OASIS Family Therapy SERIES:
The OASIS family therapy series is 12-16 weeks long. During the therapy series, you will complete 8 web-based informational modules where you will:

- learn to apply evidence based skills with your child
- receive guidance from a trained clinician

What to expect during the weekly 2-hour sessions
- The OASIS Provider will:
  - review the online information and answer questions
  - provide suggestions for activities to do with your child during the session
  - provide support and immediate feedback as you learn new skills to help your child

What are the informational modules and how do I access them?
- Modules contain information related to teaching and caring for a child with disruptive behavior
- You can access the modules at home, a library or other location with internet access
- You will complete online forms that help the provider to tailor your weekly therapy sessions

Our services to your family will include:
- Information about best practice and evidence based approaches to use with your child
- Instruction and support on how to promote independence, gain compliance, and teach your child appropriate replacement skills for problem behaviors
- Strategies to advance your child’s social and academic skills, encourage generalization of new skills, and maintain learned skills
- Help with accessing services available to your child at local and state levels
- Techniques on developing effective methods of interacting and playing with your child

FOR MORE INFORMATION PLEASE CALL PHYLLIS YOUNG 913.588.5741

COST
Please call to find out if your insurance may cover the parent training intervention.
Q: What is the OASIS Family Therapy Program?
A: The OASIS (Online and Applied System for Intervention Skills) Family Therapy Program is a clinical program that teaches behavior management skills to parents of young children with disruptive behavior. This is not designed to be a direct intervention solely for your child, but instead it is designed to teach you more effective ways to interact with your child.

Q: How many weeks does it usually take to get through the program?
A: It typically takes families anywhere from 12 to 16 weeks to complete the program.

Q: What does the program consist of?
A: The program consists of weekly sessions via video conference or in person, as well as an online training component (see below).
Q: What is an evidence based approach?
A: An evidence based approach will supply families with well researched strategies to implement within their family structure. Our service is designed to promote learning new skills while decreasing problem behaviors (i.e. tantrums, not following instructions, etc.). It is the preferred and recommended treatment for children with disruptive behavior.

Q: Who will my provider be?
A: Providers are qualified individuals with experience and education in behavior analysis, psychology, or other related fields. Your provider will meet with you weekly at your scheduled sessions to discuss and practice the material that you learned from the online tutorials. Your provider will be available to answer any of your questions, either at the weekly sessions or through email/phone contact during the week.

Q: What is involved in the OASIS Family Therapy Program?
A: Prior to beginning the program, you may be asked to complete a series of surveys and questionnaires. The program consists of both an online component and weekly telemed or in person sessions.

Q: What happens if I have to miss a session?
A: We understand that illnesses, vacations, and other commitments are bound to come up. We ask that you give us at least 24 hours notice of any cancellations. You will be asked to sign our cancellation policy document. Sessions that are cancelled without 24 hours notification are subject to an out-of-pocket fee.

Q: How do I qualify?
A: You must meet the following qualifications:
- Your child is 6 years old or younger.
- You must have access to a computer with internet access.
- You must be able to travel to the designated site in your community (typically 10-15 miles away from your home).
- You must be willing to commit to 2 hour weekly sessions for a period of 12 to 16 weeks.
- English must be your primary language.