

SIGNATURE SALADS & MORE

tropicana salad

beans, corn, tomato, eggs, chicken, queso fresco, tortilla chips & jalapeño ranch dressing. 6.29

beet salad

beets, green apple, goat cheese, red wine vinegar, salt and black pepper. 4.99
add chicken or asada + 1.29

chef salad

mix greens, ham, eggs, chicken, american cheese & chipotle honey dressing. 6.29

kale salad

baby kale, shredded carrots & jicama, red onion, green apple & almonds. 4.99
add chicken or asada + 1.29

spinach salad

spinach, pine nuts, feta cheese, watermelon & balsamic vinaigrette dressing. 4.99
add chicken or asada + 1.29

bread bowl

soup of the day served in sour dough bread bowl. 5.50

soup of the day

cup of soup. 3.59

VEGETARIAN

portobello panini

corn, bell pepper, chile poblano, onions, garlic, avocado, multigrain bread served with a side of fruit. 7.59

quesadilla vegetarian

chihuahua cheese, zucchini, carrot, green cabbage, onions, chayote, parsley sautéed with olive oil, garlic, & white wine. 6.59

SALADITO & DULCECITO

nachos

tortilla chips topped with nacho cheese & jalapeño. 3.49

dorilocos

pico de gallo, cucumber, pork rinds, peanuts, chamoy & hot sauce. 3.99

cocktail de frutas

seasonal sliced fruit cocktail sprinkled with spicy tajin chile, salt & lime. medium - 4.29; large - 5.99

funnel cake

a crisp, deep fried cake topped with powdered sugar. 5.29
+ scoop of ice cream - 1.29

elotes

steamed corn with lime juice, mayonnaise & cotija cheese.
small - 2.89; medium - 4.49; large - 6.79

ENSALADAS

escamocha

fruit cocktail, coconut flakes, raisins, condensed milk & whipped cream. 4.79

dulce de leche

banana, strawberry. mango, apple pineapple, granola & dulce de leche. 4.79

ensalada de frutas

fruit cocktail mixed with yogurt, granola & honey. 4.79

hawaiiana

banana, pineapple, apple, strawberry, mango, granola & our special cream. 4.79

strawberries & cream

fresh strawberries with our homemade special cream. 5.09

churros (3)

3 fried-dough pastries topped with sugar & a side of cajeta. 4.29
+ scoop of ice cream - 1.29

SMOOTHIES

tropical

fresh pineapple, coconut milk, natural yogurt & fresh mango. 4.59

milk shakes

made to order with your favorite ice cream flavor 4.69

berry-mix

strawberries, orange, berries & honey. 4.59
DAIRY FREE

caribbean-island

natural yogurt, pineapple, papaya, banana & coconut milk. 4.59

banana-berry

sweet strawberries and bananas blended & natural yogurt. 4.59

sweet pear

banana, spinach, pears, natural yogurt & coconut milk. 4.59

HOMEMADE ICE CREAM

chocobanana

frozen banana covered with chocolate syrup & candy sprinkles. 2.29

sundae

vanilla, chocolate & strawberry ice cream with strawberry syrup, whipped cream & chocolate. 5.69

paletas

cream or fruit based frozen treat.
cream - 1.99; fruit- 1.79

banana split

banana with vanilla, chocolate & strawberry ice cream, chocolate syrup, whipped cream, cherry & nuts. 5.99

mangoneada especial

mango sorbet, mango, tamarind sauce & chamoy.
single - 4.99; double - 5.99

ice cream

cone - 3.09; cup - 2.89
+ scoop - 1.29; + topping - 0.50 each

SIGNATURE JUICES

Our juices are made with fresh fruits and veggies. There's no added sugar! Add protein to any juice drink - 1.09

detox

cactus, orange, pineapple, celery & leaf lettuce. 4.39

tropical

pineapple, orange, mango, strawberry & papaya. 4.39

combinado

orange, cactus, pineapple, carrot & celery. 4.39

vampiro

beets, carrot, orange & celery. 4.39

energetico

orange, beets, spinach, celery, tomato, parsley & leaf lettuce. 4.39

mañanero

carrot, spinach, celery, cucumber, apple, cantaloupe. 4.39

green juice

celery, parsley, cactus, grapefruit & pineapple. 4.39

toxins out

kale, apple, lemon, pineapple, orange & ginger. 4.39

tropiorange

orange, celery, parsley & aloe. 4.39

tropimango

mango, spinach, oats, honey & orange. 4.39

tropibanana

banana, oats, honey & orange. 4.39

tropiguava

celery, pineapple, orange, guava, swiss chard & sprouts. 4.39

tropipapaya

papaya, plum, kiwi & orange. 4.39

boost energy

milk, banana, pecans, raisins, honey & pineapple. 4.39

ging & juice

coconut milk, pineapple, vanilla protein, orange, ginger & carrots. 5.79

we carrots about you

carrot, apple, ginger, lemon, orange & beet. 4.39

DRINKS

aguas frescas

refreshing seasonal flavors
medium - 1.99; large - 3.49

freshata iced coffee

a caffeinated version of our freshata
medium - 3.79; large - 4.29

bobas

fruit shake with tapioca and syrup. 5.09

rusa

orange, pineapple & apple with chamoy & citrus
soda. 5.99

coffee and espresso

	12 oz	16 oz
regular & decaf	2.29	2.59
americano	2.59	3.59
cappuccino	3.79	4.29
latte	3.89	4.39
flavored latte	4.09	4.59
mocha	4.09	4.59
coffee refill	1.37	1.55

extras

double shot, organic milk, or almond milk:
0.99 each
soy milk or flavor: 0.79 each
half & half: 0.69
steamed milk: 0.59

tea

	12 oz	16 oz
iced tea	2.69	3.19
hot tea	2.69	
iced or hot, featuring Harney & Sons tea		

hot drinks

	12 oz	16 oz
chai tea latte	3.29	3.79
steamer	3.09	3.59
hot chocolate	3.29	3.79



Paleterias Tropicana

University of Kansas Medical Center
Ground floor, Health Education Building
2160 West 39th Ave.
(39th & Rainbow Blvd.)
Kansas City, KS 66103
913-384-7373

HOURS

Monday – Friday: 6:30 a.m. to 8 p.m.
Saturday: 8 a.m. to 8 p.m.

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Kansas City, KS
151 S. 18th Street
913-621-7000

Wichita, KS
2021 N. Amidon Ave.
316-838-1000

BREAKFAST

english muffin

sausage or Canadian bacon, egg, yellow cheese,
strawberry jelly, with a side of honeydew melon
& cottage cheese. 4.59

oatmeal

granola, almonds, bananas or strawberry,
coconut, cinnamon, 2% milk, brown sugar. 4.59

SANDWICHES

chicken panini

grilled chicken, ciabatta bread, basil pesto, queso
fresco, & tomatoes. 6.79

tuna sandwich

tuna, lettuce, tomato, onion, mayo, multigrain
bread & a side of soup. 5.99

turkey sandwich

turkey, wheat bread, tomatoes, onions, lettuce,
mayo & side of sweet potato fries. 6.59

tropiSandwich

grilled chicken, ham, bacon, american cheese,
lettuce, tomato, ketchup, mustard, our honey
chipotle sauce, served with a side of seasoned
fries. 5.59

portobello panini

corn, bell pepper, chile poblano, onions, garlic,
avocado, multigrain bread served with a side of
fruit. 7.59

CRÊPES OF THE DAY

sweet crêpes

5.59

- banana with Nutella
- dark chocolate with strawberry
- strawberry, cream cheese & coconut

savory crêpes

5.59

- ham, pineapple & chihuahua cheese
- honey ham, cream cheese & asparagus
- mushrooms, spinach, mozzarella & parmesan cheese

ANTOJITOS

tropiQuesadilla

chicken or beef, melted chihuahua cheese, our
house chipotle sauce folded in a spinach tortilla
with chunky guacamole & sour cream. 5.99

torta de asada

beef steak, refried pinto beans, onion, tomato,
avocado, queso fresco & our homemade honey
chipotle sauce. 6.59

tropiBurrito

spinach tortilla filled with chicken or beef, rice,
lettuce, tomato, onion, black beans, chihuahua
cheese, tortilla strips & our honey chipotle
sauce. 5.59

torta de tinga

chicken or beef (marinated with tomato and chili
chipotle sauce) with onion, avocado & refried
pinto beans. 5.99

tacos (3)

beef steak - topped with cilantro & onion, or
chicken/beef tinga - topped with lettuce. 5.99

tilapia tacos

tilapia tacos topped with cabbage, carrots &
honey chipotle dressing. 6.99

torta de jamón

ham with tomato, onion, avocado, lettuce & our
homemade honey chipotle sauce. 5.99

torta de pollo

grilled chicken, refried pinto beans, onion,
tomato, avocado, queso fresco, & our
homemade honey chipotle sauce. 5.99