SIGNATURE SALADS & MORE

tropicana salad
beans, corn, tomato, eggs, chicken, queso fresco, tortilla chips & jalapeno ranch dressing. 6.29

beet salad
beets, green apple, goat cheese, red wine vinegar, salt & black pepper. 4.99
add chicken or asada + 1.29

chef salad
mix greens, ham, eggs, chicken, american cheese & chipotle honey dressing. 6.29

kale salad
baby kale, shredded carrots & jicama, red onion, green apple & almonds. 4.99
add chicken or asada + 1.29

spinach salad
spinach, pine nuts, feta cheese, watermelon & balsamic vinaigrette dressing. 4.99

bread bowl
soup of the day served in sour dough bread bowl. 5.50

soup of the day
cup of soup. 3.59

VEGETARIAN

tortillita panini
corn, bell pepper, chile poblano, onions, garlic, avocado, multigrain bread served with a side of fruit. 7.59

quesadilla vegetarian
chihuahua cheese, zucchini, carrot, green cabbage, onions, chayote, parsley sautéed with olive oil, garlic, & white wine. 6.59

SALADITO & DULCECITO

nachos
tortilla chips topped with nacho cheese & jalapeno. 3.49

dorilocos
pico de gallo, cucumber, pork rinds, peanuts, chamoy & hot sauce. 3.99

cocktail de frutas
seasonal sliced fruit cocktail sprinkled with spicy tajin chile, salt & lime. medium - 4.29; large - 5.99

funnel cake
a crisp, deep fried cake topped with powdered sugar. 5.29
+ scoop of ice cream - 1.29

elotes
steamed corn with lime juice, mayonnaise & cotija cheese.
small - 2.89; medium - 4.49; large - 6.79

ENSALADAS

escamocha
fruit cocktail, coconut flakes, raisins, condensed milk & whipped cream. 4.79

dulce de leche
banana, strawberry, mango, apple pineapple, granola & dulce de leche. 4.79

ensalada de frutas
fruit cocktail mixed with yogurt, granola & honey. 4.79

hawaiiana
banana, pineapple, apple, strawberry, mango, granola & our special cream. 4.79

strawberries & cream
fresh strawberries with our homemade special cream. 5.09

churros (3)
3 fried-dough pastries topped with sugar & a side of cajeta. 4.29
+ scoop of ice cream - 1.29

SMOOTHIES

tropical
fresh pineapple, coconut milk, natural yogurt & fresh mango. 4.59

milk shakes
made to order with your favorite ice cream flavor. 4.69

berry-mix
strawberries, orange, berries & honey. 4.59

DAIRY FREE

caribbean-island
natural yogurt, pineapple, papaya, banana & coconut milk. 4.59

banana-berry
sweet strawberries and bananas blended & natural yogurt. 4.59

sweet pear
banana, spinach, pears, natural yogurt & coconut milk. 4.59

HOMEMADE ICE CREAM

chocobanana
frozen banana covered with chocolate syrup & candy sprinkles. 2.29

sundae
vanilla, chocolate & strawberry ice cream with strawberry syrup, whipped cream & chocolate. 5.69

paletas
cream or fruit based frozen treat. cream - 1.99; fruit - 1.79

banana split
banana with vanilla, chocolate & strawberry ice cream, chocolate syrup, whipped cream, cherry & nuts. 5.95

mangonea especial
mango sorbet, mango, tamarind sauce & chamoy.
single - 4.99; double - 5.99

ice cream
cone - 3.09; cup - 2.89
+ scoop - 1.29; + topping - 0.50 each

SIGNATURE JUICES

Our juices are made with fresh fruits and veggies. There’s no added sugar! Add protein to any juice drink - 1.09

detox
cactus, orange, pineapple, celery & leaf lettuce. 4.39

tropical
pineapple, orange, mango, strawberry & papaya. 4.39

combinado
orange, cactus, pineapple, carrot & celery. 4.39

vampiro
beets, carrot, orange & celery. 4.39

energetico
orange, beets, spinach, celery, tomato, parsley & leaf lettuce. 4.39

mananero
carrot, spinach, celery, cucumber, apple, cantaloupe. 4.39

green juice
celery, parsley, cactus, grapefruit & pineapple. 4.39

toxins out
kale, apple, lemon, pineapple, orange & ginger. 4.39

troiporange
orange, celerly, parsely & aloe. 4.39

tropimango
mango, spinach, oats, honey & orange. 4.39

trobipbanana
banana, oats, honey & orange. 4.39

tropiguava
celery, pineapple, orange, guava, swiss chard & sprouts. 4.39

tropipapaya
papaya, plum, kiwi & orange. 4.39

boost energy
milk, banana, pecans, raisins, honey & pineapple. 4.39

ging & juice
coconut milk, pineapple, vanilla protein, orange, ginger & carrots. 5.79

we carrots about you
carrot, apple, ginger, lemon, orange & beet. 4.39

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DRINKS

aguas frescas
refreshing seasonal flavors
medium - 1.99; large - 3.49

freshata iced coffee
a caffeinated version of our freshata
medium - 3.79; large - 4.29

bobas
fruit shake with tapioca and syrup. 5.09

rusa
orange, pineapple & apple with chamoy & citrus soda. 5.99

coffee and espresso

<table>
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<tr>
<th></th>
<th>12 oz</th>
<th>16 oz</th>
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<tbody>
<tr>
<td>regular &amp; decaf</td>
<td>2.29</td>
<td>2.59</td>
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<tr>
<td>americano</td>
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<td>3.59</td>
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<tr>
<td>cappuccino</td>
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<tr>
<td>latte</td>
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<tr>
<td>flavored latte</td>
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<tr>
<td>mocha</td>
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<tr>
<td>coffee refill</td>
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 extras
double shot, organic milk, or almond milk: 0.99 each
soy milk or flavor: 0.79 each
half & half: 0.69
steamed milk: 0.59

tea

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<thead>
<tr>
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<tr>
<td>iced tea</td>
<td>2.69</td>
<td>3.19</td>
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<tr>
<td>hot tea</td>
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<tr>
<td>iced or hot, featuring Harney &amp; Sons tea</td>
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hot drinks

<table>
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<tr>
<th></th>
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<tbody>
<tr>
<td>chai tea latte</td>
<td>3.29</td>
<td>3.79</td>
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<tr>
<td>steamer</td>
<td>3.09</td>
<td>3.59</td>
</tr>
<tr>
<td>hot chocolate</td>
<td>3.29</td>
<td>3.79</td>
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BREAKFAST

english muffin
sausage or Canadian bacon, egg, yellow cheese, strawberry jelly, with a side of honeydew melon & cottage cheese. 4.59

oatmeal
granola, almonds, bananas or strawberry, coconut, cinnamon, 2% milk, brown sugar. 4.59

SANDWICHES

chicken panini
grilled chicken, ciabatta bread, basil pesto, queso fresco, & tomatoes. 6.79

tuna sandwich
tuna, lettuce, tomato, onion, mayo, multigrain bread & a side of soup. 5.99

turkey sandwich
turkey, wheat bread, tomatoes, onions, lettuce, mayo & side of sweet potato fries. 5.99

tropiSandwich
grilled chicken, ham, bacon, american cheese, lettuce, tomato, ketchup, mustard, our honey chipotle sauce, served with a side of seasoned fries. 5.59

portobello panini
corn, bell pepper, chile poblano, onions, garlic, avocado, multigrain bread served with a side of fruit. 7.59

ANTOJITOS

tropiQuesadilla
chicken or beef, melted chihuahua cheese, our house chipotle sauce folded in a spinach tortilla with chunky guacamole & sour cream. 5.99

torta de asada
beef steak, refried pinto beans, onion, tomato, avocado, queso fresco & our homemade honey chipotle sauce. 6.59

tropiBurrito
spinach tortilla filled with chicken or beef, rice, lettuce, tomato, onion, black beans, chihuahua cheese, tortilla strips & our honey chipotle sauce. 5.59

torta de tinga
chicken or beef (marinated with tomato and chili chipotle sauce) with onion, avocado & refried pinto beans. 5.99

tacos (3)
beef steak - topped with cilantro & onion, or chicken/beef tinga - topped with lettuce. 5.99

tilapia tacos
tilapia tacos topped with cabbage, carrots & honey chipotle dressing. 6.99

torta de jamón
ham with tomato, onion, avocado, lettuce & our homemade honey chipotle sauce. 5.99

torta de pollo
grilled chicken, refried pinto beans, onion, tomato, avocado, queso fresco, & our homemade honey chipotle sauce. 5.99

CRÊPES OF THE DAY

sweet crêpes
5.59
- banana with Nutella
- dark chocolate with strawberry
- strawberry, cream cheese & coconut

savory crêpes
5.59
- ham, pineapple & chihuahua cheese
- honey ham, cream cheese & asparagus
- mushrooms, spinach, mozzarella & parmesan cheese

Deliciousness that’s Always Fresh
A Kansas City Original

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