

Colon Study/Barium Enema:

The day before examination: DO NOT eat or drink anything 8 hours prior to your examination.

BREAKFAST - Clear liquid diet - no sugar - no dairy products.

NOON - Light lunch: clear soup, unsweetened fruit juices, plain gelatin, black coffee or plain tea. NO MILK OR CREAM.

1:00 P.M.: Drink 8 oz. water.

2:00 P.M.: Drink 8 oz water.

3:00 P.M.: Drink 8 oz water.

4:00 P.M.: Drink 8 oz water.

5:00 P.M.: Liquid dinner: clear soup, plain gelatin, unsweetened fruit juices, black coffee, plain tea. NO MILK OR CREAM.

5:30 P.M.: Drink one bottle of Magnesium Citrate, making sure it is cold.

Do not eat any food from now until the time of your examination.

6:00 P.M.: Drink 8 oz. water.

7:00 P.M.: Drink 8 oz. water.

7:30 P.M.: Take four (4) *Bisacodyl* tablets and take all of them with one full 8 fl oz glass of water. **DO NOT CHEW.**

8:00 P.M.: Drink 8 oz. water.

9:00 P.M.: Drink 8 oz. water.

Intravenous Pyelogram (IVP) or Excretory Urogram

DO NOT eat or drink anything by mouth 4 hours prior to the exam. If you have severe DIARRHEA or considerable RECTAL BLEEDING, consult your physician before taking the laxatives requested below. Under special circumstances, your physician may change or omit the preparatory laxative.

The Day Before Your Examination:

BREAKFAST: Unsweetened fruit juices; plain gelatin; black coffee or plain tea; no sugar. NO MILK OR CREAM.

NOON: Clear soup (any broth); unsweetened fruit juices; plain gelatin; black coffee or plain tea; no sugar. NO MILK OR CREAM.

1:00 PM: Drink one - 8 fl oz glass of water.

3:00 PM: Drink one - 8 fl oz glass of water.

5:00 PM: Clear soup (any broth); unsweetened fruit juices; plain gelatin; black coffee or plain tea; no sugar. NO MILK OR CREAM.

5:30 PM: Drink one bottle of Magnesium Citrate, making sure it is cold.

7:30 PM: Remove the four (4) *Bisacodyl* tablets and take all of them with one full 8 fl oz glass of water. **DO NOT CHEW.**

Upper Gastrointestinal (UGI)

DO NOT eat or drink anything 8 hours before your exam.

Small Bowel Series:

No food or drink after midnight.

Esophagus (Barium Swallow)

DO NOT eat or drink anything by mouth 3-4 hours prior to the exam.

CT Abdomen and pelvis including ct with pet scan:

DO NOT eat or drink anything by mouth 4 hours prior to the exam, if medication is needed only drink a small amounts of water

Sonography Prep for Abdomen-Pelvis/Combination

Patient may NOT eat 6-8 hours before the examination. One hour before the examination, the patient should drink 32oz. of water. Patient must not empty bladder until the sonographer okays.

Sonography Prep Abdomen, Abdomen/Retroperitoneal/ Pelvis Doppler/AO/IVC/Iliac Doppler/Renal Doppler

Patient may NOT eat 6-8 hours before the examination. Medications may be taken with water before the examination.

Sonography Prep: OB/Pelvis

One hour before the appointment, the patient should drink 32oz of fluid. Patient MAY NOT empty bladder until sonographer okays.

Nuclear Medicine Tests

Please call (913) 588-6839

**If you do not find your test preparation listed above
or to cancel or reschedule your appointment, please call (913) 588-6800.**