

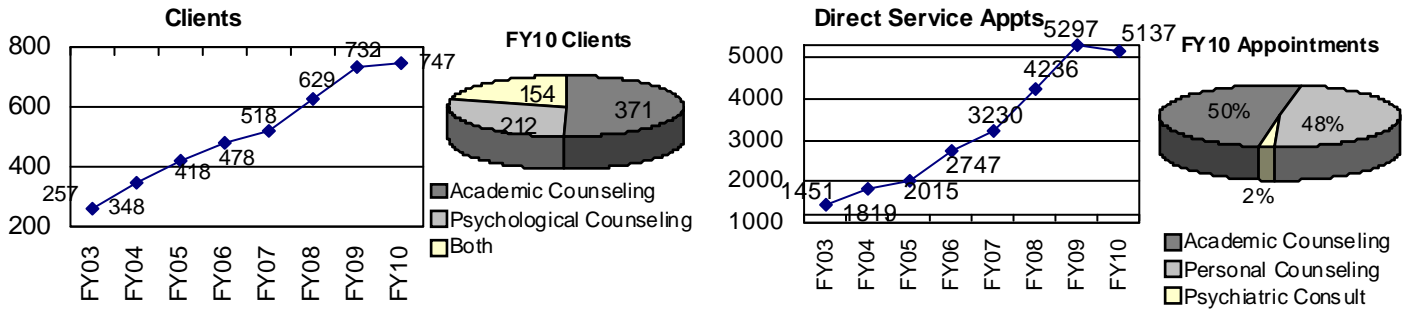
**Highlights of Services Provided By
Counseling & Educational Support Services
July 2009 – June 2010**



Educational, Psychological, and Psychiatric Services

All KUMC Students, Residents & Partners

- 747 attended educational, psychological, or psychiatric sessions (individual, group, couples or family formats).
 - 191% increase from FY 2003.
- 5,137 hours of sessions (254% increase from FY 2003).
- 69% of clients were seen for 5 or fewer sessions.
- 94 psychiatry appointments were provided to 44 individuals.



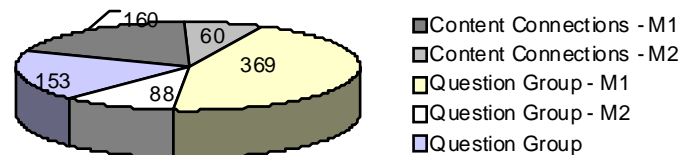
Freq. Educational Issues	Freq. Psychological Issues	Freq. Psychiatric Issues
<ul style="list-style-type: none"> • Study Skills • Test-Taking Skills • Test Anxiety 	<ul style="list-style-type: none"> • Stress • Depression • Anxiety 	<ul style="list-style-type: none"> • Dysthymia • Depression • Anxiety
<ul style="list-style-type: none"> • Time Management • Licensure Board Prep • Specialty Board Prep 	<ul style="list-style-type: none"> • Relationship Problems • Alcohol & Drug Abuse • Eating Disorders 	

All services were provided *confidentially* and at *no cost* to the participants. The psychologists provided crisis intervention on a 24 hour / day, 365 days / year basis.

Groups & Couples / Families

- 286 clients participated in groups and/or couples meetings
- 1,247 appointments were provided as educational groups, psychological groups, or couples therapy.
 - 301 couples and family appointments provided

FY10 Educational Group - Apts



Lectures & Outreach Presentations

- Presented 111 invited guest lectures or presentations to 4,731 participants.
 - 48 of the lectures and presentations were presented to 2,393 medical students or residents.

Licensing / Specialty Board Preparation

- CESS provided leadership and coordination of the KU Step Prep Board Review Course for Step 1.
 - Contributed 692 hours of staff time for the program's development and implementation.
 - 56 Students participated and 18 M4 facilitators and directors were trained and supervised
 - Provided 702 direct service appointments for Step 1 (Counseled 100% of the 2nd year medical students)
- Provided 45 appointments to 26 SOM M3 and M4 students preparing for USMLE Step 2.
- Provided 120 appointments to 34 residents preparing for inservice exams, Step 3 or specialty examinations.
- Worked with students individually and in groups to increase proficiency on licensing examinations with participants from Schools of Nursing and Allied Health.

Service Highlights

- ❖ 97 formal consultations & hundreds of informal consultations were provided to faculty and residency directors.
- ❖ 79 residency mock interviews were provided to 53 fourth-year medical students.
- ❖ Consulted monthly with SOM LEAP committee to support students who were underperforming academically.
- ❖ In support Student Health Service's medication evaluations, provided 10 ADD screening assessments.

We provide high quality educational support, psychological, and psychiatric services to students, residents, and fellows as they pursue their professional goals. Our approach to excellence in service is proactive, collaborative, confidential, and respectful. We are dedicated to promoting a healthy campus environment which enhances intellectual, emotional, and social growth opportunities.