Clendening Summer Fellowship Proposal
Spring 2014
Viktoriya Tulchinskaya
“An Analysis of the Influence that Psycho-socio-cultural Factors Play in a Patient’s Experience with Palliative Care in Paris, as Related by Their Healthcare Team”

Special thanks go to Dr. Deon Hayley and Dr. Lindy Landzaat from the Department of Palliative Care for their invaluable help with this proposal, for teaching me about the field of Palliative Care, and for helping to finalize this project.
Deep thanks also go to Dr. Bruce E. Hayes from the Department of French and Italian at KU for his help with the material composed in French.
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Introduction

Following a W.H.O. study in 2000 that analyzed 191 countries’ health care systems, France emerged as the highest-ranked health care system in the world with the U.S.A. trailing behind in spot 37 (Shapiro, 2008). I wish to travel to Paris, the largest city in France, in order to study the French—specifically Parisian—people’s experience with the health care system. The specific field that I hope to examine is Palliative Care; it is a specialty that encompasses care of patients from many different backgrounds with one (unfortunate) unifying factor: they are all terminally ill. However, from my observation of the patients that are treated by the Palliative Care Service at KU Hospital, I discovered that patients’ physical and mental status can many times be incompatible with receiving an extensive interview about their experiences. Thus, my project will focus on interviewing and observing the health care team—the doctors, nurses, therapists, and other professionals—that have extensive, direct contact with patients and their families during this particular stage in patients’ care. The specific research question that I hope to answer at the conclusion of my project is: according to patients’ healthcare professionals, what are the psycho-socio-cultural characteristics of patients receiving Palliative Care in Paris that predispose them to have a positive end-of-life experience?

Background

My interest in the French language began as early as elementary school when, in fifth grade, I began learning French with my classmates. As my knowledge of the language grew throughout middle school and high school, I became intrigued with French culture as well. I decided to minor in French during my undergraduate education at KU and learned more about the language, culture, and history than all of my previous years of study combined. At the same time, my passion for medicine had already blossomed. While I was knee-deep in science classes, my Modern French Culture and Health Psychology courses piqued my interest in French medicine and the French health care system. After watching a PBS FRONTLINE documentary titled “Sick Around the World” in my Health Psychology class, I became fascinated by the structure and success of the French health care system. The system was not without flaws, but the French philosophy on health and illness was more in stride with my own values than the philosophy of the U.S. This piqued my interest to explore this particular system of healthcare.

While studying to earn my French minor and Pre-Medicine concentration, I also decided to major in Psychology. Learning about individuals’ perceptions and experiences with health and illness seemed to me to be equally as important as learning about the treatments of those illnesses. In this way, my studies in Psychology and French drew me to medicine more than any of my required Chemistry of Physics classes ever did.

Upon entering medical school, I explored as many opportunities as I could during my first semester. I serendipitously stumbled upon a fantastic event in October 2013 hosted by the Osler Society of Greater KC titled “The Ethics of End of Life Care.” The event featured a panel of three individuals: a physician that specialized in Internal Medicine and Palliative Care, the CEO of KC Hospice and Palliative Care, and a columnist for the Presbyterian Outlook and Catholic Reporter. Medical students from KUSOM and UMKC as well as retired physicians
were in attendance and asked questions of the panel relating to the ethics of illness, death, and dying. The evening brought to my mind many questions that I had been pondering for a long time: how does one best treat a patient that has a terminal illness? What support is important for such a patient? What role does the family play? Are POA’s and living wills a commonplace document for such a population? How should physicians and healthcare workers address the topics of “death” and “dying” to patients that have less than 6 months to live? Why are such topics even still taboo? Most important, however, I wanted to know: what distinguishing characteristics exist between patients that have a positive perspective on death and those that die in a way that is contrary to what they would have wanted? When I asked this question to the panel, there was silence for almost thirty seconds after which the physician on the panel finally spoke and said, “That is a good question.” At that moment, I knew what I wanted to research for my Clendening Summer Fellowship. I wanted to travel to the country with the best health care system in the world, observe the health care that they provide to their seriously ill and dying patients, and discover—if I could—why do patients’ experiences with death vary so greatly? More specifically, however, I wish to discover: what gems of insight can I glean from the health care professionals in France so that I can better care for my future patients domestically? Lastly, if I am lucky, I hope to discover some knowledge that will allow me to grow in accepting my own mortality which, I feel, is an important concern for all physicians to address.

Description

After researching the different clinics, hospitals, and healthcare administrative offices that provided Palliative Care to patients in Paris, I compiled an extensive list of 69 different locations where I could potentially conduct my research. Following the first wave of emails that I sent out, I received three very enthusiastic replies from three different Parisian hospitals (See Appendices C and D for confirmation of the correspondences). With such enthusiasm to back my project, I arrived at the following timeline. My plan is to divide my visit to Paris between five medical locations: Necker Enfants Malade Hospital and the University of Paris under the supervision of Pr Marcel Louis Viallard, Cognac-Jay Hospital under the supervision of Patricia Le Chene, and National Resource Center for Palliative Care and HAD Home Hospitalization under the supervision of Dr. Marie Odile Frattini. At each location, it is my plan to spend the entire workweek visiting patients with the medical professionals, observe the care provided, and ultimately interview the healthcare professionals using the composed questionnaire (See Appendix A for a copy of the proposed questionnaire to be administered). I hope to interview as many health care professionals as I can: doctors, nurses, CNAs, social workers, during my time at each institution.

I plan on arriving at each location at 8am and rounding with the physicians, observing their work with patients, and subsequently interviewing the health care professionals. I recognize that ideally, the subjects that I would interview for this project would be the patients themselves. However, after long consideration, I determined that the emotional toll that some of my questions may take on subjects—if those subjects were, in fact, the patients—would make this a difficult project to execute with approval by the Parisian health care administrators. Thus,
through interviews with the Palliative Care Team, I would be able to acquire important information in a direct way while maintaining patient well-being.

I plan on collecting subjects’ work title, age, years of experience in Palliative Care, and years in health care in general. Although I also plan to ask subjects’ names, all subjects will be assigned an identification number for the purposes of my data analysis so that subjects’ anonymity and confidentiality will be preserved throughout this process. I plan on administering the questionnaire in paper form, while also recording the interview sessions on a digital recording device so that I may access and review the information acquired. The prompts for the conversation will be questions #4-9.

Proposed Timeline:

October 2013—Attend 2013 Clendening Fellows’ Presentations
November 29, 2013—Meet with Kim Connely and Irina Aris: Office of International Programs
December 18, 2013—Meet with Dr. Hayley to discuss project
December 19, 2013—Meet with Dr. Hayes to compose French email Palliative Clinics
January 6, 2014—Attend Clendening Proposal Writing Workshop
January 15, 2014—Shadow Dr. Landzaat on the Palliative Care Service at KU Hospital
January 27, 2014—Meet with Dr. Landzaat to learn about the Palliative Services at KU Hospital
March, 2014—submit project for IRB approval
Present to May 24, 2014—Shadow at the KC Hospice and Palliative Care
May 25, 2014—Leave Kansas City
May 26, 2014—Arrive in Paris
May 27-June 13, 2014—Interview and shadow/volunteer at Necker Enfants Malade Hospital
June 16-June 20, 2014—Interview and shadow at University of Paris, Descartes, Sorbonnes
June 23-July 4, 2014—Interview and shadow/volunteer at Cognac-Jay Hospital
July 7-July 1, 2014—Interview and shadow at National Resource Center for Palliative Care
July 14-July 18, 2014—Interview and shadow/volunteer at HAD Home Hospitalization
July 20, 2014—Leave Paris
July 21, 2014—Arrive in Kansas City
July 22-July 25, 2014—Analyze data and complete project
October 2014—Present research findings

Methods

Prior to leaving for this project in May, I plan on brushing up on my French-speaking skills by meeting with a fellow M1 classmate who is fluent in French and has agreed to help me. This will refresh my confidence so that I am more comfortable in the immersed-setting. Additionally, I recognize that there is an entire language of health care terms in French with which I am unfamiliar. I have explored many online resources and purchased several applications that are specific for medical French. I plan on reviewing French medical terms weekly and solidifying that part of my vocabulary prior to leaving in May.
Upon arrival in Paris, I plan on taking the train to the location of my family’s apartment at 50 Boulevard du General Leclerc, 92200 Neuilly Sur Seine on the immediate outskirts of Western Paris. My room and board will be free, although food and transportation—both expensive in such a city—will be of substantial cost. During the work week, I plan on taking the subway to each location (about 3.5 Euros, or about $5 per day) and eating on a budget.

As previously mentioned, upon arriving at the particular site for the week, I plan on shadowing the health care professionals—having been given previous permission to do so as seen in the correspondences in Appendix C. I will subsequently administer the questionnaire and record the interview session, with permission from the health care professional. Over time, I hope to be given the opportunity to conduct a medical interview and physical exam on patients under the supervision of the attending physician. This would immerse me in the French health care practices as nothing else could, and allow me to practice my clinical skills in a unique environment unlike any other.

Contacts:

Dr. Bruce E. Hayes
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785.864.9028

Dr. Deon Hayley
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913.588.6005

Dr. Lindy Landzaat
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913.588.3807

Pr Marcel Louis Viallard
Marcel-louis.viallard@nck.aphp.fr
Hôpital Universitaire Necker Enfants Malades
EA 4569, Université Paris Descartes, Sorbonne Paris Cité

Patricia Le Chêne
Patricia.lechene@hopital-cognacq-jay.fr
Hôpital Cognacq-Jay
Service de soins palliatifs

Dr Marie-Odile Frattini
Mo.frattini@croix-saint-simon.org
01.53.72.33.00
Centre National de Ressources Soin Palliatif
### Budget

- See Appendix E for Airline ticket cost confirmation

<table>
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<th>Notes</th>
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<td>Airplane ticket</td>
<td>Round trip, MCI and CDG</td>
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<tr>
<td>Food</td>
<td>55 days x $20 per day</td>
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<tr>
<td>Transportation</td>
<td>39 workdays x $5 per day</td>
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<tr>
<td>Laundry</td>
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</tr>
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<td>Living Expenses</td>
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<td>French Visa</td>
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<td><strong>-$2,500</strong></td>
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<tr>
<td><strong>Left over</strong></td>
<td></td>
<td><strong>$365</strong></td>
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<tr>
<td><strong>KUMC International Programs European Traveler’s Scholarship</strong></td>
<td>Discussed with Kim Connelly, will apply</td>
<td><strong>-$500</strong></td>
</tr>
</tbody>
</table>

*I recognize that any cost beyond the $2,500 is my responsibility and I have planned accordingly.*
Appendices

Appendix A: Questionnaire in English

1) The patient was happy to receive palliative care.

<table>
<thead>
<tr>
<th>0</th>
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<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
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<tbody>
<tr>
<td>NA/Do not know</td>
<td>Strongly disagree</td>
<td>Disagree</td>
<td>Neutral</td>
<td>Agree</td>
<td>Strongly Agree</td>
</tr>
</tbody>
</table>

2) The patient had an accurate understanding of his or her illness/prognosis.

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<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA/Do not know</td>
<td>Strongly disagree</td>
<td>Disagree</td>
<td>Neutral</td>
<td>Agree</td>
<td>Strongly Agree</td>
</tr>
</tbody>
</table>

3) The patient was comfortable talking about death.

<table>
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<th>3</th>
<th>4</th>
<th>5</th>
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</thead>
<tbody>
<tr>
<td>Not available/do not know</td>
<td>Strongly disagree</td>
<td>Disagree</td>
<td>Neutral</td>
<td>Agree</td>
<td>Strongly Agree</td>
</tr>
</tbody>
</table>

Qualitative Portion of Questionnaire:

4) Was the patient’s experience a “typical” one?

5) What things were important to the patient?

6) How would you describe the patient’s attitude or demeanor?

7) What patient qualities are important for that patient to have a positive end-of-life experience?

8) What qualities make it more likely that the patient will have a negative experience with end-of-life?

9) What factors determine whether or not a person fears death?
   a. Work/Income?
   b. Education?
   c. Family/Friends?
   d. Religion?
   e. Hobbies/Interests?
   f. Personality?
Appendix B: Questionnaire in French

1) Le patient était content de recevoir des soins palliatifs.

<table>
<thead>
<tr>
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<th>3</th>
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<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Je ne sais pas</td>
<td>En Total Désaccord</td>
<td>En Désaccord</td>
<td>Sans opinion</td>
<td>D'accord</td>
<td>Complètement D'accord</td>
</tr>
</tbody>
</table>

2) Le patient comprenait bien la maladie.

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<tr>
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<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Je ne sais pas</td>
<td>En Total Désaccord</td>
<td>En Désaccord</td>
<td>Sans opinion</td>
<td>D'accord</td>
<td>Complètement D'accord</td>
</tr>
</tbody>
</table>

3) Le patient était à l'aise de parler au sujet de la mort.

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<tr>
<th>0</th>
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<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Je ne sais pas</td>
<td>En Total Désaccord</td>
<td>En Désaccord</td>
<td>Sans opinion</td>
<td>D'accord</td>
<td>Complètement D'accord</td>
</tr>
</tbody>
</table>

4) Est-ce que l’expérience de ce patient était un cas typique ?

5) Quelles choses étaient principales au patient ?

6) Comment décrivez-vous l’attitude ou le comportement du patient ?

7) Quelles principales qualités est-ce qu’un patient doit avoir pour assurer des positifs soins de fin de vie?

8) Quelles principales qualités font le patient plus probable d’avoir une expérience négative avec les soins de fin de vie ?

9) Quels facteurs déterminent si le patient a peur de la mort ?

   a. Travail/Revenu ?
   b. L’éducation ?
   c. Famille/amis ?
   d. Religion ?
   e. Loisirs/intérêts ?
   f. Personnalité ?
Appendix C: Email Correspondence (French)

A qui de droit,
Je m'appelle Viktoriya Tulchinskaya et je suis étudiante américaine en médecine à l'Université du Kansas. Je voudrais faire de la recherche à Paris l'été prochain et j'espère que vous pourriez m'aider.
Après avoir étudié la langue, la culture et l'histoire françaises au cours de mes études de premier cycle, j'ai acquis une admiration de la France et de ses contributions au monde, en particulier ses contributions dans le domaine des systèmes de santé. Une des caractéristiques les plus impressionnantes est la grande disponibilité des ressources médicales. Je suis intéressé à rechercher l'utilisation des services de soins palliatifs, et les avantages qui résultent avec l'utilisation de ces ressources. A la fin de ce projet, j'espère recueillir des informations qui peuvent contribuer à l'utilisation et l'efficacité des soins palliatifs aux Etats-Unis.
Mes recherches comprendront quelques visites brèves de votre centre de soins palliatifs, l'observation, et, si autorisée – je voudrais parler avec les personnels soignant au centre de soins palliatifs. Toute information cueillie restera anonyme et confidentielle.
Les dates auxquelles je compte venir en France pour faire mes recherches seront entre le 15 mai et 15 juillet.

Vous pouvez me contacter par courriel à vtulchinskaya@kumc.edu, ou par téléphone au 001.913.963.6829.
Je vous serais extrêmement reconnaissante si vous pourriez m'aider avec ce projet important.
Dans l’attente de votre réponse, cher monsieur, chère madame, je vous prie d’agréer l’expression de mes sentiments les meilleurs.
Viktoriya Tulchinskaya
vtulchinskaya@kumc.edu
KU SOM, M.D. Candidate 2017

From <https://mail.kumc.edu/owa/>

Bonjour

Je suis le professeur de médecine palliative de la région Paris Ile de France et je vous remercie de votre message.
Je développe avec mon équipe la médecine palliative en néonatalogie, en pédiatrie et en médecine d'adulte au sein du plus gros hôpital européen d'enfants, Necker Enfants Malades. Je développe la recherche en éthique médicale et en médecine palliative au sein de l'Université Paris Descartes, Sorbonne Paris Cité.
Je peux vous accueillir et si vous le souhaitez vous aider dans votre projet de recherche.
N'hésitez pas à m'en dire plus sur ce projet afin que je vous aide au mieux.
Le plus simple est de me contacter par ce mail.
Douces fêtes de fin d'année pour vous et celles et ceux qui vous sont chers.

Pr Marcel Louis Viallard, MD, PhD
Madame,

Nous avons bien reçu votre courriel concernant votre projet de visite de soins palliatifs à Paris qui aurait lieu entre le 15/05 et le 15/07. Nous sommes tout à fait favorables à l'idée de pouvoir vous accueillir au sein de notre structure. Nous vous remercions de prendre contact avec nous afin de fixer un rendez-vous.

Recevez, Madame, nos sincères salutations.

Patricia Le Chêne
Hôpital Cognacq-Jay
Service de soins palliatifs

Bon jour,

C'est avec plaisir que nous vous accueillerons
- d'une part, au Centre National de Ressources Soin Palliatif (CNDR SP) qui n’est pas un service de soins palliatifs mais un centre qui contribue à la diffusion de la démarche palliative en France. Il comprend une plate-forme d’information, d’écoute, d'orientation, un centre documentation et un service de formation : vous trouverez chez nous une documentation qui vous sera sans doute utile pour vos travaux ; vous pourrez également rencontrer les professionnels du centre ;
- d’autre part, au service d’hospitalisation à domicile (HAD) dirigé par le Dr Elisabeth Lesfargues : ce service de soins à domicile s’occupe de nombreuses patients en fin de vie et comprend une unité plus spécialisée en soins palliatifs au sein de laquelle vous pourriez venir en observation quelques jours et ainsi rencontrer les équipes de soins..

Si vous êtes toujours intéressée, merci de bien vouloir nous dire les jours ou semaines où vous seriez au CNDR SP et à l’HAD. Si vous avez des attentes précises, n’hésitez pas à nous en faire part.

Avec nos meilleures salutations

Dr Marie-Odile Frattini, directrice CNDR SP
mo.frattini@croix-saint-simon.org
Centre National de Ressources Soin Palliatif
Tél 01 53 72 33 00 - Fax 01 53 72 33 01
Fondation Œuvre de la Croix Saint-Simon, 35 rue du Plateau 75019 Paris, France
Appendix D: Email Correspondence (Translated)

To whom it may concern,

My name is Viktoriya Tulchinskaya and I am an American student of medicine at the University of Kansas. I would like to do research in Paris next summer and I hope you could help me. After studying the language, culture and French history during my undergraduate studies, I gained admiration for France and its contributions to the world, in particular his contributions in the field of health systems. One of the most impressive features is the availability of medical resources. I am interested in researching the use of palliative care services, and the benefits arising with the use of these resources. At the end of this project, I hope to gather information that can contribute to the use and effectiveness of palliative care in the United States. My research will include brief visits to your hospice, observation, and, if allowed, I want to talk with the nursing staff at the hospice. Any information gathered will remain anonymous and confidential.

The dates on which I intend to come to France to do my research will be between May 15 and July 15.

You can contact me by email at vtulchinskaya@kumc.edu, or by phone at 001.913.963.6829. I would be extremely grateful if you could help me with this important project. Waiting for your answer, dear sir, dear lady, I beg you to accept the expression of my best wishes.

Viktoriya Tulchinskaya
vtulchinskaya@kumc.edu
KU SOM, M.D. Candidate 2017

Hello

I am Professor of Palliative Medicine, Paris Ile de France region and thank you for your message. I develop with my team of palliative medicine in neonatology, pediatrics and adult medicine in the largest European Childrens Hospital Necker Enfants Malades. I develop research in medical ethics and palliative medicine in the University Paris Descartes, Sorbonne Paris Cité.

I welcome you and if you want to help you in your research project.

Feel free to tell me more about this project that I help you better.

The easiest way is to contact me by email.

Sweet holiday season for you and those who are dear to you.

Professor Marcel Louis Viallard, MD, PhD
Neonatal palliative medicine, pediatric and adult team, University Hospital Necker Enfants Malades
EA 4569, Université Paris Descartes, Sorbonne Paris Cité.

from <https://mail.kumc.edu/owa/>
Madam,
We have received your email regarding your proposed visit to Paris palliative care to be held between 15/05 and 15/07. We are very supportive of the idea to welcome you in our structure. Thank you for contacting us to schedule an appointment. Get Madam, our sincere greetings.

Patricia Le Chene
Cognac- Jay Hospital
Palliative care

from <https://mail.kumc.edu/owa/>

Hello,
It is with pleasure that we welcome you
- Firstly, the National Resource Centre Palliative Care (NCPC SP) that is not a service but a palliative care center that contributes to the dissemination of the palliative approach in France. It offers a platform for information, listening, counseling, a documentation center and a training service: you will find in our documentation that you will probably be useful for your work, you can also meet professionals center;
- Secondly, serving home hospitalization (HAD) led by Dr. Elisabeth Lesfargues: This service home care takes care of many patients at end of life and includes a unit more specialized palliative care in where you might come in a few days and observation and care teams meet..
If you're still interested, thank you kindly tell us the days or weeks that you would be NDRC SP and HAD. If you have specific needs, do not hesitate to let us know.
Best regards

Dr Marie-Odile Frattini, Director NDRC SP
mo.frattini@croix-saint-simon.org
National Resource Centre for Palliative Care
www.croix-saint-simon.org/cdrnfxb becomes www.soin-palliatif.org (October 2011)
Tel 01 53 72 33 00 - Fax 01 53 72 33 01
Work Foundation Croix Saint- Simon, 35 rue du Plateau 75019 Paris, France
Appendix E: Flight Information

Review Trip Itinerary

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<td>1 Adults (age 18 to 64)</td>
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<tr>
<td>Additional Taxes/Fees</td>
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Total Ticket Price       $1,456.80
Card Statement Credit    -$50.00
**Total After Statement Credit** $1,406.80

Flexible Fare for $513.00 more

Choose this fare to take advantage of additional flexibility:

- Lowest available refundable fare
- Fee-waived same-day flight changes (when available)
- Change fees and cancellation fees may apply
- Advance purchase may be required

Increase Ticket Flexibility

Flight Details

Sun., May 25, 2014 | Kansas City, MO (MCI) to Paris, France (CDG)

| Depart: 10:28 a.m. Sun., May 25, 2014 Kansas City, MO (MCI) |
| Arrive: 11:56 a.m. Sun., May 25, 2014 Chicago, IL (ORD - O'Hare) |
| Flight Time: 1 hr 28 min |
| Distance: 403 miles |
| Flight: UA3636 Operated by GJET AIRLINES DBA UNITED EXPRESS Aircraft: Canadair Regional Jet 700 First Class: United Economy (S) |
## United Airlines - Review Trip Itinerary

**Tulchinskaya 15**

### Change Planes. Connect time in Chicago, IL (ORD - O'Hare) is 1 hour 19 minutes.

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<td>4:17 p.m.</td>
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<td>UA3644</td>
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<td>Sun, May 25, 2014</td>
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<tr>
<td>Chicago, IL (ORD - O'Hare)</td>
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### Change Planes. Connect time in Montreal, QC Canada (YUL - Trudeau) is 4 hours 28 minutes.

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<th>Distance</th>
<th>Flight</th>
<th>Meal: Snacks for Purchase No Special Meal Offered.</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45 p.m.</td>
<td>9:35 a.m. + 1 Day Mon, May 26, 2014</td>
<td>6 hr 50 mn</td>
<td>4,593 miles</td>
<td>UA8118</td>
<td></td>
</tr>
<tr>
<td>Sun, May 25, 2014</td>
<td>Paris, France (CDG)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Montreal, QC Canada (YUL - Trudeau)</td>
<td>Paris, France (CDG)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Sun., Jul. 20, 2014 | Paris, France (CDG) to Kansas City, MO (MCI)

<table>
<thead>
<tr>
<th>Depart</th>
<th>Arrive</th>
<th>Flight Time</th>
<th>Distance</th>
<th>Flight</th>
<th>Meal: Snack No Special Meal Offered.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:05 p.m.</td>
<td>2:25 p.m.</td>
<td>7 hr 20 mn</td>
<td>3,443 miles</td>
<td>UA8121</td>
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</tr>
<tr>
<td>Sun, Jul 20, 2014</td>
<td>Sun, Jul 20, 2014</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Paris, France (CDG)</td>
<td>Montreal, QC Canada (YUL - Trudeau)</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

### Change Planes. Connect time in Montreal, QC Canada (YUL - Trudeau) is 2 hours 35 minutes.

<table>
<thead>
<tr>
<th>Depart</th>
<th>Arrive</th>
<th>Flight Time</th>
<th>Distance</th>
<th>Flight</th>
<th>Meal: Snacks for Purchase No Special Meal Offered.</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00 p.m.</td>
<td>6:23 p.m.</td>
<td>2 hr 23 mn</td>
<td>747 miles</td>
<td>UA3644</td>
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</tr>
<tr>
<td>Sun, Jul 20, 2014</td>
<td>Sun, Jul 20, 2014</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Montreal, QC Canada (YUL - Trudeau)</td>
<td>Chicago, IL (ORD - O'Hare)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Change Planes. Connect time in Chicago, IL (ORD - O'Hare) is 1 hour 42 minutes.

<table>
<thead>
<tr>
<th>Depart</th>
<th>Arrive</th>
<th>Flight Time</th>
<th>Distance</th>
<th>Flight</th>
<th>Meal: None No Special Meal Offered.</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:05 p.m.</td>
<td>9:29 p.m.</td>
<td>1 hr 24 mn</td>
<td>403 miles</td>
<td>UA5883</td>
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<tr>
<td>Sun, Jul 20, 2014</td>
<td>Kansas City, MO (MCI)</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Chicago, IL (ORD - O'Hare)</td>
<td>Kansas City, MO (MCI)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
References & Resources


