Laying the Groundwork

Reflect on your own experiences with interprofessional education and practice and consider sharing these with the group.

Rationale

It is important for learners to have intentional time for reflective learning after they have experienced interprofessional collaborative practice. This guide is meant to provide you with debriefing and/or reflection questions to be used with learners to enhance their educational process. Feel free to use the questions in whatever manner you find helpful.
Simple Approach to Debriefing

- What went well in regards to teamwork and interprofessional communication?
- What could be improved in regards to teamwork and interprofessional communication?
- What is your take-home point in regards to teamwork and interprofessional communication?

**Additional questions to ask during debriefing to target interprofessional competency domains**

Values and Ethics

- What do you see as the value of interprofessional collaboration?

Roles and Responsibilities

- What is your understanding of your own profession's role in the interprofessional team?
- What surprised you (or what did you learn) about the role of a team member from another profession?
- Have you observed any instances of role blurring or overlap? If so, what are your thoughts on this topic as it relates to the interprofessional team and the patient-care process?

Interprofessional Communication

- How did the interprofessional team communicate? What went well and what could be improved?
- How was the openness and inclusivity of the team (were all voices on the team recognized and heard)? How might this facilitate or hinder interprofessional collaboration? What about inclusion of the voice of the patient and family?
- Were there any instances of conflict or instances that required a crucial conversation among your team? If so, how was it handled?
- What professional hierarchies in the interprofessional team have you observed? How does hierarchy influence the interprofessional team and the patient-care process?

Teamwork

- What were some interprofessional communication strategies that worked well to enhance teamwork? What were some strategies that did not work well and what could you change for next time?
- What TeamSTEPPS® principles or tools were used to enhance teamwork (or if there weren’t any what would have been helpful)? Think about TeamSTEPPS® tools like situation monitoring, mutual support, SBAR, CUS, briefs, huddles, debriefs.
- Besides communication, what other influences did you observe that affected teamwork either positively or negatively?
- Who has been the leader of the interprofessional teams you have been a part of? How has that been decided? What are your thoughts/observations on leadership within an interprofessional team? What about other team members and followership?

Wrap-up

- What is your take-home message to apply again in future interprofessional collaborations?