The Diversity and Inclusion Symposium:
Refugees in the Health System

Tuesday, April 18, 2017

School of Nursing
Auditorium and Atrium

7:30 A.M.-1:00 P.M.
**Schedule of Events**

7:30 a.m. Registration and Continental Breakfast

8:00 a.m. **Refugee 101: Global, National, Local**
Steve Weitkamp, JD
Refugee Resettlement Director
Jewish Vocational Services

The session will introduce definitions, statistics, and epidemiology of refugees as well as available Resettlement Programs and Services.

8:45 a.m. **Refugee Health Issues & Best Practices: Transition Experiences**
Joseph LeMaster, MD, MPH
Associate Professor, Department of Family Medicine
University of Kansas School of Medicine

This session will familiarize the transition experiences of refugees, conscious and unconscious bias, and cultural competency.

9:30 a.m. Break

9:45 a.m. **Caring for Refugee Children and Families**
Kelly Kreisler, MD, MPH
Assistant Professor, Department of Pediatrics
University of Kansas School of Medicine

This session will provide practical tips and resources for primary care providers working with refugee patients.

10:30 a.m. **Refugee Health Issues & Best Practices: Clinical Encounters**
Cecilia Abbey, MA, CHI™
Manager, Interpreting and Translating Services
University of Kansas Health System

The session will acquaint attendees with Communication and Interpreting Services and best care practices in clinical encounters.

11:15 a.m. Break

11:30 a.m. Lunch and featured speakers

**Resettlement Stress and Mental Health of Refugees**
Martha Baird PhD, APRN/CNS-BC, CTN-A
Assistant Professor
University of Kansas School of Nursing

Johanna Nilsson, PhD, LCP
Professor and Empowerment Director
University of Missouri-Kansas City

This presentation will address current data on refugee mental health, barriers to treatment and community outreach efforts in Kansas City.

12:30 p.m. Discussion led by Taryn Acosta Lentz, PhD

12:45 p.m. Closing Remarks and Evaluation

**Speaker Biographies**

Steve Weitkamp, JD
swiftkamp@jvskc.org

Steve Weitkamp has worked with refugees since the early 1980s when he began as a volunteer with Catholic Charities of Northeast Kansas. In the late 1980s, he worked for the International Catholic Migration Commission (ICMC) as a caseworker based in Pakistan, interviewing Afghan and Iranian applicants to the U.S. Refugee Program. Returning to the US, he worked several years as an attorney with the Missouri Public Defender system.

In 1995, he moved with his family to Croatia to work with the International Organization for Migration (IOM), arranging the movements of refugees from Bosnia to countries of asylum. Following the Dayton Peace Accord, he directed a USAID-funded program to encourage minority return to Croatia in exchange for development aid. Back in Kansas City at the end of that decade, he became the Director of Refugee Resettlement for Catholic Charities of Northeast Kansas. He left that position after 8 years and joined Jewish Vocational Service (JVS) in 2009. He is currently the Director of Refugee Programs for JVS.

Joseph LeMaster, MD
jlemaster@kumc.edu

Dr. LeMaster earned his MD at the University of Kansas in 1985. He completed his clinical years at the Wichita branch of the School of Medicine. In his senior year of medical school, he traveled to Nepal on a Merck Academic Scholarship awarded by KU, and served in a remote 32-bed hospital in the hill district of Okhaldhunga, Nepal. Dr. LeMaster completed his residency in Family Medicine at John Peter Smith Hospital in Ft. Worth, TX, in 1988. He worked as an emergency physician at St. Francis Hospital in Topeka, KS, until 1990, when he returned to Okhaldhunga, Nepal for several years.

Upon returning to the U.S., Dr. LeMaster completed an MPH (Masters in Public Health) and Primary Care Research Fellowship at the University of Washington in Seattle. He then joined the faculty in the Department of Family and Community Medicine in Columbia. His interests and experiences are wide-ranging. Dr. LeMaster has returned to KU with the aim to serve Nepali-speaking people (here as refugees from Bhutan) as well as other refugee and immigrant populations. He is providing clinical care to Bhutanese refugees at KU’s Family Medicine Clinic in Kansas City.

Dr. LeMaster is also working closely with the Kansas Bhutanese Community (who almost exclusively live in Kansas City, Kansas) to develop community-based participatory research with them as well as with other ethnic-minority populations.
**Speaker Biographies**

**Cecilia Abbey, MA, CHITM**

CABBEY@kumc.edu

Cecilia was born in Caracas, Venezuela and lived in Spanish-speaking countries before arriving in the United States to attend university. She has a Master’s degree in Health Communications from the University of Missouri-Kansas City and is also a Certified Missouri State Court Interpreter and a nationally Certified Healthcare Interpreter. Since early 2008, Cecilia has worked as Manager of Interpreting and Translating Services at the University of Kansas Hospital who specialize in Pediatrics.

Kelly Kreisler, MD

kkreisler2@kumc.edu

Dr. Kelly Kreisler is a pediatrician in Kansas City, Kansas and is affiliated with University of Kansas Hospital. She received her medical degree from West Virginia University School of Medicine. Dr. Kreisler accepts several types of health insurance, listed below. She is one of 42 doctors at University of Kansas Hospital who specialize in Pediatrics.

Kelly D. Kreisler, MD, practices Pediatric Emergency Medicine in Kansas City, KS. Dr. Kreisler graduated from West Virginia University School of Medicine in 1998 and has been in practice for 19 years. She completed a residency at West Virginia University Hospital. She currently practices at University of Kansas Medical Center and is affiliated with Children’s Mercy Hospital & Clinics, Menorah Medical Center and Overland Park Regional Medical Center. Dr. Kreisler accepts multiple insurance plans including Aetna, Medicare and Humana. Dr. Kreisler is board certified in Pediatrics.

In addition to English, Dr. Kreisler’s practice support these languages: Vietnamese, German, Russian, Spanish, French and Arabic.

**Martha B Baird, PhD, APRN, CTN-A**

mbaird@kumc.edu

Dr. Martha Baird has been a faculty member at KUMC since 2009. She is currently an Assistant Professor in the School of Nursing. Dr. Baird earned her PhD in Nursing from The University of Arizona and her Masters of Nursing from the University of Kansas School of Nursing.

Dr. Baird’s research focuses on vulnerable populations, specifically immigrants and refugees. Her dissertation, completed in 2009, was an interpretive ethnography titled, “Resettlement Transition Experiences among Sudanese Refugee Women.” As a result of this research, she has developed a theory of well-being in cultural transition. She plans to continue to work with immigrants and refugees and test components of her new theory, specifically the influence of culture on bio-behavioral responses and access to the U.S. health care system.

She completed several Community-Based Participatory Research (CBPR) projects with the South Sudanese refugee community in the Kansas City metropolitan area to address physical and mental health needs. She completed translation and cultural adaptation of the Hopkins Symptom Checklist-25 into Dinka and Nepalese languages and the Harvard Trauma Questionnaire into Nepalese for use with Sudanese and Bhutanese refugees.

Dr. Baird frequently presents on topics related to cultural competency for health care organizations and professionals. She is a scholar in the Transcultural Nursing Society and associate editor for the Journal of Transcultural Nursing. In 2016, she was accepted into the Fulbright specialist roster.

**Johanna Nilsson, PhD**

NilssonJ@umkc.edu

Dr. Johanna Nilsson has been a faculty member at UMKC since 2006. She is currently the Empowerment Director and a Professor in the Division of Counseling and Educational Psychology.

Dr. Nilsson received her PhD in Counseling Psychology in 1999 at Western Michigan University. In addition to her teaching activities, Dr. Nilsson has received national and local grants and is an APA fellow. She has won several awards including the Chancellor’s Award for Excellence in Graduate Mentoring.
The Diversity and Inclusion Symposium: Refugees in the Health System Assessment

Thank you for attending our event!
We would greatly appreciate you taking a few minutes to take our event assessment.
If you would prefer to complete the assessment online, please scan the QR code.

1. What is your age?
□ 18-24 years old □ 25-34 years old □ 35-44 years old □ 45-54 years old □ 55 years or older
□ Prefer not to answer

2. What is your racial or ethnic identification? (please select all that apply)
□ American Indian/Alaskan Native □ Asian □ Black/African American □ Hispanic/Latino
□ Native Hawaiian/Other Pacific Islander □ White/Caucasian □ Prefer not to answer
□ If not listed, please specify: _____________________________________________

3. What is your gender identity?
□ Cisgender (Non-transgender) man □ Cisgender (Non-transgender) woman
□ Genderqueer □ Nongender □ Questioning or unsure □ Transgender man □ Transgender woman
□ Two-spirit □ Prefer not to answer
□ If not listed, please specify: _____________________________________________

4. Which of the following best describes your sexual orientation?
□ Asexual □ Bisexual □ Gay □ Heterosexual □ Lesbian □ Pansexual □ Queer
□ Questioning or unsure □ Same-gender-loving □ Prefer not to answer
□ If not listed, please specify: _____________________________________________

5. Affiliation:
□ KUMC Member (Department) □ KUMED Health Care System Member (Department)
□ Community Member

6. Have you ever served in any branch of the United States military?
□ Yes □ No □ Prefer not to answer

7. Do you currently have a diagnosed disability?
□ Yes (please specify) __________________________ □ No □ Prefer not to answer

8. Profession:
_____________________________________________

9. Which of the following best describes your PRIMARY affiliation?
□ Faculty □ Hospital Staff □ University Staff □ Student □ Resident/fellow □ Community member
□ If not listed, please specify: _____________________________________________

10. If you are a student, what is your academic program?
□ School of Nursing □ School of Medicine □ School of Health Professions □ Graduate Studies
□ Not applicable

11. If you are a student, are you an international student?
□ Yes (What country are you from?) __________ □ No
12. What was your knowledge of Refugees in the Health System prior to the event?

☐ None  ☐ Beginner  ☐ Intermediate  ☐ Advanced  ☐ Expert

Questions 13 - 16

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Questions 17 - 20

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Questions 20 - 23

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23. In what ways can you use the topic in your everyday work or life?

24. Which types of resources related to cultural awareness, diversity, and inclusion would you find helpful in your role as a KUMC faculty, student, resident, fellow, or staff member? (please select all that apply)

☐ Faculty/staff development for teaching cultural awareness
☐ Patient-case related resources
☐ Electronic/Online learning modules
☐ Links to resources from other educational institutions or national organizations
☐ On-campus workshops
☐ I don’t believe I need additional resources
☐ If not listed, please specify:

24. Please comment on the overall quality of the event:

25. What did you like most about the event?

If you would like a certificate of completion for participating in the Diversity and Inclusion Symposium, please email Ms. Alexa Smith at asmith5@kumc.edu with your name and campus mailing address.
Notes

Notes
Thank you for helping to make the Diversity and Inclusion Symposium possible.

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KU Medical Center
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**Special Thanks**

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