NAVIGATING THE SERVICE SYSTEM FOR INDIVIDUALS IN NEED OF DEVELOPMENTAL SUPPORTS

KU CENTER FOR CHILD HEALTH & DEVELOPMENT
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WHERE, WHAT, & HOW OF FINDING SERVICES & SUPPORTS

CDDO

IEP

IFSP

POC

SSI

HCBS

PCP

When your child receives a diagnosis of a developmental disability it can be a stressful time. You may experience a range of emotions as you adjust to this new information. You will also encounter a whole new language of acronyms, terms, and definitions. This exploration of the service system brings you down many unfamiliar roads. The following section includes information about these services as well as contact information to help you access them for your child.

BIRTH TO THREE year olds can be provided services through local early intervention services such as Infant-Toddler Services (ITS), Tiny K, or First Steps. These services will typically be provided in your home. An Individual Family Service Plan (IFSP) will outline these services. These services will be provided at no cost to you. In Kansas contact Infant-Toddler Services or Tiny-K. In Missouri contact First Steps.

THREE TO FIVE year olds can be provided services through your local school district in Early Childhood Special Education (ECSE). Your child may attend a preschool in a school building or other community setting. An Individual Education Plan (IEP) will guide the school-based services throughout your child's school career as long as your child remains eligible for special education services. Public schools services are provided at no cost to you. Contact your child's school district to find out about these services.

If you choose not to use your local school district services, there are a variety of private providers who offer a range of services, from helping your child with a specific challenge such as social skills or behaviors to setting up extensive in-home therapy programs.

Your child and family might be eligible for other services in addition to school. In Kansas these could include Home and Community Based Services (HCBS). There are also direct financial support options. The following pages explain these services and how to apply for them through your local Kansas Community Developmental Disabilities Organization (CDDO). Contact information is on page 8.

In Missouri apply for services through their Regional Centers. The website is http://www.dmh.mo.gov/mrdd/mrddindex.htm or contact information is on page 10.

Direct Financial Support for Individuals with Developmental Disabilities

SSI

SSI—Supplemental Security Income

SSI is a monthly payment made to people with low income and limited resources (assets under $2000 for an individual, $3,000 for a married couple) and who have a disability. A child under age 18 can qualify if he/she meets Social Security's definition of disability for children, and the parent's income and resources fall within eligibility limits. When a child turns 18, the parent's income is no longer considered when determining eligibility.

The payment amount differs from state to state because some states add to the SSI payment. Although SSI is managed by the Social Security Administration it is not paid out of Social Security trust funds. SSI is paid for by the U.S. Treasury general funds.

For more information, or to apply for SSI, call 1-800-772-1213 or visit the website at www.socialsecurity.gov

CASH ASSIST.

Kansas Cash Assistance Program

The Kansas Cash Assistance program is a cash disbursement to the parent(s) of a child with a developmental disability. It is paid quarterly in payments of approximately $623. This money is allocated annually out of state funds, distributed to the local CDDOs, and then sent to the individual families. This assistance depends on the availability of these funds. There is no age limitation and no income guidelines.

- Person must be living with natural, adoptive, or foster parent
- Person and payee parent must be Kansas residents
- Person must meet disability definition of MR/DD

Cash Assistance can be provided during the lifetime of the person as long as the above conditions are met or until the child/person begins receiving HCBS waiver services. Payments are allowed while the child/person is on the waiting list for HCBS waiver services. Once offered the HCBS waiver it must be taken and then cash assistance is discontinued when the HCBS waiver becomes effective. Children under the age of 5 may apply for cash assistance. To apply contact your local CDDO.

VOC REHAB (VR)

Vocational Rehabilitation Services (VR)

The VR program emphasizes community-based services, integration and consumer choice. It offers support for people with disabilities to become gainfully employed and self-sufficient.

- Services may include counseling and guidance; physical and mental restoration training; rehabilitation technology; and job placement.
- Supported employment to help people with significant disabilities achieve employment through job coaching and ongoing support.
- Transition planning services to help special education students with significant disabilities and their families prepare for the adult world of work and independent living.

Through the VR program, rehabilitation counseling, information, and referral to community services are available for special education students who are at least 16 years old to discuss:

- goals, priorities and preferences for life after school;
- residential, employment and support programs;
- application procedures, eligibility criteria or waiting lists for needed services;
- information about community resources and assistive technology;
- information about the Individual Education Plan (IEP) process, and the statement of needed transition services which is a required part of the IEP; and
- advocacy.

Contact your local Social Rehabilitation Services (SRS) office for more Information on VR services. You can locate an office online at www.srskansas.org.

Source: Adapted from http://www.srskansas.org/rehab/text/VR.htm

What is a CDDO?

CDDO

CDDO stands for Community Developmental Disability Organization and there are 28 in the state of Kansas assigned by county or geographic region. This is the single point of entry for an individual or family to access services through the developmental disability system in Kansas. CDDOs are responsible for determining whether or not a person qualifies for services. Information is gathered from several sources such as the child's parents, doctor(s), and school. CDDO staff works with the person and/or family/guardian to complete paperwork requirements, such as the Basis assessment.

The staff of the CDDO has the responsibility of making the family aware that they have choices from an array of service options. Once the child's service needs have been identified and service providers have been selected, then referrals are made to appropriate agencies.

Often funding is not immediately available. The child's name is placed on a waiting list. While the child is on the waiting list, case management can be provided if the child has Medicaid.

What Services are Available?

CSP

Kansas and Missouri services are funded through the Home and Community Based Services (HCBS) MR/DD waiver. One of the services provided through this waiver is in-home supports or supportive home care. A supportive home care provider can help your child after school with homework, prepare a snack, visit community sites while teaching appropriate social and self-help skills such as money management and practicing conversation.

POC

Another service is respite care. This service does not have to be as structured as supportive home care. It can simply provide child care while the parents are out of the home.

HCBS

The child's Plan of Care (POC) lists the amount of support the child is eligible to receive. Services available to adults are day, supported employment, and residential services that are funded through the HCBS waiver. These services are designed to keep a person with developmental disabilities in their home and community rather than an institutional setting.

MEDICAID
Healthcare and Waiver Services

SRS

DSS

HCBS Waivers

Medicaid, a federally funded medical assistance program, is available for children and adults who meet certain qualifications. Those with developmental disabilities who qualify for SSI (Supplemental Security Income) are one group that is eligible for Medicaid.

Medicaid has many special programs. One program covers healthcare for children under age 18 with developmental disabilities who live in low-income households. Other programs cover HCBS waivers (MR/DD waiver) for children and adults with developmental disabilities, regardless of income. Income can, however, determine if and how much a family shares in the cost of provided services. The MR/DD waiver provides funding for in-home supports among other types of supports for children and adults with developmental disabilities.

In Kansas, applications for Medicaid are available from Social Rehabilitation Services (SRS) area offices or for more information see their website at www.srskansas.org

In Missouri, applications for Medicaid are available from Department of Social Services (DSS) area offices or for more information see their website at www. Dss.mo.gov

Family Fee Program for Waiver Services in Kansas

In May of 2002, the Kansas Legislature passed a proviso, as part of the Omnibus Appropriation Bill that authorizes the Secretary of SRS to collect fees from parents for services provided to their children by an institution or a program of the department. Children receiving these services through the following supports are affected by this legislation:

- Family Preservation or
- Home and Community Based Services waivers—Mental Retardation/ Developmental Disability (MR/DD); Severe and Emotionally Disturbed (SED); Technical Assistance (TA)

This proviso takes into consideration parent's income; ability to pay based on a sliding scale; parent fee waived if hardship can be demonstrated; and the child cannot lose the Home and Community Based waiver or Family Preservation services if parent fails to pay.

ELIGIBILITY CRITERIA FOR DD SERVICES

THE CDDO IN EACH REGION USES THE FOLLOWING ELIGIBILITY CRITERIA DESIGNATED BY KANSAS SRS DEPARTMENT OF MENTAL HEALTH AND DEVELOPMENTAL DISABILITIES SERVICES. THIS CRITERION IS NOT INTENDED TO DEFINE MENTAL RETARDATION OR DEVELOPMENTAL DISABILITIES, BUT TO DEFINE THE POPULATION WHO IS ELIGIBLE TO RECEIVE SERVICES.

MENTAL RETARDATION means substantial limitation in functioning that is manifested during the time from birth to age 18 years and is characterized by significantly below average intellectual functioning co-existing with deficits in adaptive behavior, including related limitations in **two or more** of the following adaptive skill areas:

1. Communication
2. Self-care
3. Home living
4. Social skills
5. Community use
6. Self-direction
7. Health and safety
8. Functional academics
9. Leisure
10. Work

DEVELOPMENTAL DISABILITY means a condition such as Autism, Cerebral Palsy, Epilepsy, or similar physical or mental impairment. In addition, developmental disability is evidenced by severe, chronic limitations which:

Is attributable to a mental or physical impairment or a combination of mental and physical impairments **AND**

Is manifested before age 22 **AND**

Is likely to continue to indefinitely **AND**

Results in substantial functional limitations in **three or more** of the following areas:

1. Self-care
2. Understanding and using language
3. Learning and adapting
4. Mobility
5. Self-direction in setting goals and accomplishing these goals
6. Living independently
7. Economic self-sufficiency

AND reflects a need for a combination and sequence of special, interdisciplinary or generic care, treatment, or other services which are lifelong, or extended in duration and are individually planned and coordinated. This does not include individuals who are solely severely emotionally disturbed or seriously and persistently mentally ill or have disabilities solely as a result of infirmities of aging.

For children under age six, developmental disability means a severe, chronic disability which:

- Is attributable to a mental or physical impairment or a combination of a mental and
- physical impairments **AND**
- Results in **at least three** developmental delays as measured by qualified professionals using appropriate diagnostic instruments or procedures **AND**
- Reflects a need for a combination and sequence of special, interdisciplinary or generic care, treatment or other services which are lifelong, or extended in duration and individually planned and coordinated **AND** does not include individuals who are solely severely emotionally disturbed or seriously and persistently mentally ill.

Source: Adapted from Johnson County CDDO 11/00 version

Kansas CDDOs

CDDO	COUNTY	CDDO	COUNTY
Achievement Services 215 N. 5th Atchison KS 66062 913-367-2432	Atchison, Jackson	Arrowhead West 1100 E. Wyatt Earp Dodge City KS 67801 620-227-8803	Barber, Clark, Comanche, Edwards, Ford, Gray, Harper, Hodgeman, Kingman, Kiowa, Meade, Ness, Pratt
Big Lakes Dev. Center 1416 Hayes Dr. Manhattan, KS 66502 785-776-9201	Clay, Geary, Pottawatomie, Riley	Brown County Dev. Serv. 400 S. 12th Hiawatha KS 66434 785-742-3959	Brown, Doniphan
CLASS, LTD 1200 E. Merles Evans Dr. Columbus KS 66725 620-429-1212	Cherokee, Crawford, Labette, Montgomery	CDF Training Serv. 1516 Davis Road Ottawa KS 66067 785-242-5035	Coffey, Franklin, Osage
COMCare 615 N. Main Wichita KS 67203 316-660-7630	Sedgwick	Cottonwood 2801 W. 31st St. Lawrence KS 66047 785-842-0550	Douglas, Jefferson
Cowley Co. Dev. Services Strother Field, PO Box 133 Arkansas City KS 67005 620-442-3575	Cowley	Dev. Serv. of NW KS 2703 Hall St. Hays KS 67601 785-625-5678	Cheyenne, Decatur, Ellis, Graham, Logan, Norton, Osborne, Phillips, Rawlins, Rooks, Russell, Sheridan, Sherman, Smith, Thomas, Trego, Wallace
Flint Hills Services 2375 W. Central El Dorado KS 67042 620-321-2325	Butler	Futures Unlimited 24510 North A Wellington KS 67152 620-326-8906	Sumner
Hetlinger Dev. Services 707 S. Commercial Emporia KS 66801 620-342-1087	Chase, Lyon, Morris, Waubansee	Johnson Co. Dev. Supports 10501 Lackman Road Lenexa KS 66219 913-826-2506	Johnson
Multi Community Diversified Services 910 N. Main McPherson KS 67460 620-241-6693	McPherson	Nemaha Co. Training Ctr 12 South 11th Seneca KS 66538 785-336-6116	Nemaha
New Beginning Enterprises 1001 Wilson Neodesha KS 66757 620-325-3333	Chautauqua, Elk, Greenwood, Wilson	Northview Dev. Services 700 E. 14th St. Newton KS 67114 620-283-5170	Harvey, Marion
Occupational Ctr. Of Central Kansas 1710 W. Schilling Road Salina KS 67402 785-827-9383	Cloud, Dickinson, Ellsworth, Jewell, Lincoln, Mitchell, Ottawa, Republic, Saline	Riverside Resources 700 North 3rd St. Leavenworth KS 66048 913-651-6810	Leavenworth

Kansas CDDOs

CDDO	COUNTY	CDDO	COUNTY
Southwest Dev. Services 2708 North 11th St. Garden City KS 67846 620-275-7521	Finney, Grant, Greeley, Hamilton, Haskell, Kearny, Lane, Morton, Scott, Seward, Stanton, Stevens, Wichita	Sunflower Diversified Services Westport Addition PO Box 838 Great Bend KS 67530 620-792-1321	Barton, Pawnee, Rice, Rush, Stanton
TARC, Inc. 2701 Randolph Topeka KS 66611 785-232-0597	Shawnee	TECH 1300 East A Hutchinson KS 67504 620-663-1596	Reno
Tri-Ko 301 First St. Osawatomie KS 66064 913-753-3025	Anderson, Linn, Miami	Tri-Valley Dev. Services 3740 S. Santa Fe Chanute KS 66720 620-431-7401	Allen, Bourbon, Neosho, Woodson
Twin Valley Dev. Services 427 Commercial Greenleaf KS 66943 785-747-2251	Marshall, Washington	Wyandotte DD Services 850 State Avenue Kansas City KS 66101 913-573-5503	Wyandotte

MISSOURI DEPARTMENT OF MENTAL HEALTH

DIVISION OF MENTAL RETADAON/DEVELOPMENTAL DISABILITIES

FACILITY LISTING

ALBANY REGIONAL CENTER
809 North 13th Street
Albany, MO 64402
660-726-5246; TDD 660-726-5844; FAX 660-726-5165
Toll Free: 800-560-8774
Satellite Offices:
Cameron: 207 E. McElwain Dr. 64429
816-632-8876
St. Joseph: 525 Jules #210 64501
816-387-2220

CENTRAL MISSOURI REGIONAL CENTER
1500 Vandiver Drive, Suite 100
Columbia, MO 65202
573-882-9835; TDD 573-882-9835; FAX 573-884-4294
Toll Free: 888-671-1041
Satellite Offices:
Fulton: 911 business 54 65251
573-592-4171/4172
Jefferson City: 1716 Four Seasons Dr #103 65101
573-526-7684
Marshall: 1239 Santa Fe Trail #200 65340
660-886-4690
Moberly: 423 E Logan 65270
660-263-0743
Sedalia: 818 Westwood Ave 65301
660-530-5700

HANNIBAL REGIONAL CENTER
805 Clinic Road, P.O. Box 1108
Hannibal, MO 63401
573-248-2400; TDD 573-248-2415; FAX 573-248-2408
Toll Free: 800-811-1128
Satellite Office:
Warrenton: 3409 N Highway 47 63383
636-456-7914

JOPLIN REGIONAL CENTER
3600 East Newman Road, P.O. Box 1209
Joplin, MO 64802-1209
417-629-3020; TDD 417-629-3020; FAX 417-629-3026
Toll Free: 888-549-6634
Satellite Offices:
Clinton: 1661 N Second 64735
660-885-2368
Nevada: 621 E Highland 64772
417-448-1317

KANSAS CITY REGIONAL CENTER
821 East Admiral Boulevard
Kansas City, MO 64106 street address) 64141 (PO Box)
816-889-3400; TDD 816-889-3326; FAX 816-889-3325
Toll Free: 800-454-2331
Satellite Offices:
Cass County: 1800 Vine St Harrisonville 64701
816-380-7539
Clay County: 920 S Kent Liberty 64068
816-792-4281
Lafayette County: Morris Drive, Box 517 Higginsville 64037
660-584-9221

KIRKSVILLE REGIONAL CENTER
1702 East LaHarpe
Kirksville, MO 63501
660-785-2500; TDD 660-785-2500; FAX 660-785-2520
Toll Free: 800-621-6082
Satellite Offices:
Chillicothe: 917 Jackson St 64601
660-646-4180
Macon: 1716 Prospect Dr 63552
660-385-1955

POPLAR BLUFF REGIONAL CENTER
2351 Kanell Boulevard
Poplar Bluff, MO 63902
573-840-9300; TDD 573-840-9312; FAX 573-840-9311
Toll Free: 800-497-4214
Satellite Offices:
Dunklin County: 1100 Hwy 25, S Bypass Kennett 63857
573-888-2967
Howell/Shannon County: 3417 Division Dr #4
West Plains 65775 417-257-7716
Oregon/Ripley County: Route 2, Box 20 Doniphan 63935
573-996-2347
Stoddard County: 1003 Wildwood Dr #B Dexter 63841
573-624-8384

ROLLA REGIONAL CENTER
105 Fairgrounds Road, P.O. Box 1098
Rolla, MO 65402
573-368-2200; TDD 573-368-2200; FAX 573-368-2206
Toll Free: 800-828-7604
Satellite Offices:
Camden County: 131 Rodeo Dr Camdenton 65020
573-346-0329
Franklin County: #1 Liberty Plaza Union 63084
636-583-6732
Osage County: 925 E Main Linn 65051
573-897-2881
St Francois County: 901 Progress Dr #103 Farmington 63640
573-218-6897
Texas County: 101 W Hwy 32 #2 Licking 65542
573-674-3113
Washington County: 24441 W State Hwy 8 Potosi 63664
573-438-6526

SIKESTON REGIONAL CENTER
112 Plaza Drive, P.O. Box 966
Sikeston, MO 63801
573-472-5300; TDD 573-472-5391; FAX 573-472-5308
Toll Free: 800-497-4647
Satellite Offices:
Cape Girardeau: 338 Broadway #310 63701
573-290-5364
Fredricktown: 413 Burris 63645
573-783-2511
New Madrid: 925 Pinnell St 63869
573-748-5809

SPRINGFIELD REGIONAL CENTER
1515 East Pythian, P.O. Box 5030
Springfield, MO 65801-5030
417-895-7400; TDD 417-895-7430; FAX 417-895-7412
Toll Free: 888-549-6635
Satellite Offices:
Mountain Grove: 1801 N Talcott 65711
417-926-5620

ST. LOUIS CITY REGIONAL CENTER
111 N 7th St, 6th Floor, St Louis MO 63101
314-244-8800: TDD 314-244-8805, FAX 314-244-8804
Toll Free: 800-358-7665
Satellite Offices:
Jefferson County: 2330 Truman Blvd Crystal City 63019
636-931-4918
St Charles County: 119 Olympic Way St Peters 63376
636-926-1220

ST. LOUIS COUNTY REGIONAL CENTER
211 North Lindbergh, St. Louis, MO 63141-7809
314-340-6500; TDD 314-340-6659; FAX 314-340-6569
Toll Free: 800-374-6458
Satellite Office: 9445 Dielman Rock Island Industrial Dr
Olivette 63132 314-340-6770