

Kirmayer Fitness Center

COVID-19 Facility Updates

This document serves as part of Kirmayer Fitness Center's phased re-opening procedures. The health and safety of our staff, members and guests are our top priorities. Therefore, there will be extra guidelines and limitations, upon reopening. Please review the following guidelines and limitations, in its entirety. Failure to follow Kirmayer COVID-19 policies may result in you being asked to leave the facility.

Properly worn masks are required at all times, except for during swimming and showering.

Open Areas and Limitations

Pool

- Two people allowed in the pool at a time.
- The middle pool lane will be closed.
- Pool usage will be by reservation ONLY.
- 55-minute limit in this area.

Basketball Court

- Open for shootaround ONLY.
- NO sharing of basketballs, goals, or rebounding will be permitted.
- NO pick-up games of any sort will be permitted.

Racquetball/Squash Courts

- No competitive play will be allowed. One person per court or one family per court.

First Floor Fitness Areas

- Equipment will be moved 6-10 feet apart.
- Two people allowed in the studio at a time. Wexer classes can be utilized but not in groups.

Second Floor Fitness Areas

- Every other cardio machine will be shut down.
- Equipment will be moved 6-10 feet apart.
- Two people allowed on the track. Middle two lanes will be closed. Track usage by reservation ONLY.

- Two people allowed in the circuit machine area at a time. Minimum of three pieces of equipment must be between members utilizing this area.
- Five members allowed to utilize the fitness studio at a time. Wexer virtual classes can be utilized but not in groups.
- Cardio equipment usage will be limited to a max of 30 minutes.

Locker Rooms

- Directional arrows will be placed on the floor for maximal social distancing route.
- Limited daily use locker availability.
- Middle two shower stalls will be closed.
- Middle two sinks will be closed.
- One urinal will remain open.

Stairwells

- Stairwells will be one directional. The back stairwell will be used for entering the second floor and the front stairwell will be used for exiting the second floor.

Equipment

- Resistance bands, airex pads, sliders, jump ropes, basketballs and TRX handles will be housed at the front desk to ensure proper sanitation after use.
- Various pieces of equipment will not be available for use, due to distancing issues. Please refrain from using equipment with "do not use" signage and caution tape.

Other Limitations

- Strict 75-person maximum capacity in the facility.
- A minimum of 6-feet of physical distancing between members.
- NO group or partner workouts will be permitted.
- Spotting of lifts will be performed by Kirmayer Fitness Center Staff ONLY.