Ghana Educational Experience 2019

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This educational experience occurred throughout the country of Ghana, including Accra, Kumasi, Techiman, Boabeng, Mole National Park, and Cape Coast.
Background Information

- Ghana is a country in Western Africa. Its southern border is the Gulf of Guinea between Togo and Cote d’Ivoire
- Ghana has a population of over 28 million
- Ghana gained its independence in 1957
- The Ghanaian currency is Cedi
  - One Cedi averages around .20 cents in American dollars
  - 5 Cedi = $1 USD
- Ghana is a multilingual country that consists of over 80 languages
  - The two languages we came in contact the most with are Twi and English
Health Related Experiences

- Ran clinics to provide basic health care to community members
- Visited schools, played field games and made arts and crafts with the students
- Shadowed health professionals in hospitals and small clinics
- Assisted in delivery of healthcare to patients in hospitals
- Taught various health topics to community members
- Worked with students and health professionals to teach CPR and BLS
Schools and Hospitals

Ambition International School for the Needy

Komfo Anokye Teaching Hospital
Clincs

Central Market Clinic

E-Waste Clinic in Accra
Education topics

- BLS (adult & infant)
- Oral hygiene
- Hand hygiene
- Condom use and sexual health
- Wound care
- Breast self-examination
Highlights of the trip

Larabanga Clinic

- We provided assessments, education and entertained the children in the community
- We were able to stock the empty shelves of the pharmacy and donate newborn kits for expectant mothers
Highlights of the trip cont.

Visiting the University of Ghana

- We reunited with respiratory therapy students from the University of Ghana and met the new cohorts
- We brought donations including textbooks and stethoscopes for current students
Most profound Clinical & Academic Experience

Educating and assessing 538 patients at the Central Market clinic. **This is the largest clinic the group has done in Ghana in 14 years.**
Most Profound Cultural Experiences

Learning how to do a traditional Ghanaian dance around the fire.

Learning how to make “Fufu” with the women in Larabanga.
Pictures!

Farewell dinner wearing Kente stoles

Field Day at Larabanga Public School

First lunch experience in Ghana

Jill assessing blood pressure
Conclusions and Suggestions

● All medical professionals have the same goals to provide the best possible care for our patients and provide them with the resources and opportunities to have the best quality of life regardless of where you go.
● Although our group was comprised of many different professions, we all came together to achieve the same goals and support those in need.