

Hirsutism Treatment Options

Topical therapy — Vaniqa ([eflornithine](#) hydrochloride cream 13.9%) is a topical drug that is available for the treatment of unwanted facial hair in women. It is an inhibitor of hair growth, not a depilatory, and must be used indefinitely to prevent regrowth

Cosmetic methods — Physical methods of removing hair or making it less visible (shaving, plucking, waxing, bleaching) can be effective, and their use is reasonable either alone or as a supplement to drug therapy.

Permanent hair reduction — Direct or mechanical methods of hair removal, including electrolysis and photoepilation (laser and intense pulsed light), are also referred to as "permanent" hair reduction techniques. However, women with underlying hyperandrogenemia are likely to experience hair regrowth, because of the continued stimulation of hair follicles by endogenous androgens.
