INTERNATIONAL EDUCATIONAL EXPERIENCE: PERU

Alesha Kadolph
Master of Occupational Therapy Student, 2018
University of Kansas
CASP is a center in Lima, Peru that serves people with different abilities across the lifespan.

A unique feature of CASP is inclusion of families (i.e. parents, grandparents, & siblings) into the intervention & treatment process.

We spent five full week days at CASP where we mainly worked with the birth to 5 year old population.

CASP staff educate & ask questions through a coaching method, which they find produce successful outcomes for the child & family.
Provided the opportunity to collaborate with the founder of CASP, Liliana Mayo. (pictured left)

Spoke at an international conference in Lima, Peru regarding topics of sensory processing, feeding, sleeping, and positioning for caregivers and families of those with different abilities.

Made connections with fellow occupational therapy students studying in Peru. (pictured middle)
Left picture displays how child was currently sitting in pack n’ play and playing.

Middle picture shows how placing toys on top of stacked pillows will support the child to play while on knees, promoting trunk strengthening.

Middle picture also displays the therapist demonstrating to the grandma how to pick child up from pack n’ play with the least amount of stress on caregiver’s back.

Right picture depicts the grandmother engaging in the intervention after therapist educated and demonstrated.
Tennis balls were cut & placed on legs of chairs to assist in pushing the chair in & out from the table in classrooms.

This cup helps children in learning how to drink from a regular cup.

A book from home is placed in the high chair to promote a healthy position for the child when eating.
Positioning techniques for feeding

- Posture of child
- Use of resources to support a posture for a successful eating experience
- Placement of caregiver feeding the child
Group classroom activities

This gardening activity demonstrated inclusion of all children and abilities.

During this time, all children were actively engaged, calm, and enjoyed this functional task they were participating in.
Parent as the Expert: Coaching Method

Mothers take an active role at CASP engaging in every day occupations of play & eating with their children.
Part of what made this experience was our stay with our Peruvian host family.

We were provided with homemade meals each day.

Learned to communicate with a family who spoke solely Spanish.

This stay allowed us, as students, to engage fully into the Peruvian culture and daily life.
Exploring sites in Peru

- La Punta neighborhood
- Barranco
- Government buildings in the town square
Our collaborated therapy team from Peru & United States