lifestyles

Mr. Kirshner is the CEO of Wireless Lifestyle, one of the largest Sprint Preferred Retailers in the nation, with over 100+ stores operating in California, Illinois, Kansas and Missouri... including the sales and service area outside the KUMC Cafeteria.

**MAY 4 Friday**

**Competing Beautifully in the Market**

**GUEST: Mary Carol Garrity**, CEO, Nell Hills, Atchison, KS and North Kansas City

Ms. Garrity is a real "sparkplug" and will be interviewed by Marty McLaughlin in front of the audience about her development of her "vision or dream" into a success in a fiercely competitive furniture/home decorating market... sort of secrets to success in a competitive market. She will be asked many questions including some successful decision making in a competitive environment, and then answer questions by the audience.



**REMOTE CONNECTIONS** -- If you are unable to attend the presentation but would like to participate "live" from any location, you may log-in from any computer, viewed by one person or projected for a group. Here is how it works:

- 1) Please use this address to logon to our **Adobe Connect Training** <http://kumed.adobeconnect.com/som/>
- 2) Enter as GUEST and then type in your real name, or name of your group, in the textbox. (Examples: Sam Smith, MD; Sam @ the VA; Unit 51; or MedWest Clinic Staff ) The name you type will be how the speaker identifies you when responding to your question.
- 3) **We recommend a headset** for this session to avoid audio issues.
- 4) You will see an area for typing your questions in the bottom right corner of the screen. During most sessions, the questions will be answered at the end.
- 5) CE is not available from remote connections.

**SERIES OBJECTIVES**

Our goal with the series is to teach people, through the stories of other's experiences, how to be leaders. We normally look for three basic components in a Campus-Wide Leadership Series presentation.

- First, we ask presenters to "tell their story"-- their background; what drives them; who their mentors were or who inspired them along the way; and what obstacles they had to overcome and how they overcame them to reach their level of success.
- Second, "address their personal leadership style" -- present the challenges and solutions to keeping everyone focused on the goal simultaneous to overcoming inherited handicaps in their business or life's dream; obstacles and limitations imposed on the job or task at hand; public relations and scrutiny; the challenges one faces from a diverse world; and two or three tips about their personal methods, style or philosophy about how to lead a team to success.
- Lastly and for the majority of the presentation we ask them to provide a unique focus from their own field or business, whatever that may be.

**SPEAKERS HAVE NOTHING TO DISCLOSE**

**PRESENTED BY:**  
University of Kansas Medical Center, Professional Development and Faculty Affairs, HR Learning and Development, and Continuing Education

**SPONSORED BY:**  
University of Kansas Schools of Medicine, Nursing and Health Professions, Continuing Education, UK Hospital, KUMCHR, UKP, and KU Office of Graduate Studies  
CONTACT: Marty McLaughlin, Associate Director, SOM Office of Professional Development & Faculty Affairs [mmclaughlin@kumc.edu](mailto:mmclaughlin@kumc.edu) or ext. 8-1312  
2005 - 2011 presentations are available for viewing on-line at <http://www.kumc.edu/som/facdev/leadership.html>