Carla R. Sabus, PT, PhD

Director of Clinical Education and Clinical Assistant Professor

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EDUCATION

- **PhD in Education, 2008**
  Emphasis: Curriculum and Instruction
  Minor: Research in Education
  University of Kansas, Lawrence, KS.
- **Master of Science in Physical Therapy, 1992**
  University of Osteopathic Medicine and Health Sciences
  Des Moines, IA.
- **Bachelor of Science, 1990 Cum Laude**
  Major: Biology, Minor: Chemistry
  Briar Cliff College, Sioux City, IA.

ACADEMIC / CLINICAL APPOINTMENTS

- Clinical Instructor, Department of Physical Therapy and Rehabilitation Sciences, University of Kansas Medical Center.
- Central Plains Geriatric Education Center.

TEACHING RESPONSIBILITIES

- PTRS 704 - Basics of Acute Care in Physical Therapy
- PTRS 746 - Orthopedic Medicine

PROFESSIONAL EXPERIENCE

- **August 2004 - present**
  Clinical Assistant Professor
  University of Kansas Medical Center
  Department of Physical Therapy and Rehabilitation Sciences
  Kansas City, KS
- **April 2001 - August 2004**
  Physical Therapist IV
  Burn staff therapist and acute care staff therapist
  KU Med Center, Kansas City, KS.
  - Evaluation and treatment of adult and pediatric inpatients and outpatients of Burnett Burn Unit.
  - Discharge planning and patient/family teaching.
  - Clinical instructor for physical therapy students
- **December 1995 - April 2001**
  Physical Therapist IV
  Inpatient supervisor
  KU Med Center, Kansas City, KS.
  - Evaluation and treatment of adult and pediatric inpatients in acute rehabilitation and acute medical/surgical setting
  - Involved in discharge needs assessment and planning
  - Education of patients and family members
  - Inservicing within Physical Therapy Department and nursing training classes
  - Involved in program development and quality improvement
  - Training, supervision, performance review and hiring process of physical therapist, physical therapist assistants and support staff
  - Clinical instructor for physical therapy and physical therapist assistant students
  - Teaching in conjunction with KU Physical Therapy Program in clinical and lab settings
- **October 1993 - December 1995**
  Physical Therapist
  Novacare
  Sioux City, IA and Kansas City, KS.
  - Evaluation, treatment and sceening of skilled nursing, long term care, and home health patients
  - Consultation to nursing home facilities to assist in compliance to Medicare regulations
  - Supervision of up to 4 support personnel in Physical Therapy Department
  - Training in body mechanics, injury prevention and patient handling techniques to nursing and support staff
  - Program development in wound treatment protocols
- **July 1992 - September 1993**
  Physical Therapist
  Novacare
  Sioux City, IA and Kansas City, KS.
  - Evaluation, treatment, discharge planning and screening of acute medical/surgical and rehabilitation patients
  - Involvement in department committees for program development
  - Staff inservicing for interdepartmental education

PROFESSIONAL MEMBERSHIPS & LICENSES

- Physical Therapist: Kansas.
- Member APTA, Education Section
- Member KPTA
- APTA Certified Clinical Instructor
- CPR Certification

PRESENTATIONS

- **Burn Rehabilitation**
  September 18, 2003, 90 min lecture - Presented to 60 physical therapist and physical therapist assistants and students for the Northwest Missouri Physical Therapy Association. Lecture covered acute assessment and management of the burn patient, an overview of inpatient and outpatient rehabilitation of the burn survivor, and functions of the burn in the community.
- **Wound Healing by Secondary Intention**
  November 2002, 2-part 4-hour lecture - Presented to 20 physical and occupational therapist of Carondolet Health Services - Lecture covers physiology of wound healing, standards of care for evaluation and Physical Therapy treatment intervention.
- **Wound Healing**
  October 1999, 3-hour lecture - Sponsored by University of Kansas Department of Physical Therapy Education - Attended by approximately 40 PT/PTA's - Lecture covered overview of underlying wound pathology, presentation of several evaluation tools and essential components of the objective assessment. It briefly covered review of recent research in modality intervention in wound healing. Dressing classification and samples presented.
- **Physical Therapy Intervention in Wound Healing**
  University of Kansas Medical Center, Department of Physical Therapy Education - Lectures cover phases of wound healing with review of physiologic and cellular respones, treatment rationale of vascular, pressure and neuropathic wounds; Physical Therapy evaluation and treatment interventions including hydrotherapy, electrical stimulation, ultrasound, compression and laser. Adjuncts to P.T. interventions are presented including a representation of dressing types, classifications, treatment algorithms and risk factor scales.
  - June 2001
    4-hour lecture
  - September 1999
    4-hour lecture and 2, 1-hour lab sessions
  - August 1998
    4-hour lecture and 1-hour lab sessions
  - September 1997
    4-hour lecture
  - September 1996
    3-hour lecture
- **Management of Wound Healing by Secondary Intention**
  October, 1997 - Watkins Student Health Clinic, University of Kansas, Lawrence, KS - Presentation to staff physicians, physical therapists and nurses
- **Physical Therapy Interventions in Wound Healing**
  May 1996 and April 1997 - University of Kansas Regent's Center, Enterostomal Nursing Specialization Course - 1-hour lecure
- **Physical Therapy for the Geriatric Patient**
  November 1992 - Indian Hills Community College, Sioux City, IA - Physical Therapist Assistant program