

MYZONE®



MOVE IT. EARN IT. PROVE IT.

MYZONE is a fitness tracker that shows and rewards effort when you workout. It displays real time heart rate, calories, and percentage of effort in 5 simple color coded zones then automatically creates an online logbook for all your activity.



View your calories and effort in real time.



Connect to 3rd party equipment & smartphone apps for maximum versatility.



Achieve Myzone status ranking based on effort not fitness.



Set goals and compete with others by measuring effort levels.



Store up to 16 hours of activity data.



Receive email workout summary.

MYZONE Belts Prices

BUY: Students-\$60, Members-\$75

RENT: for MYZONE classes ONLY for \$10/month

Get the BEST results by knowing how hard you train!

MYZONE belts give you the results you're looking for!