TRAVELING OUTSIDE THE UNITED STATES

Check-in with OIP prior to traveling abroad
We would like to remind you to stop by the Office of International Programs prior to traveling internationally.
It is mandatory that all F and J visa holders obtain a travel signature on their I-20 or DS-2019 documents BEFORE traveling outside of the United States.
Please contact Alexandria, aharkinsporto@kumc.edu
for an appointment!

OIP CLOSED
In observance of the Winter Holidays,
OIP will be closed on the following dates:
Tuesday, December 25, 2018
Tuesday, January 1, 2019

UPCOMING EVENTS
Modale Fellowship Presentations
Wednesday, December 12, 2018
Noon in 4024 Varnes, School of Nursing
Lunch is provided.

DID YOU KNOW?
Student Counseling and Educational Support Services offer FREE opportunities to help you succeed!
- Psychological Services
- Psychiatric Services
- Educational Support Services
- Writing Services

For more information visit http://www.kumc.edu/student-services/counseling-and-educational-support-services.html.

J-1/J-2 HEALTH INSURANCE

As we are about to move into the New Year, we would like to remind KUMC’s J-1 and J-2 Exchange Visitors to update their health insurance coverage information with OIP. Please email your proof of coverage to both Alexandria Harkins Porto (aharkinsporto@kumc.edu) and Irina Aris (iaris@kumc.edu). Health insurance coverage for J-1 and J-2 Exchange Visitors must meet the U.S. Department of State requirements listed below. Exchange Visitors, who signed up for Plan J under the State of Kansas’s SEHP offered plans, will also need to obtain separate coverage for medical evacuation and repatriation. Please contact Alexandria and Irina if you have any questions.

J-1/J-2 VISA HOLDERS HEALTH INSURANCE REQUIREMENTS

<table>
<thead>
<tr>
<th>MEDICAL BENEFITS</th>
<th>MINIMUM PER ACCIDENT OR ILLNESS</th>
<th>$100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>MAXIMUM Deductible</td>
<td>$500</td>
</tr>
<tr>
<td></td>
<td>MAXIMUM CO-INSURANCE</td>
<td>25%</td>
</tr>
</tbody>
</table>

- Waiting period for pre-existing conditions consistent with current industry standard
- Underwritten by an insurance corporation having an A.M. Best rating of “A−” or above; a McGraw Hill Financial/Standard & Poor’s Claims-paying Ability rating of “A−” or above; a Weiss Research, Inc. rating of “B +” or above; a Fitch Ratings, Inc. rating of “A−” or above; a Moody’s Investor Services rating of “A3” or above; or such other rating as the Department of State may from time to time specify; or
- (2) Backed by the full faith and credit of the government of the exchange visitor’s home country; or
- (3) Part of a health benefits program offered on a group basis to employees or enrolled students by a designated sponsor; or
- (4) Offered through or underwritten by a federally qualified Health Maintenance Organization or eligible Competitive Medical Plan as determined by the Centers for Medicare and Medicaid Services of the U.S. Department of Health and Human Services.

<table>
<thead>
<tr>
<th>MEDICAL EVACUATION</th>
<th>Covers expenses related to the medical transport of the exchange visitor to his/her home country</th>
<th>MINIMUM $50,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>REPATRIATION</td>
<td>Covers expenses related to the transport of bodily remains (in the event of death) to the exchange visitor’s home country</td>
<td>MINIMUM $25,000</td>
</tr>
</tbody>
</table>