Detailed Description of Rotations and Activities

Adult Inpatient Psychiatry Rotation  
(Full Required Rotation)  
Supervisor: Albert “Buddy” Poje, Ph.D.

Clinical psychology interns will be a part of the inpatient psychiatry treatment team as a representative of the Division of Psychology. As such, the clinical psychology intern will perform the following activities as a team member:

1. Attend daily interdisciplinary psychiatry team staffing meetings to provide appropriate information regarding patients’ diagnostic status, behavioral, emotional, cognitive and clinical functioning, responses to treatments and interventions, and relevant inpatient and outpatient treatment considerations.
2. Provide individual and group psychotherapy to patients while recognizing appropriate considerations given a patient’s diagnostic, sociodemographic, social/environmental and neuropsychological status.
3. Maintain an active caseload of patients during a given cohort’s hospitalization through which psychological services are provided.
4. Follow outpatients following discharge from the inpatient psychiatry service.
5. Attend psychology supervision to facilitate team membership goals.

The primary training goal of the rotation is to develop clinical expertise with this patient population. Participation as an inpatient psychiatry team member affords the intern an opportunity to be actively involved in a patient’s care and provides robust opportunity for professional and clinical skill development.

Skill Development Areas:

1. Understand a variety of psychotherapeutic interventions and treatment plans (e.g., CBT, DBT, interpersonal psychotherapy, problem-focused psychotherapy, client-centered, supportive) appropriate for implementation given the specific needs of an inpatient.
2. Understand the potential impact of neuropsychological considerations and factors impacting a patient’s behavioral, emotional, and cognitive functioning.
3. Achieve skills relevant to psychological assessment and report writing relative to a patient’s clinical and functional status (e.g., psychodiagnostic and cognitive testing/screening) in the context of a multidisciplinary psychiatric treatment team.
4. Achieve expertise in working with patients of varying levels of functional difficulties.
5. Interns will also be involved in general medical consultation-liaison services as part of the psychology consultation service. This activity will allow application of skills developed in acute psychiatric practice to general medical patients, and the intern will develop competency in providing brief evaluation and intervention services with these patients.
Child Inpatient/Outpatient Psychiatry Rotation
(Full Required Rotation)
Supervisor: Teri Smith, Ph.D.

The Child Inpatient Psychiatry Unit is housed at the Marillac Center, an off-site facility. Marillac Center is staffed by the University of Kansas Medical Center’s Psychiatry and Behavioral Sciences faculty including psychology. The psychology intern rotation will include multidisciplinary teamwork and provision of inpatient testing services at Marillac Center as well as group psychotherapy. The facility houses both residential and acute psychiatric patients. Most acute hospitalizations are short in duration, requiring timeliness in provision of testing feedback to the treatment team after administration of testing. Interns will learn to effectively communicate with the treatment team and to recognize the limitations of assessment and intervention methods within the short time frame and acute nature of the inpatient stay. Interns will work together with treatment staff to coordinate and communicate their findings and recommendations to both treatment providers and patient’s families and to write appropriate therapy notes.

A portion of the rotation will be at the outpatient psychiatric clinic at Kansas University Medical Center where interns may provide outpatient evaluation and individual and family psychotherapy, as well as testing and screening services. Interns will likely participate in some psychotherapy or family therapy cases over a longer term, ideally across their internship. Interns will work in concert with Kansas University Medical Center psychiatry clinic staff to provide comprehensive treatment services, as well as with schools, community supports, case managers, and other patient treatment providers. Interns will learn the electronic documentation system and how to best utilize it in their provision of services and for appropriate documentation.

This is a full rotation which will entail approximately 50-60% of the intern’s time.

Skill Development Areas:

1. Competently administer psychological evaluations to children and adolescents in an inpatient setting.
2. Competently provide psychotherapy to children and adolescents through group, individual and/or family modalities.
3. Work effectively with the inpatient multidisciplinary team.

Additional child psychology experiences may be available during the internship. These include work with inpatients through Behavioral Pediatrics, as well as through the Center for Child Health and Development (evaluations of patients with questions of developmental disorders).
Outpatient Psychiatry Clinic (Adult and Child)  
(Required Activity)  
Supervisor: Various Faculty Supervise These Cases

All interns will participate in outpatient evaluation and treatment of patients with mental health needs, including both adults and children. These should include patients from the outpatient psychiatry clinic, and may include patients seen via telemedicine and various clinical placements and rotations. Interns will carry a caseload of 8 to 10 patients who may be seen weekly, bi-weekly, or occasionally. This activity will take approximately 4-8 hours of the interns’ time; fewer patients will likely be seen in the first quarter, with increasing activity in subsequent quarters. Psychological evaluations may include the comprehensive evaluations for bariatric surgery or other specialty evaluations, but should be supplemented by other assessment experiences.

Skill Development Areas:

1. Know how to deliver effective, evidence-based interventions to mental health patients on an outpatient basis who have varying mental health diagnoses. This should include, minimally, patients who have mood disorders, psychotic disorders, anxiety disorders and personality disorders.
2. Know how to perform comprehensive psychological evaluations with outpatients utilizing objective, cognitive, and observer-focused instruments.
Neurorehabilitation Psychology Inpatient Consult Service  
(Full Elective Rotation)  
Supervisor: Monica F. Kurylo, Ph.D., ABPP

The psychology intern is trained to perform basic and essential functions consistent with the work of a clinical psychologist on the rehabilitation, burn, and other medical units a hospital setting. The intern works with the postdoctoral fellow and neurorehabilitation psychologist at KU Medical Center to provide services (brief screening assessments of cognition and mood, brief and focused psychotherapeutic interventions, psychoeducation, and occasional presentations to burn survivor and TBI survivor groups) to adolescents and adults with diverse diagnoses, that typically includes traumatic and non-traumatic brain and spinal cord injury, stroke, burn injury, limb amputation, orthopedic injuries, neurological diagnoses (such as multiple sclerosis and Guillian Barre syndrome), oncological diagnoses (including brain tumor and debility from treatments), solid organ transplants, and other medical conditions requiring rehabilitation services. The intern also participates in providing consultation and services to burn, trauma/surgery, and other medicine services within the medical center.

The inpatient rehabilitation unit is a 29 bed acute and short-term rehabilitation unit for people with physical and cognitive difficulties resulting from trauma and/or disease. The burn unit is a 15 bed unit including 4 ICU beds. Each unit is staffed by a multidisciplinary team including rehabilitation medicine physicians (physiatrists) and medical rehabilitation resident physicians, rehabilitation nurses, occupational and physical therapists, speech language pathologists, a social worker, a nutrition specialist/dietician, a clinical pharmacist, an activities specialist, and the neurorehabilitation psychologist and postdoctoral fellow (neurorehabilitation psychology services). The team meets twice weekly to discuss patients currently on the unit and determine treatment goals, plan of care, and discharge; the intern typically attends and participates in at least one of these two meetings each week. On the burn unit, the intern typically also participates in weekly multidisciplinary burn unit staff meetings.

At the beginning of the rotation, interns will observe other therapy sessions on the rehabilitation unit (speech, physical, and occupational therapies) as well as social work/case management. As a member of the rehabilitation and burn treatment teams, the neurorehabilitation psychology group (neurorehabilitation psychologist, psychology intern, and postdoctoral fellow) evaluates, monitors, and treats mood and cognition, administers cognitive and emotional screens, gives feedback and education to patients, families and staff, and provides psychological treatment (e.g., CBT, relaxation training, supportive counseling). The neurorehabilitation psychology group is also called to other units in the hospital for similar consultative services.

The Neurorehabilitation rotation is a full (approximately 60%) time elective rotation which last three months.

Skill development areas:

1. Independently conduct a neuropsychological screening evaluation, including administration and scoring of standard cognitive screening instruments. Write an evaluation report, including elements found in medical records and in clinical interview with the patient and family, and formulate a treatment plan.
2. Independently conduct an evaluation of psychological functioning, including administration and scoring of standard screening instruments of mood. Write an evaluation report including elements found in medical records and in clinical interview with the patient and family, and formulate a treatment plan.
3. Have an understanding of a diversity of medical diagnoses and be able to apply that understanding to properly and thoroughly evaluate and treat the psychosocial needs of patients, provide education to patients and families, and work on a treatment team with staff to help them understanding how best to work with and treat patients with mental health and cognitive and behavioral needs in a medical setting.
4. Work within a medical team setting to evaluate, treat, provide education to patients, families, and staff, and cooperatively intervene in conjunction with other health disciplines using best practices of care. Provide brief verbal summaries of assessment findings on specific inpatient(s) to the inpatient treatment team during weekly staffing conference.
5. Demonstrate an understanding of and attend to issues of cultural and individual diversity as it applies to patients, their families, and staff, on the rotation.
The Cancer Center
(Full Elective Rotation)
Supervisor: Meagan Dwyer, Ph.D.

The Cancer Center is a comprehensive multidisciplinary outpatient facility which includes psychological services (psycho-oncology) for the patient population served. It is a National Cancer Institute (NCI) designated cancer center.

The psychology intern at University of Kansas Cancer Center provides services, such as individual, couples, or family therapy, pre-transplant evaluation for blood and marrow transplant, psychological testing or screening, health and behavior consultation and intervention, and urgent needs consultation to cancer patients.

The intern also provides consultation and works in collaboration with the interdisciplinary treatment teams throughout the cancer center. Such teams are comprised of oncology physicians, nurse practitioners, nurses, social workers, dietitians, pharmacists, and medical assistants, along with medical trainees, such as medical students and residents.

The intern may be involved in Tumor Board meetings as well as daily clinic activities. The intern will serve patients in the outpatient treatment, clinic, and consultation areas of the cancer center. The intern will meet once weekly with a cancer center Psycho-Oncology faculty member for individual supervision, and will also meet once weekly with all clinical Psycho-Oncology staff for group supervision.

This is a full rotation approximately 60% of the time.

Skill Development Areas:

1. Gain an extensive knowledge of the variety of medical illness represented in the Cancer Center population.
2. Conduct competent psychological evaluations and psychotherapy with individuals suffering from a variety of forms of cancer including brief and crisis-oriented therapy as well as more traditional therapy.
Primary Care Rotation  
(Full Elective Rotation)  
Supervisor: Wendi Born, Ph.D.

This rotation will involve the delivery of services within a primary care setting including underserved groups. Services may include psychotherapy individual, group and family, psychological evaluation and participation and consultation on a multidisciplinary team involving an innovative approach to patient care. There will be focuses on both traditional delivery of mental health services in this population and, more importantly, the coordination of services with multidisciplinary involvement.

1. Medical Student Clinic: Every morning and Wednesday afternoons. Patients are treated in a team fashion and behavioral health issues are a common reason for the psychologist to be involved.
2. Individual Patients by Appointment: More traditional mental health or behavioral health concerns. May include follow-ups from the Med Student Clinics visits.

This is a full rotation is approximately 60% of the time for three months. Skill Development Areas:

1. Work cooperatively as part of an interdisciplinary group during a primary care visit with caregivers from medicine, nursing, and pharmacy.
2. Deliver brief behavioral interventions for common concerns, such as sleep problems, smoking cessation, depression, and anxiety in the context of an interdisciplinary primary care visit.
3. Effectively document brief visits in ways that enhance patient care in a primary care environment.
University of Kansas Center for Telemedicine and Telehealth
(Optional Activity) Maximum of two interns per year.
Supervisors: Eve-Lynn Nelson, Ph.D., and Elizabeth C. Penick, Ph.D., ABPP

The purpose of the KU Center for Telemedicine & Telehealth is to provide the citizens of Kansas the best available healthcare while providing Kansas’ health professionals the best available health education.

Clinical telemedicine services offered by the University of Kansas Center for Telemedicine & Telehealth connect patients and health practitioners throughout the state of Kansas. Many hospitals and clinics around the state are equipped with video conferencing systems that allow them to collaborate with KUCTT to provide clinical consults. Physicians and patients can consult with other physicians or health care professionals who specialize in an area of need.

KUCTT has provided more than 30 medical specialties to patients throughout the state. These services include adult and child psychology and psychiatry.

Interns will participate in the provision of Telemental health services including psychological evaluations and treatment to adults and children in rural and other underserved areas throughout the State of Kansas. Noteworthy is that a large proportion of services are provided to children and adolescents with mental health problems, as well as assistance to these families.

Training may also include providing services to the Bull Docs Clinic, an innovative program run through Wyandotte High School which is in an underserved area. Interns may have more emphasis on children, adolescents, and families, although adults are also served.

Skill Development Areas:

1. Learn to use telehealth technology through KUCTT.
2. Develop competence and experience in delivery of mental health services using telemedicine technology.

Interns will typically devote approximately one half day per week on the telemedicine service.
Ryan White Clinical Psychology Intern Activity  
(Optional Activity) Open to one intern per year  
Director: Caitlin Lisk, LCSW  
Training Supervisor: Elizabeth C. Penick, Ph.D., ABPP

This is a year-long set of clinical activities which will entail approximately two hours per week on average, with the hours serving as outpatient and inpatient clinical time. The major activity will involve providing psychotherapy and psychological testing for persons living with HIV/AIDS (PLWH/A) who are enrolled in the Ryan White Program. This program provides services to those affected by HIV/AIDS with no other means of receiving help.

**Training**

The intern will receive individualized training with the director of this program to understand the unique circumstances within this patient population. The intern will be provided readings, didactic activity, and research regarding areas of clinical effectiveness within the Ryan White population. The intern will understand the basics of HIV/AIDS as a medical diagnosis, the health implications on the body, treatment adherence, and common stress factors endured by this population.

**Activities**

The intern will be referred appropriate clients by the Ryan White team for individual therapy. These clients will be seen at the outpatient clinic at The University of Kansas Hospital. In addition, the intern may be able to conduct a complete psychological evaluation when appropriate. The intern will participate in Ryan White team meetings when available; these meetings will be used to case consult and provide expertise regarding mental health conditions in relation to treatment adherence and appointment attendance. The intern will be available to assist with those admitted to University of Kansas Hospital that would benefit from mental health referrals while inpatient. There will be focus on multidisciplinary involvement within each of these referral scenarios, utilizing the Ryan White Case Management team and Infectious Disease Clinic whenever appropriate.

**Skill Development Areas:**

1. Develop a basic but comprehensive understanding of HIV/AIDS as a medical issue
2. Develop an understanding of the goals of the Ryan White program such as self-management of the virus.
3. Develop an understanding of the unique and varied circumstances of the PLWH/A who receive services through Ryan White
4. Learn how to provide effective psychological services and integrate with the multidisciplinary Ryan White team

Intern involvement will depend to some extent on the intern training plan, but may entail as much as four hours per week for two or more quarters.
Other Activities

Underserved Populations Tour Activity
(Optional) Open to all interns.
Supervisor: Edward E. Hunter, Ph.D.

This activity entails interns making a series of supervised day trips to several facilities in rural and urban underserved areas of Kansas and Missouri. These will include a state hospital, Federally Qualified Health Center, and rural mental health center, American Indian reservation health service or research activity, and other sites as available in time permitting. These take place on several days throughout the internship year. Each involve an orientation and/or meeting with facility or site staff who will provide information about the site, the populations served, the needs of the communities, opportunities for psychologists and other providers for service, and, as appropriate, a tour of the facility.

Skill Development Areas:

1. Interns will increase their understanding of the types of facilities and settings in which rural and underserved populations may be or are served.
2. Interns will learn about opportunities for service in medically underserved areas and more generally with underserved individuals.
3. Interns will learn unique characteristics of particular facilities and the local cultures of several underserved areas in Kansas.
4. This activity is anticipated to take four to five specific days spread over the course of the internship (interns will be excused from other activities to attend this activity).
Health Career Pathways Activity  
(Required Activity)  
Supervisor: Marcia Pomeroy

This activity enables interns and the internship program to foster the vocational development of high school students interested in health careers. Most of these students represent minority groups and all are from disadvantaged backgrounds.

Interns assist students by allowing them to “shadow” their activities during a typical day for approximately three days. They also meet with students interested in health careers to discuss their own experiences and provide information about health careers in psychology. Interns get to know the students in the program, and meet with, and are available to, at least one student throughout the year in order to encourage their growth.

Skill Development Areas:

1. Provide support to a high school student from a disadvantaged background interested in pursuing a health career.
2. Present information about careers in psychology and other health fields at a level that is helpful to high school students and sensitive to cultural factors.
3. Appreciate the cultural and economic barriers that affect students achieving their vocational goals.

The activity is anticipate to involve approximately four to five half days of shadowing along with subsequent discussions led by the intern of the shadowing experience with the student. In addition, follow-up contacts such as emails, telephone calls and meetings, will vary in the amount of time involved depending on the degree of fostering of a constructive mentor relationship.

*Note: For optional activity, the intern may choose one.