Clinical psychology interns will be a part of the inpatient psychiatry treatment team as a representative of the Division of Psychology. As such the clinical psychology intern will perform the following activities as a team member:

1. Attend daily interdisciplinary psychiatry team staffing meetings to provide appropriate information regarding patients’ diagnostic status, behavioral, emotional, cognitive and clinical functioning, response to treatments and interventions, and relevant inpatient and outpatient treatment considerations.
2. Provide individual and group psychotherapy to patients while recognizing appropriate considerations given a patient’s diagnostic, sociodemographic, social/environmental and neuropsychological status.
3. Maintain an active caseload of patients during a given cohort’s hospitalization through which psychological services are provided.
4. Follow outpatients following discharge from the inpatient psychiatry service.
5. Attend psychology supervision to facilitate team membership goals.

The primary training goal of the rotation is to develop clinical expertise with this patient population. Participation as an inpatient psychiatry team member affords the intern an opportunity to be actively involved in a patient’s care and provides robust opportunity for professional and clinical skill development. As such the clinical psychology intern will strive to achieve the following goals/competencies:

1. Develop an understanding and familiarity with a variety of psychotherapeutic interventions and treatment plans (e.g., CBT, DBT, interpersonal psychotherapy, problem-focused psychotherapy, client-centered, supportive) appropriate for implementation given the specific needs of an inpatient.
2. Develop an understanding and familiarity with the potential impact of neuropsychological considerations and factors impacting a patient’s behavioral, emotional, and cognitive functioning.
3. Develop skills relevant to psychological assessment and report writing relative to a patient’s clinical and functional status (e.g., psychodiagnostic and cognitive testing/screening) in the context of a multidisciplinary psychiatric treatment team.
4. Develop expertise in working with patients of varying levels of functional difficulties.

Interns will also be involved in general medical consultation-liaison services as part of the psychology consultation service. This activity will allow application of skills developed in acute psychiatric practice to general medical patients, and the intern will develop competency in providing brief evaluation and intervention services with these patients.

The Child Inpatient Psychiatric Rotation is housed at the Marillac Center, an off-site facility. Marillac Center is staffed by the University of Kansas Medical Center’s Psychiatry and Behavioral Sciences faculty including psychology. The psychology intern rotation will include multidisciplinary teamwork and provision of inpatient testing services at Marillac Center as well as group psychotherapy. The facility houses both residential and acute psychiatric patients. Most acute hospitalizations are short in duration, requiring timeliness in provision of testing feedback to the treatment team after administration of testing. Interns will learn to effectively communicate with the treatment team and to recognize the limitations of assessment and intervention methods within the short time frame and acute nature of the inpatient stay. Interns will work together with treatment staff to coordinate and communicate their findings and recommendations to both treatment providers and patient’s families and to write appropriate therapy notes.

A portion of the rotation will be at the outpatient psychiatric clinic at Kansas University Medical Center where interns may provide outpatient evaluation and individual and family psychotherapy as well as testing and screening services. Interns will likely participate in some psychotherapy or family therapy cases over a longer term, ideally across their internship. Interns will
work in concert with Kansas University Medical Center psychiatry clinic staff to provide comprehensive treatment services, as well as with schools, community supports, case managers, and other patient treatment providers. Interns will learn the electronic documentation system and how to best utilize it in their provision of services and for appropriate documentation. This is a full rotation which will entail approximately 50-60% of the intern’s time.

The successful intern will emerge from the experience with the ability to:

1. Competently administer psychological evaluations to children and adolescents in an inpatient setting.
2. Competently provide psychotherapy to children and adolescents through group, individual and/or family modalities
3. Work effectively with the inpatient multidisciplinary team.

Outpatient Psychiatry Clinic (Adult and Child)
(Required Activity)
Supervisor: Various Faculty Supervise These Cases

All interns will participate in outpatient evaluation and treatment of patients with mental health needs, including both adults and children. These should include patients from the outpatient psychiatry clinic, and may include patients seen via telemedicine and various clinical placements and rotations. Interns will carry a caseload of eight to 10 patients who may be seen weekly, bi-weekly, or occasionally. This activity will take approximately 4-8 hours of the interns’ time; fewer patients will likely be seen in the first quarter, with increasing activity in subsequent quarters. Psychological evaluations may include the comprehensive evaluations for bariatric surgery described below, but should be supplemented by other evaluation experiences.

The intern will achieve the following competencies:

1. Know how to deliver effective, evidence-based interventions to mental health patients on an outpatient basis who have varying mental health diagnoses. This should include, minimally, patients who have mood disorders, psychotic disorders, and personality disorders.
2. Know how to perform comprehensive psychological evaluations with outpatients utilizing objective, cognitive, and observer-focused instruments.

Bariatric Evaluation Service
(Required Activity)
Supervisor: Edward E. Hunter, Ph.D., ABPP

This is a service which involved completing psychological evaluations of patients preparing to undergo bariatric surgery. These individuals are provided with an evaluation which identifies areas of behavioral health, including any concerns and recommendations. The evaluations also cover risk factors for bariatric evaluation and recommendations for change. In some cases, interns may elect to participate in ongoing behavioral interventions with the patients. Interns will also participate in the educational experience which pre-bariatric patients receive, and will attend/participate in support groups.

This activity will involve one to two evaluations per week for one quarter, and take a total of 3-5 hours of time. The educational seminar is a one-time three hour activity, and the intern will attend at least two support groups which take place in the evening.

Successful interns will emerge from this experience with the follow competencies.

1. Know how to conduct a pre-bariatric psychological evaluation.
2. Have a general understanding of bariatric surgery and lifestyle changes that are required of patients who undergo this treatment.
3. Understand behavioral risk factors involved in success of bariatric surgery and to make recommendations for the patient with risk factors.
4. For interns electing to follow up with interventions, be able to provide behavioral health interventions related to bariatric surgery and obesity.
Neurorehabilitation Psychology Inpatient Consult Service  
(Full Elective Rotation)  
Supervisor: Monica F. Kurylo, Ph.D., ABPP

The psychology intern is trained to perform basic and essential functions consistent with the work of a clinical psychologist on rehabilitation and other medical units a hospital setting. The intern works with the postdoctoral fellow and neurorehabilitation psychologist at KU Medical Center to provide services (assessment, psychotherapy, individual and group therapy) to adolescents and adults with diverse diagnoses, including traumatic and non-traumatic brain and spinal cord injury, burn injury, orthopedic injuries, neurological diagnoses, oncological diagnoses, and other medical conditions requiring rehabilitation services. The intern also provides consultation to trauma, burn, surgery, and medicine services within the medical center.

The inpatient rehabilitation unit is a 29 bed acute and short-term rehabilitation unit for people with physical and cognitive difficulties resulting from trauma and/or disease. The unit is staffed by a multidisciplinary team including rehabilitation medicine physicians (physiatrists), rehabilitation nurses, occupational and physical therapists, speech language pathologists, a social worker, a nutrition specialist/dietician, a clinical pharmacist, a recreational therapist, and the neurorehabilitation psychologist and postdoctoral fellow (neurorehabilitation psychology services). The team meets twice weekly to discuss patients currently on the unit and determine treatment goals, plan of care, and discharge.

The intern will also participate in weekly multidisciplinary burn unit staff meetings (the burn unit is a 15 bed unit including 4 ICU beds), and will observe other therapy sessions on the rehabilitation unit (speech, physical, and occupational therapies). As a member of the rehabilitation and burn treatment teams, the neurorehabilitation psychology group (neurorehabilitation psychologist, psychology intern, and postdoctoral fellow) evaluates, monitors, and treats mood and cognition, administers cognitive and emotional screens, gives feedback and education to patients, families and staff, and provides psychological treatment (e.g., CBT, relaxation training, supportive counseling). The neurorehabilitation psychology group is also called to other units in the hospital for similar consultative services.

The Neurorehabilitation rotation is a full (approximately 60%) time elective rotation which last three months.

The successful intern with emerge from training with the ability to:

1. Independently conduct a neuropsychological screening evaluation, including administration and scoring of standard cognitive screening instruments. Write an evaluation report, including elements found in medical records and in clinical interview with the patient and family, and formulate a treatment plan.
2. Independently conduct an evaluation of psychological functioning, including administration and scoring of standard screening instruments of mood. Write an evaluation report including elements found in medical records and in clinical interview with the patient and family, and formulate a treatment plan.
3. Have an understanding of a diversity of medical diagnoses and be able to apply that understanding to properly and thoroughly evaluate and treat the psychosocial needs of patients, provide education to patients and families, and work on a treatment team with staff to help them understanding how best to work with and treat individuals in a medical setting.
4. Work within a medical team setting to evaluate, treat, provide education to patients, families, and staff, and cooperatively intervene in conjunction with other health disciplines using best practices of care. Provide brief verbal summaries of assessment findings on specific inpatient(s) to the inpatient treatment team during weekly staffing conference.

The Cancer Center  
(Full Elective Rotation)  
Supervisor: Meagan Dwyer, Ph.D.

The Cancer Center is a comprehensive multidisciplinary outpatient facility which includes psychological services (psychology) for the patient population served. It is a National Cancer Institute (NCI) designated cancer center.

The psychology intern at University of Kansas Cancer Center provides services, such as individual, couples, or family therapy, pre-transplant evaluation for blood and marrow transplant, psychological testing or screening, health and behavior consultation and intervention, and urgent needs consultation to cancer patients.
The intern also provides consultation and works in collaboration with the interdisciplinary treatment teams throughout the cancer center. Such teams are comprised of oncology physicians, nurse practitioners, nurses, social workers, dietitians, pharmacists, and medical assistants, along with medical trainees, such as medical students and residents.

The intern may be involved in Tumor Board meetings as well as daily clinic activities. The intern will serve patients in the outpatient treatment, clinic, and consultation areas of the cancer center. The intern will meet once weekly with a cancer center onco-psychology faculty member for individual supervision, and will also meet once weekly with all clinical onco-psychology staff for group supervision.

This is a full rotation (approximately 60%) time.

The successful intern will:

1. **Gain an extensive knowledge of the variety of medical illness represented in the Cancer Center population.**
2. **Conduct competent psychological evaluations and psychotherapy with individuals suffering from a variety of forms of cancer including brief and crisis-oriented therapy as well as more traditional therapy.**

### Primary Care Rotation
(Full Elective Rotation)
Supervisor: Wendi Born, Ph.D.

This rotation will involve the delivery of services within a primary care setting including underserved groups. Services may include psychotherapy individual, group and family, psychological evaluation and participation and consultation on a multidisciplinary team involving an innovative approach to patient care. There will be focuses on both traditional delivery of mental health services in this population and, more importantly, the coordination of services with multidisciplinary involvement.

1. **Medical Student Clinic. Every morning and Wednesday afternoons.** Patients are treated in a team fashion and behavioral health issues are a common reason for the psychologist to be involved.
2. **Individual Patients by Appointment.** More traditional mental health or behavioral health concerns. May include follow-ups from the Med Student Clinics visits.
3. **Behavioral Health Group.** Focus on patients diagnosed with an anxiety or mood disorder. Cognitive-behavioral focus.

This rotation is approximately 60% for three months.

Students who complete this rotation can be expected to meet the following objectives:

1. **Work cooperatively as part of an interdisciplinary group during a primary care visit with caregivers from medicine, nursing, and pharmacy.**
2. **Deliver brief behavioral interventions for common concerns, such as sleep problems, smoking cessation, depression, and anxiety in the context of an interdisciplinary primary care visit.**
3. **Effectively document brief visits in ways that enhance patient care in a primary care environment.**

### University of Kansas Center for Telemedicine and Telehealth
(Required Placement for Underserved Populations Track Interns)
Supervisors: Eve-Lynn Nelson, Ph.D., Elizabeth C. Penick, Ph.D.

The purpose of the KU Center for Telemedicine & Telehealth is to provide the citizens of Kansas the best available healthcare while providing Kansas’ health professionals the best available health education.

Clinical telemedicine services offered by the University of Kansas Center for Telemedicine & Telehealth connect patients and health practitioners throughout the state of Kansas. Many hospitals and clinics around the state are equipped with video conferencing systems that allow them to collaborate with KUCTT to provide clinical consults. Physicians and patients can consult with other physicians or health care professionals who specialize in an area of need.
KUCTT has provided more than 30 medical specialties to patients throughout the state. These services include adult and child psychology and psychiatry.

Interns will participate in the provision of telemental health services including psychological evaluations and treatment to adults and children in rural and other underserved areas throughout the State of Kansas. Training may include providing services to the Bull Docs Clinic, an innovative program run through Wyandotte High School which is in an underserved area. Interns may have more emphasis on children, adolescents, and families, although adults are also served.

Upon completion, Interns will:

1. Learn to use telehealth technology through KUCTT.
2. Develop competence and experience in delivery of mental health services using telemedicine technology.

Interns will typically devote approximately one half day per week on the telemedicine service.

**Ryan White Clinical Psychology Intern Activity**  
(Underserved Track Elective Activity)

**Supervisor:** Ashley Coleman, LMSW, Rosalyn Madden, MSW, LCSW  
**Training Supervisors:** Elizabeth Penick, Ph.D., ABPP, Jason Carrigan, MA, LPC

This is a year-long set of clinical activities which will entail approximately two hours per week on average, with the hours serving as outpatient clinical time. The major activity will involve providing psychotherapy, but also some psychological testing, for persons living with HIV/AIDS (PLWH/A) who are enrolled in the Ryan White Program. They will also participate in several learning activities noted below. This Federal program serves as a safety net in providing services to individuals with no other means of receiving help.

**Training**

The intern will receive specialized training including didactic activity, readings, and other guidance in order to understand the unique circumstances in this patient population and its representatives.

**Activities**

The intern will carry approximately two patients over the course of their experience. They would be generally seen in the outpatient clinic at KUMC. In addition, the intern may be able to conduct a complete psychological evaluation when appropriate.

In addition, the intern will:

1. Do one or more focused presentations on a mental health topic in the monthly support groups for PLWH/A.
2. Do a topical presentation to the Ryan White team at KUMC.

Interns may also have opportunity to do one or more of the following:

1. Attend World AIDS Day.
2. Attend a Health Fair for PLWH/A

The intern participating in this activity will:

1. Develop a basic but comprehensive understanding of HIV/AIDS as a medical issue,
2. Develop an understanding of the goals of the Ryan White program such as self-management of the virus.
3. Develop an understanding of the unique and varied circumstances of the PLWH/A who receive services through Ryan White.
4. Learn how to provide effective psychological services and integrate with the multidisciplinary Ryan White team.
Preventive Medicine Rural Interventions for Breast Cancer Survivors Program  
(underserved Track Elective Activity)  
Supervisors: Christie Befort, Ph.D.

This rotation involves work on a grant project investigating the efficacy of a weight loss program with rural breast cancer survivors. This innovative study has enrolled over 200 people from rural areas with limited access to health care, and conducts the psycho-educational, behavioral and cognitive interventions over the telephone in a group format.

Interns will learn how to administer an evidence-based weight loss program, experience and participate in a novel format for delivery of the intervention, learn about the culture and challenges of individuals in rural settings with limited access to sophisticated health care, learn about the interaction of obesity or overweight status with a medical illness, and participate in a team delivery format with other professionals. Obesity and overweight are extremely concerning health risk factors, and psychologists involved in health care can play an active role and develop programs to address obesity and overweight status, including delivery to underserved populations.

The clinical activities last for six months and will involve approximately 1-2 hours per week on average, with occasional more intensive activity as described below. The activity will begin with an orientation by the project director, Christie Befort, who will read the study plan and assign any other relevant readings. Interns will need to take the Human Subjects Protection* training online before they can work with participants.

1. Lead group sessions as guest presenter:
   
   This is an opportunity to interact with people in the weight loss program, learn several interventions, and conduct several groups. Interns will be guest leaders for 1-2 groups per month. Sessions are conducted according to topics, and they involve interaction and facilitation of discussion. Example topics include: Body Image, Fear of Recurrence, Decisions, Building a Beautiful Body Image, and Managing Stress. These last one hour and the intern would schedule to be available to conduct the telephone group from about 5:00 pm to 6:30 pm. The intern will have the Team Leader present.

2. Travel to site testing sessions:
   
   This is an opportunity to have in-person contact with people in the study and a chance to learn firsthand about the cultural factors involved in rural healthcare and characteristics of this population. Additionally, the intern will learn about measurement and assessments necessary in evaluating individuals for the weight loss program. The interns will attend one or two site sessions during the rotation. Some are day long and some involve an overnight stay with expenses compensated. The intern will collect or participate with the team in gathering such information as quality of life, symptoms; other measurements from the multidisciplinary team are also obtained (e.g. blood work).

3. Interns will participate in at least two group supervision sessions primarily devoted to the functioning of the program's multidisciplinary members and data collection, one of which should be attended prior to delivery of an intervention.

4. Additionally, they will have opportunity to develop aspects of the group leader training manual for the session topics that they assist with presenting.

The intern will emerge from the experience with the following competencies:

1. Have a general understanding of how to administer an evidence-based weight loss program.
2. Have a working knowledge of how to deliver group-based rural weight loss interventions via telephone.
3. Have a good understanding of the culture and challenges of individuals in rural settings with limited access to sophisticated health care.
4. Have good knowledge of the interaction of obesity or overweight status with breast cancer, and participate in a team delivery format with other professionals.
5. Have the ability to work with a multidisciplinary team in gathering information and delivering these health interventions.

* Human Subjects Protection Training: Search “Chalk” on the KUMC. Enter password and find the Human Subjects Protection module.
Kansas Association for the Medically Underserved (KAMU)
Smoking Cessation and Obesity Grant Activity
(Underserved Track Elective)
Supervisor (PI): Kimber Richter, Ph.D., MPH

This is a program designed to help Federally Qualified Health Centers (FQHC’s) and other safety net health care facilities to address smoking cessation and obesity among their patients. The focus of the program is on training the professionals who have direct involvement with the patients in these clinics. The program includes web-based training modules, in the form of Voice over Powerpoint slide shows, for clinic staff; “academic detailing” site visits; and supportive tools to help clinics do a better job screening for and treating tobacco dependence and obesity. The KAMU website shows a brief description of the project at the following link:

http://www.kamuonline.org/programs-services/grant-initiatives/tobacco-and-obesity-mini-grant/

Interns will:

1. Learn how to design interventions to train professionals in this important health risk-factor behavior.
2. Learn about the culture of these populations and clinics, and begin to develop ways of addressing barriers to training and delivery of interventions in these settings.

Interns participating in these activities will be able to successfully:

1. Use clinician feedback to critique and revise webinars and accompanying tools.
2. Assist in conducting at least one site visit to collect feedback from clinicians and help sites set goals for quality improvement.
3. Collect and summarize data to evaluate and improve the project.

This activity is anticipated to take approximately 20 hours total time in 1-2 of the 3 quarters of the internship.

Osawatomie State Hospital Rotation (tentative)
(Underserved Track Elective Rotation)
Supervisor: Aileen Dennis, Ph.D.

The psychology intern at Osawatomie State Hospital provides services including patient interviews, individual and group therapy, assessment of dangerousness, psychological testing, and neuropsychological screenings to adults with severe and persistent mental illness. The intern provides consultation to patients and works with the interdisciplinary treatment teams (IDT) on the Managing and Preventing Symptoms Program (MAPS) for thought disordered patients. There are two MAPS inpatient units at Osawatomie State Hospital, which are short-term to intermediate-term 30-bed units, each with an interdisciplinary team (IDT) composed of a psychiatrist, psychologist, social worker, and nurse. The team meets daily, Monday through Friday, to evaluate and discuss patients receiving treatment on their respective unit, to develop treatment plans and goals, and to develop discharge plans. The psychology intern works on the program, and participates in report and team meetings with the IDT, administers psychological testing, completes Dangerousness Risk Assessments, writes treatment plans, and provides individual and group therapies on the programs.

An important aspect of this training is to learn how to conduct these clinical activities with sensitivity to the cultural, economic and geographical factors which affect treatment. These factors can constitute barriers to high quality health care to the patient populations at the hospital that are considered to be underserved.

This is a full rotation (60% time) over a three month period. The intern travels to Osawatomie State Hospital in Osawatomie, Kansas (30 minutes South of Olathe, Kansas) three days of the week during the rotation.

Intern Competencies to complete during the Osawatomie State Hospital Rotation:

1. Participate in clinical meetings in a Multi-disciplinary Treatment Team and complete documentation.
2. Complete 2 full psychological evaluations/reports.
3. Follow individual therapy patients through the rotation with supportive therapy and follow up and documentation.

4. Facilitate a psychotherapy group with a co-therapist through the rotation; documentation with progress notes

The intern who selects the Osawatomie Inpatient Rotation is required to complete an additional background check and drug screen, as well as additional mandatory training of Osawatomie State Hospital’s Hospital-Wide Orientation (2 days), Therapeutic Options (2 days), and CPR (2 hrs.) before the intern is able to begin working on the treatment program.

Supervision is at least one hour weekly, however, your supervisor is accessible and available, as needed throughout the rotation.

*Therapeutic Options (T.O.) is a course to provide information regarding therapeutic communication and methods to assist in keeping the staff safe in difficult situations.

**Other Activities**

**Underserved Populations Touring Activity**
(Required activity for underserved track; comprehensive track interns may be able to participate, time and space permitting)

Supervisor: Edward E. Hunter, Ph.D.

This activity entails interns making a series of supervised day trips to several facilities in rural and underserved areas of Kansas and Missouri. These will include a state hospital, Federally Qualified Health Centers, rural mental health center, American Indian reservations, and other facilities as available in time permitting. These take place on several days throughout the internship year. Each involve meeting with facility staff who will provide information about the facilities, the populations served, the needs of the communities, opportunities for psychologists and other providers for service, and, as appropriate, a tour of the facility.

The objectives of the program are:

1. **Interns will increase their understanding of the types of facilities which serve rural and underserved populations**
2. **Interns will learn about opportunities for service in medically underserved areas and more generally with underserved individuals**
3. **Interns will learn unique characteristics of particular facilities and the local cultures of several underserved areas in Kansas.**

This activity is anticipated to take four to five specific full days spread over the course of the internship (interns will be excused from other activities to attend this activity).
Health Career Pathways Activity  
(Required activity for underserved track interns)  
Supervisor: Marcia Pomeroy

This activity enables interns and the internship program to foster the vocational development of high school students interested in health careers. Many of the students represent minority groups and are from disadvantaged backgrounds. Interns assist students by allowing them to “shadow” their activities during a typical day for approximately three days. They also meet with students interested in health careers to discuss their own experiences and provide information about health careers in psychology. Interns get to know the students in the program and are available to at least one intern throughout the year in order to encourage their growth.

Interns will learn to:

1. **Provide support to a high school student interested in pursuing a health career**
2. **Present information about careers in psychology at a level that is helpful to high school students**
3. **Appreciate the cultural and economic barriers that affect students achieving their vocational goals.**

Area Health Education Center (AHEC) Activity  
(Required activity for underserved track interns)  
Supervisor: Mary Beth Warren, RN

This activity will help interns to learn local cultures in underserved areas and offer educational activities to consumers, professionals and the general public in these settings. Part of the activity will include the touring of some relevant facilities in these communities as early as possible in the internship program. With this knowledge, interns will work with the Statewide Office Executive Director of the KU Area Health Education Center to design a presentation. In addition, interns will present via interactive television or in person talks to high school students about topics relevant to mental health or mental health careers.

Interns will learn:

1. **How to conduct a needs assessment in an underserved community.**
2. **Provide an educational offering sensitive to the cultural factors relevant to that community**
3. **Provide assistance to high school students to learn about mental health and mental health careers.**

In addition to the touring activities, this activity is anticipated to take approximately 20 hours of the intern’s time over the course of the year.