Exam Reflection

Reflect upon your recent preparation and performance to increase future performance.

Before the Test
Which of the following strategies did you use to prepare for the exam:
- Review of lecture slides
- Consolidated notes/review sheet
- Active review on white board
- Used flash cards to practice discreet information
- Studied with peers
- Used practice questions
- Checked learning objectives

On a scale of 1-5, 1 being not very and 5 being very, rank how you felt about the following:

___ Prepared for the exam
___ Anxious before the exam
___ Rested before the exam
___ Focused before the exam

During the test
Describe the following during your exam:
- Pacing:
- Anxiety:
- Strategies used:
- Attention to each individual question:

After the test
What was your score: ____________ %

How accurately does this represent your knowledge?

How may answers did you change from
- Right to wrong: _____
- Wrong to right: _____
- Wrong to wrong: _____

Identify how many questions you missed because of the following reasons:

___ Reading/Question interpretation error
___ Didn’t trust gut/prediction
___ Lacked the correct knowledge
___ Processing
___ Timing
___ Other

Questions?
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