Correlation of Voice Therapy Compliance and Responses to Voice Handicap Index
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Responses to the Voice Handicap Index (VHI) and VHI-10 correlate with Voice Therapy (VT) compliance and can provide insight into motivation and engagement of dysphonic patients.

489 Patients

- No VT: 28%
- Partial VT: 36%
- Full VT: 36%

Patients who completed some VT were more likely to use voice for work

Patients who did not attend VT had significantly lower initial VHI/VHI-10 scores

Patients who dropped out of therapy had similar VHI score at follow-up to those who completed therapy

Research findings: http://www.kumc.edu/school-of-medicine/otolaryngology/research/highlights.html